THE Sun

Monday, August 3, 2026 THE PEOPLE'S PAPER £1.30 thesun.co.uk

Star on booze addiction, his exes & making it up with Lily

PHIL COLLINS

SEE PAGES 8&9

Close . . . Lily and Phil

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SEE PAGE 16

AS PM MAKES VOW IN DOVER...

French billing UK £8K for every migrant they turn back

Pledge . . . PM in Dover yesterday

Heading our way . . . migrants' boat

EXCLUSIVE by THOMAS GODFREY

TAXPAYERS are stung for an estimated £8,000 every time French cops stop a small-boat migrant, Sun analysis shows.

Our probe last night sparked calls for the Government to withhold funding as PM Andy Burnham vowed to get a grip of the crisis on a visit to Dover, Kent.

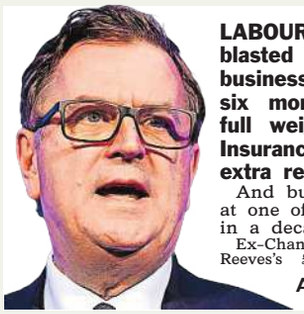
Around 2,000 migrants have arrived since he took office on July 20, including 326 on Saturday. Spain's PM Pedro Sanchez was under fire for going on holiday and sharing his Spotify playlist days after 60,000 migrants reached Ceuta.

Full Story — Pages 4 and 5

LE RIP-OFF

LABOUR 'CHOKING BUSINESS'

160K FIRMS SHUT AFTER TAX HIKES



LABOUR has been blasted after 160,415 businesses closed in six months under the full weight of National Insurance hikes and extra red tape.

And business creation is at one of the lowest levels in a decade.

Ex-Chancellor Rachel Reeves's £25billion tax grab made it more expensive to hire staff, while boosts to workers' rights and the minimum wage were also said to been factors.

Attack . . . Mr Stride

By TOM SCOTSON
Political Correspondent

Business openings in the first six months of the year stood at 157,980 — lower than during Covid, and at anytime since the first half of 2023.

Straight after the pandemic, the figure peaked at 193,245.

Shadow Chancellor Mel Stride told The Sun: "Labour don't understand business. Their new regulations and higher taxes are destroying jobs and punishing the businesses that drive our economy."

Shadow Business Secretary Andrew Griffith said some entrepreneurs had fled the country and others were now thinking twice before making a move. He added: "The drought of new businesses opening in Britain is every bit as barren as the dry weather."

The Lib Dems analysed official figures to reveal the business crisis. The party wants a new deal with Europe, claiming it would cut regulations.

Economic spokesperson Daisy Cooper said: "Too many budding entrepreneurs will look at the Government's crushing jobs tax and anti-growth agenda and be put off even trying to get their business off the ground."

Britain's economy shrank in April amid the Iran War, continuing to have an impact on energy prices in particulary. It grew by 0.1 per cent in May, according to the ONS.

tom.scotson@thesun.co.uk

The Sun Says — Page Ten

Scrutiny . . . Farage

3ft ballot sheet for Nige poll

By TOM SCOTSON

BRITAIN'S longest-ever ballot paper for next week's Clacton by-election is costing four times more to print than a standard voting slip.

The 3ft-long sheet will name a record 34 candidates and their parties.

Among them are comedy candidates Count Binface and three Monster Raving Loony Party candidates.

Officials will need double tables for the count in a ballot estimated to cost around £200,000.

Reform UK leader Nigel Farage triggered the by-election after scrutiny over his finances.

The other main parties dismissed it as a stunt and are not standing.

● **RESTORE** Britain leader Rupert Lowe has offered Mr Farage an electoral pact after Reform's dip in the polls.

PENSION VETS' BENEFITS RAID

By ANDY ROBINSON

MINISTERS have been accused of launching a "stealth clawback" of military pensions, which leaves veterans claiming benefits worse off.

Retired armed forces personnel were told the over-60 income is "unearned", which results in a pound-for-pound reduction in benefits.

Some veterans have been ordered to repay tens of thousands of pounds and claim their monthly payments have been slashed.

It has prompted the Veterans Institute to threaten Work and Pensions' Secretary Pat McFadden, *left*, with a legal challenge.

A Department for Work and Pensions spokesman said: "We want veterans to get every penny they're entitled to."

TORY PLAN TO HOOK CROOKS

By TOM SCOTSON

POLICE would be forced to track the live location of stolen phones and use the facial recognition database to catch more thieves under Tory plans.

The party also wants officers to investigate stolen goods that are being sold online.

A staggering 92 per cent of crimes are never solved.

Shadow Home Secretary Chris Philp, *right*, said victims deserve more action. He said: "The public expects evidence to be followed up.

"Conservatives are on the side of the law-abiding majority and we're here to protect them."

The Tories blasted Labour plans to hand more power to unelected cop bosses by rolling the College of Policing into a new National Police Service.

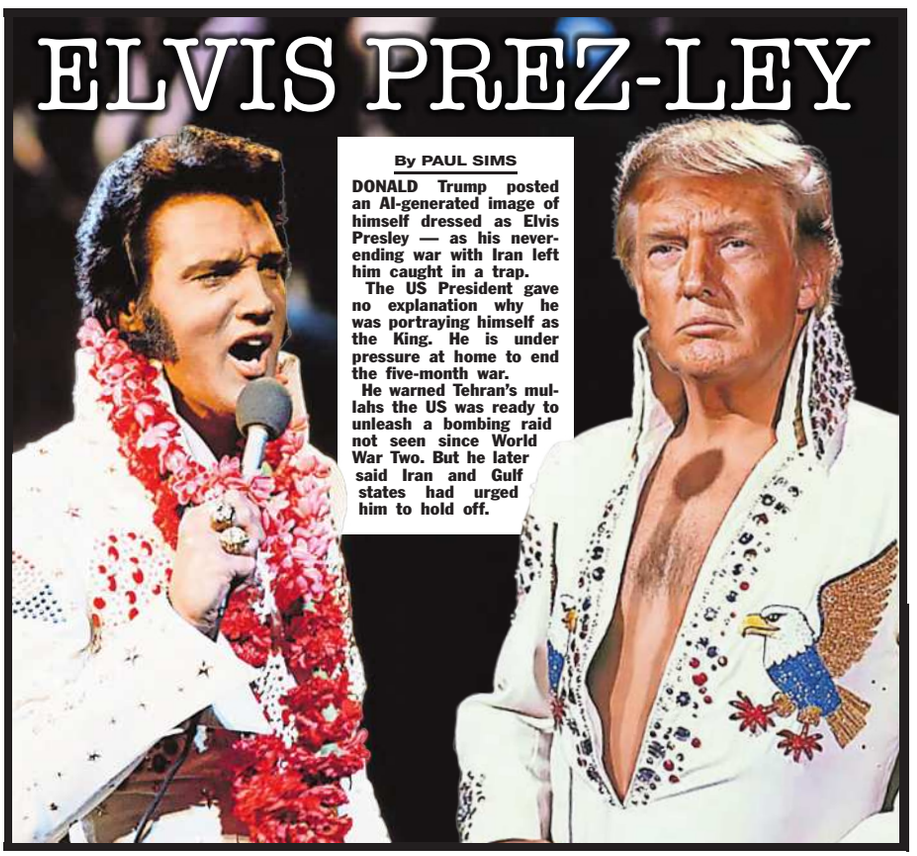
ELVIS PREZ-LEY

By PAUL SIMS

DONALD Trump posted an AI-generated image of himself dressed as Elvis Presley — as his never-ending war with Iran left him caught in a trap.

The US President gave no explanation why he was portraying himself as the King. He is under pressure at home to end the five-month war.

He warned Tehran's mullahs the US was ready to unleash a bombing raid not seen since World War Two. But he later said Iran and Gulf states had urged him to hold off.



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100k cop data leak

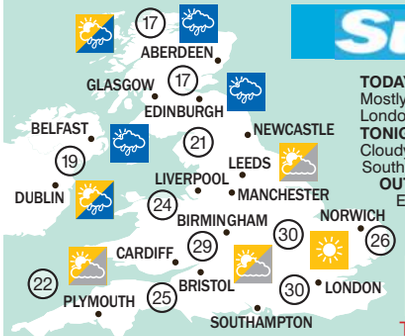
PERSONAL data of more than 100,000 police officers and staff has been leaked on to the dark web after a cyber attack.

Cyber crime group ExfilSquad is suspected of having stolen their names, contact details and force locations after hacking into the Police National Legal Database.

It follows recent major hacks on the Department for Education and NHS.

One officer said the leak puts cops "at serious risk". Organised crime experts are investigating.

Sun WEATHER



TODAY: Cloudy in Northern and Central England. Mostly sunny in South-East, with some sunny spells in London. Light winds throughout.

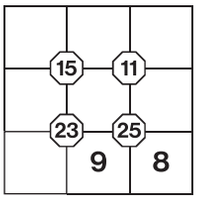
TONIGHT: Rain affecting North-East and Yorkshire. Cloudy in North-West and South-West. Mostly clear in Southern and Eastern England, dry overnight.

OUTLOOK: Tuesday sees rain and wind in western England, turning sunny later. Wednesday brings sunny intervals in southern regions, mostly cloudy elsewhere.

TUE 29°	WED 26°	THU 24°	FRI 24°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGE 38

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TODAY'S BIRTHDAYS

ACTORS **STEPHEN GRAHAM, 53**, *left*, and **MARTIN SHEEN, 86**, model **JOURDAN DUNN, 36**, *right*, singer **LEONA LEWIS, 42**, Metallica's **JAMES HETFIELD, 63**, movie director **JOHN LANDIS, 76**, and Scottish golfer **ROBERT McINTYRE, 30.**

● **Last night's Health Lottery numbers: 17, 21, 36, 43, 50. Bonus: 2.**

HOLLYWOOD'S HOTTEST DUO

By JACK HARDWICK

SUPERSTAR Zendaya swaps glitz for casual as she grabs a drink with her Spider-Man co-star and hubby Tom Holland.

The actress, 29, had taken centre stage in a stunning £3,000 bejewelled white gown on the red carpet at the Spider-Man: Brand New Day UK premiere on Wednesday evening.

But she and Brit Tom, 30, who are Hollywood's hottest couple, were content to play it much more relaxed while out together a few days later.

American Zendaya, who plays MJ in the blockbuster series, had her hair in pigtails as she wore a bandana, cream summer dress, black cardigan and flats while carrying a drink.

Tom shared the relaxed vibe in Richmond, South West London – wearing a baseball cap, white top and jeans.

The pair, who tied the knot earlier this year, are dominating the cinema at the moment with two huge movies out.

The latest Spidey flick took £124million on its opening day in the US.

The Odyssey, which they also both star in, has taken more than £500million globally in just two weeks.

Zendaya is also starring in Dune: Part Three later this year.

The actress recently admitted that she still struggles when it comes to living a public life and wanting to keep some things still private.

She said: "At the end of the day you're a public figure, there's nothing you can do.

"But some things are meant to be for yourself and for your loved ones."

jack.hardwick@thesun.co.uk

COFFEE RUN
Couple relaxing on Friday

RED CARPET
Film premiere Wednesday

NOW & ZEN

Tom and wife ditch glitz as films hit No1

Picture: SPLASH/GETTY

MO: MY CHICKEN SHOP SHOCK

PAGES 14 & 15

PM VOWS TO 'TAKE BACK

£1BN FREN

EXCLUSIVE by THOMAS GODFREY and TOM SCOTSON

USELESS French cops were last night accused of ripping off UK taxpayers as it emerged Britain has been billed an estimated £8,000 for every migrant they actually stop.

Police in Calais have halted fewer illegals this year but are still set to rake in £1billion from border agreements.

Robert Bates, at the Centre for Migration Control, told The Sun: "The French are laughing at us. It is clear they have no real interest in ending the Channel crisis."

Yesterday PM Andy Burnham pledged to crack down on the crisis on a visit to Dover.

The Premier, who has seen 2,000 migrants cross since he entered No10 last month, vowed to bring back control of Britain's borders but offered no specific plan.

Sun analysis of Home Office data reveals that since May 2024, 50,903 migrants have been prevented from crossing from Northern France.

Over the 27-month period, the UK has spent and allocated up to £411.5million on deals with France.

It includes an estimated £73.5million for this April to July under the terms of a deal signed under ex-PM Sir Keir Starmer in April.

It means for every person stopped from reaching British shores, taxpayers have footed a bill of £8,084.

Our funding estimate includes parts of the £476million deal signed by Tory ex-PM Rishi Sunak in 2023, and a new £662million agreement finalised this year.

Some £161million is results-dependent, meaning France may not get the full sum if they continue to fail to stop crossings.

Mr Bates added: "The French police cannot be relied on, refusing to stop boats in shallow water and standing by as hundreds depart from the shore. Those migrants that are stopped from crossing simply try again at a later date."

Further Sun research shows police in Northern France are performing worse in 2026 than in 2025. Between this January and the end of July, 34.8 per cent of attempted crossings were successfully halted.

That is down from 39 per cent for the same months in 2025, although total crossings were significantly higher then.

On Saturday, The Sun watched people-smugglers launch boats from beaches as kids played nearby. Our pictures show up to 100 migrants in life jackets walking to an inflatable dinghy in Neufchâtel-Hardelot.

It picked up around 80 would-be asylum seekers at 4pm, while around 20 who could not fit in the dinghy trudged back to town.

Some 326 arrived here on Saturday as police appeared to do nothing to halt the migrants' journey.

France counts arrests, dinghy captures and finds of smugglers' gear – such as boats and life vests – as "preventions". But many who are stopped try again days or weeks later.

Updated rules mean "taxi boats" can be intercepted at sea. But French cop unions are instructing members to stick to guidelines and stand back as soon as dinghies are in the water.

Some weeks have seen a total surrender by beach patrols.

Between June 15 and 21, 1,912 migrants arrived in the UK, while French officers stopped just 800.

During one week in late March, officers stopped only 39 people while 272 successfully launched.

Between July 19 and 26 – the week Mr Burnham became PM – 881 migrants arrived compared to 504 prevented. Yesterday the PM insisted real progress was being made as he spoke to Interim Chief Coastguard John Craig and Duncan Capps, Border Security Commander.

Mr Burnham told reporters at the Border Force HQ near Dover: "Although this is the peak period for crossings, overall the number of crossings is down, the number of removals of people is up.

"So, there is progress, but we both recognise that we need to do more. The public don't like the idea that the border looks like it's not controlled. We need to bring back that control, but also we need to offer support for people who genuinely need it.

"It's about changing the whole approach. There's more to be done."

During the visit Mr Burnham was shown a small boat which 96 migrants had used in May, plus a surveillance drone used to detect boat activity. Home Secre-

Spy drone . . . Duncan Capps, Border Security Commander, with the PM

£8K bill if they turn migrant back

Chat . . . PM with UK coastguard and border security chiefs yesterday

But nothing to stop their return

We need to offer support to migrants who genuinely need it

– PM ANDY BURNHAM YESTERDAY

CONTROL' OF UK BORDER CH FARCE

Vow . . . Mr Burnham at Coastguard centre in Dover yesterday

MIGRANTS WAIT FOR DINGHY ON TOURIST BEACH

Families with children try to board traffickers' boat in resort of Hardelot in Northern France

ALL ABOARD MEGA BOAT...AND HEADING FOR UK

Migrant dinghy leaves Hardelot for UK on Saturday. Left, French cop detains one man with a child

Pictures: DAN CHARITY / JACK TAYLOR-REUTERS

tary Shabana Mahmood said she was "laser-light focused" on the issue on a visit to the National Crime Agency's offices in Stratford, East London.

And she pointed out she has doubled the number of immigration crime officers from 376 to 791.

But Tory Shadow Home Secretary Chris Philp said if the Government was serious about controlling borders, it would accept the Conservatives' plan to exit the European Convention on Human Rights.

Last Wednesday marked the busiest day for boat crossings this year, with 752 migrants arriving. The provisional total for the year so far is 14,526. Two more boats arrived early yesterday.

Crossings are lower than the number recorded by this time last year, when 25,436 had made the journey, and down 14 per cent on the same period in 2024.

Home Office sources said they did not recognise the £411.5million figure. They said only £342million has actually been paid so far under the terms of Britain's Sandhurst arrangements with Paris.

Even at that rate, the cost would still be more than £6,700 per migrant. A Home Office spokesman said: "This Government is bearing down on crossings, with removals of migrants at record levels, and asylum claims down by 12 per cent.

"The Home Secretary has signed a landmark payments-by-results deal with France to boost enforcement on beaches, strengthen intelligence-led disruption activity and put people-smugglers behind bars.

"The deal is delivering more officers, enhanced surveillance and tougher action against the criminal gangs behind these crossings. This has helped to seize more than 1,100 boats and engines that could have facilitated over 72,000 crossings, while preventing more than 46,000 attempted Channel crossings since the Election."

Meanwhile, Reform have committed to using the Navy to sweep up boats and return them to France or Belgium, saying the plan is backed by retired officers and Marines.

The party's home affairs spokesperson Zia Yusuf warned: "To those with no right to enter Britain, our border will be impenetrable."

The Sun Says — Page Ten

Tone deaf . . . PM pushes playlist

Spain's in chaos but leader lists his hol hits

By **OLIVER HARVEY** in Ceuta

SPAIN'S PM Pedro Sanchez sparked outrage by sharing a summer playlist and jetting off on holiday as his nation battled a migrant crisis.

EU leaders will hold talks tomorrow after 60,000 migrants reached Ceuta, a Spanish territory on the North African coast. At least 75 are believed to have died as a mob stormed border posts.

Yesterday I witnessed thousands seeking shelter, food and water. Bodies of those who drowned swimming from Morocco to Ceuta were still being pulled out of the water.

Sanchez shared his Spotify soundtrack online — including Madonna's I Feel So Free and tracks by Charli XCX and The Rolling Stones. On Saturday he and his wife flew to Lanzarote for two weeks.

Carmen Fúnez, an MP for Spain's conservative People's Party, said: "While Ceuta suffers, Sanchez is on vacation. There is nothing crueller than denying reality."

Spain has faced criticism across Europe for its lax border controls. Left-winger Sanchez recently granted a migrant amnesty which saw a million apply for residency.

Spanish troops deported thousands from Ceuta but many remain. Moroccan Anas Soltany, 20, told me: "I swam for six hours to reach the EU. I want to be free."

Hamid Nafe, 21, added: "Morocco is hell. I want to go to Germany. I'll do any work. I need to provide for family."

The Sun Says — Page Ten

Desperate . . . queue for water

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Tragedy . . . Ms Ross

Afghan is held over victim in suitcase

By DOUGLAS SIMPSON

A MAN has been arrested over the death of a British woman after her body was found in a suitcase in Greece.

Police said the 26-year-old Afghan national had admitted transporting the bag containing Elisabeth-Jane Ross, 38, to an abandoned building.

He was held on suspicion of manslaughter, robbery and weapons offences but exact charges had yet to be finalised.

Cops believe the suspect used the victim's bank cards to withdraw money in Athens.

Elisabeth, of Edinburgh, was a regular traveller to Greece doing charity work, and had most recently arrived in June.

Police believe she may have been suffocated.

A Police Scotland spokesman said: "We are liaising with authorities in Greece. Officers are providing support to her family in Scotland."

Horror . . . collision

Brit pilot survives wildfires heli hell

By CLAUDIA LEE

A BRITISH pilot survived a horrific mid-air helicopter crash which killed two people battling wildfires in Greece.

Dramatic film showed the two choppers drifting perilously close before smashing into each other.

The Brit pilot and a Greek fire officer with him landed their damaged helicopter safely.

But a Danish pilot and another local fire officer in the other chopper died. Their helicopter erupted into a ball of flames and plummeted to the ground, with debris exploding into the air.

The collision yesterday happened near Psatha, west of Athens, after both helicopters took off from Elefsina military base.

Only hours before, Greece's PM Kyriakos Mitsotakis had warned that fire-fighting aircraft could not operate safely in strong winds.

UK Drought — Page 13

STARS' DEMAND FOR SEQUEL

Top doll-ers . . . Ryan & Margot at London premiere

£15M for Barbie 2? No Ken do

STUDIO REFUSES PAY BID

Hit . . . Margot & Ryan in film

By JACK HARDWICK

PLANS for a Barbie film sequel are on the brink of collapsing in a row over the stars' pay.

Margot Robbie and Ryan Gosling, who played Barbie and boyfriend Ken, are said to have demanded mega-bucks increases.

Reports claim Ryan, 45, wants £14.8million to return.

Movie studio Warner Bros is desperate for a second film after the first exceeded expectations.

The 2023 fantasy comedy based on the dolls made more than £1billion at the global box office and landed eight Academy Award nominations.

But in a rare misstep, the studio did not ask any stars to commit to sequels.

Now chief executive David Zaslav has refused to bow to Gosling and Robbie's demands.

Ryan agreed to £9.2million to play Ken, *below*, in the first film – but is said to be bolstered after his performance was universally praised and even landed him an Oscar nomination for Best Supporting Actor.

It is believed the studio has made half a dozen offers but reps have declined them all.

They have until December to hammer out a deal before the film rights revert back to the toys' makers Mattel.

In a statement, Warner Bros co-chairs Pam Abdy and Michael De Luca said: "We have made a series of big offers to try and finalise deals to make the next Barbie film. Unfortunately, we have been unable to reach an agreement thus far."

The Sun reported in August 2023 that Barbie movie bosses were secretly working on a second film weeks after the release of the original. Directed by Greta Gerwig and produced by Margot, 36, it catapulted the two leads to new heights of fame.

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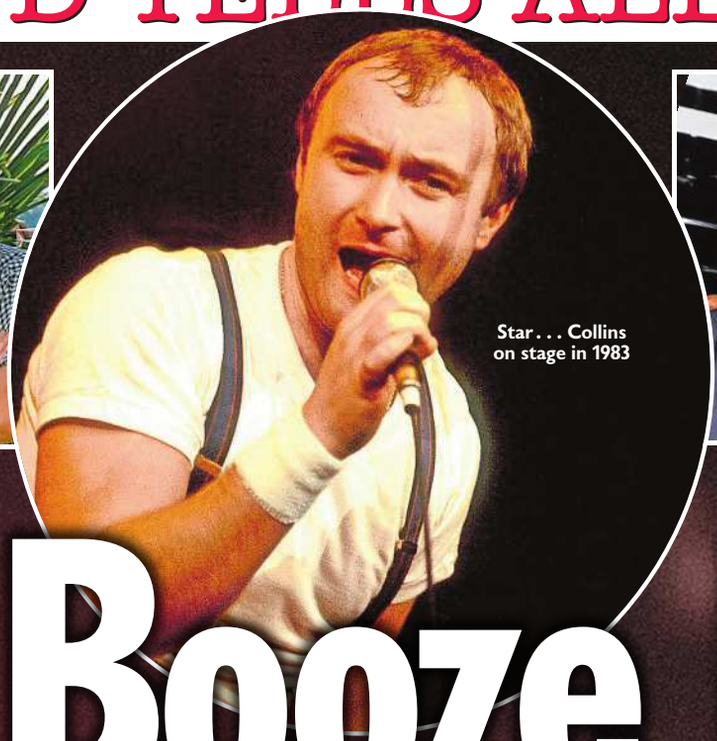
LEGEND TELLS ALL ABOUT

GENESIS BANDMATES

Phil, right, with Mike Rutherford & Tony Banks



Star . . . Collins on stage in 1983

HIS EX ORIANNE

Collins and his third wife in Miami in 2018

Booze left me days from death

KIDS CALLED TO PHIL'S BEDSIDE

By ELLIE HENMAN

ROCK veteran Phil Collins has admitted he was days from death after secretly relapsing into alcoholism.

The 75-year-old Genesis legend was placed on a life support machine as vital organs, including his kidneys, started to shut down.

Collins said his five children – including Emily In Paris actress Lily, 37 – were even summoned to a hospital in Switzerland to say goodbye during the drama two years ago.

Now sober again, the eight-time Grammy award winner said: "There were some decisions to be made about, 'Do we keep Phil on life support?'

"My kidneys were packing up, my organs were seizing up. People were coming to say goodbye.

"They were all worried that they wouldn't see me again."

Collins – whose 13 solo hits include You Can't Hurry Love, Easy Lover and Groovy Kind Of Love – first opened up about his struggle with alcohol in his 2016 book Not Dead Yet.

He said he started drinking while having too much time on his hands and stopped only after being hospitalised with acute pancreatitis in 2012.

Now he has told how he went on the drug Antabuse, which triggers severe sickness if used while drinking alcohol.

Yet, despite this, in November 2023 he was back in hospital because he had hit the bottle again.

He was discharged almost a month later, then readmitted in early 2024, spending seven months in hospital. In January he blamed the stay on contracting Covid.

But, speaking to The Sunday Times' Decca Aitkenhead, he admitted that it was down to years of alcohol abuse.

He explained: "Something happened and I stopped taking the Antabuse. I resented the fact that I couldn't drink.

"I'd have wine when I woke up. That was what I'd want for breakfast – a glass of wine. But I didn't drink into the night.

"I wasn't really aware of having a problem, to be honest."

Then an 18-hour bender saw him admitted to intensive care in Switzerland, where he lives. A doctor asked his loved ones: "Is Monsieur Collins' will in order?"

Looking back, Collins continued: "There were times I would just collapse. One time, I remember getting up to give the kids a cuddle and I lost my balance.

"I left two teeth marks in the tiles in the living room.

"Another time, I was walking upstairs too quickly and I fell down. There was a pool of blood around my head.

"There were various low moments that I'm not proud of."

He said he had not touched a drop since leaving hospital, but confessed that the effects of boozing have permanently damaged his body. Over the past decade he has had multiple operations on his knees and his spine, and he has Type 2 diabetes.

Single Collins now needs a 24-hour nurse who ensures he takes the medication he needs and helps him walk six laps daily around his home. A physiotherapist visits three times a week.

He passes the time watching TV, including Sky News and re-runs of comedy panel show Shooting Stars. He also watches documentaries about serial killers on YouTube, along with Piers Morgan's show.

In the wide-ranging interview, which he carried out with nothing to promote, he said: "I've had my run-ins with Piers, but I watch his show every Saturday morning. I really look forward to it, because I find I agree with him."

Recalling the past year, which saw him reuniting with his children at Christmas to celebrate his recovery, Collins said: "I was very lucky."

He said his illness had brought him closer to Lily, saying she "was sitting beside me in tears telling me, 'I never thought I'd get these moments'.

"We had an incredible time. I can't overemphasise how fantastic it was." Collins also used his Sunday Times Magazine interview to address the end of his marriage to his third wife, Orianne Cevey.

He was previously married to Andrea Bertorelli and Jill Tavelman and met Orianne in 1994 when she was working as a translator.

They wed five years later. Orianne, 52 – mum of two of Collins' three sons, Nicholas and pro footballer Mathew – divorced him in 2008 and Collins had to pay a £25million settlement, the largest in celebrity history at the time.

The pair reunited in 2016 but in the autumn of 2020 it was revealed she had secretly married 36-year-old jobbing guitarist Thomas Bates in Las Vegas.

She moved him into Collins' £30million mansion in Miami, and he even flew to the UK to work with Genesis.

Collins later took Orianne to court to evict her from the house, a move that saw Bates branding him "petty and vindictive" in an interview with The Sun.

Speaking publicly about the marriage bust-up for the first time, Collins said he found out about the couple's wedding only when Orianne introduced Bates to him. The

ALCOHOLISM, EXES & LILY

Seated . . . performing in France four years ago

ON HEALTH: My organs were seizing up. People were coming to say goodbye

ON EX ORIANNE: I would probably fall again. Maybe. We were very much in love

Open letter . . . daughter Lily

singer and drummer said: "She's not in my best books.

"I'd love to go into detail, but I can just see this coming back to bite me.

*"And she's admitted that she f***ed up big time. She's aware of what she did wrong, and how wrong it was, and how it must have affected me. But I can't quite forgive yet."*

Collins said he was still in touch with Orianne but admitted he tried to limit contact, explaining: "I don't think it's a good idea right now.

"Just because I know what I'm like. I would probably fall again, maybe. I mean, we were very much in love."

Collins will be inducted into the Rock & Roll Hall of Fame for a second time this November. In 2010 he was recognised for his work with Genesis and this time will be honoured for his solo work.

The Sun understands he will try to attend the ceremony if his health permits it.

He is also working with Lily's mother Jill, 70, on a Los Angeles charity auction due the same month. It will feature items from his archive between 1980 and 1995.

All proceeds from the sale will go directly to The King's Trust, with whom Collins has worked for 44 years after becoming its first celebrity ambassador

Opening up about why he had decided to speak up now, Collins said he wanted to set the record straight on his life and career. And he said he was keen to find someone to settle down with again.

He added: "I'd love to be in love again. I would love a relationship. I think it's probably too late for that. I'm not a very social person. I don't go out."

Interview by Decca Aitkenhead for The Sunday Times

Baby Lily and Phil . . . in 1989

Daughter rift is now healed

By ELLIE HENMAN

PHIL Collins has addressed falling out with his actress daughter Lily.

The Emily in Paris star, 37, wrote an open letter to him in 2017, where she credited previous eating disorders to the pair's troubled relationship.

She wrote at the time, in her autobiography Unfiltered: "I forgive you for not always being there when I needed, and for not being the dad I expected.

"I forgive the mistakes you made. And although it may seem like it's too late, it's not. There's still so much time to move forward."

She continued: "I'm learning how to accept your actions and vocalise how they made me feel. I accept and honour the sadness and anger I felt toward the things you did or didn't do, did or didn't give me."

Addressing the words in his Sunday Times Magazine interview, Phil said: "I was quite shocked and a little bit sad.

"But she's told me why now, and she takes it all back.

"She wished she'd never done it. I have a wonderful relationship with Lily now. So everything has a happy ending, most of the time."

The Genesis rocker also said he has a close relationship with adopted daughter Joely, 53, and his 49-year-old son Simon from his marriage to first wife Andrea.

His youngest children, footballer Mathew, 21, and drummer Nicholas, 25, are also in close contact with him.

Phil added: "There's been a lot thrown at them over the years, and I dread to think what that's been like.

"But all of us are good now and have been for a while."

Genesis of greatness

MUSICIAN Phil Collins is one of only three artists to have sold more than 100million records both as a soloist and in a band.

Since joining Genesis in 1970, the drummer-turned-singer has had ten number one albums, numerous hit singles and won eight Grammys, six Brits, two Golden Globes and an Oscar.

He was also the only performer to play both UK and US Live Aid Shows in 1985.

Only the late Michael Jackson and Sir Paul McCartney, 84, match him for record sales.

THE Sun SAYS

Show us results

IN the past decade, Britain has handed over £1billion to France as an incentive to stop the migrant boats.

But what have taxpayers got for their money? Since 2018, more than 200,000 have crossed the Channel in flimsy dinghies – enough to populate Portsmouth – while French police simply shrugged their shoulders and looked on.

You'd be forgiven for thinking they had been told not to try too hard because they're glad to see the back of them.

The more money they get the less they do to intercept boats in shallow water.

Barely a third of attempted crossings have been thwarted by French police since a lucrative three-year funding deal was signed in April.

The number of migrants arriving by small boats has topped 2,000 in the two weeks since Andy Burnham became PM. Last Wednesday, 752 landed, the highest number in a single day this year.

We now learn it costs £8,000 for every migrant they stop – most of whom probably hop on the next boat out anyway.

The money would be better spent on a proper deterrent like reviving the Rwanda deportation scheme – sending Labour's open borders backbenchers into meltdown in the process.

Uncontrolled migration is having a devastating impact on wages and will make British workers £2,500 a year worse off by 2031, according to Tory analysis.

Sooner or later Mr Burnham is going to have to confront the thorny issue head-on. He won't solve the problem by talking about buses or his favourite pub snacks on social media or telling us that "much more needs to be done".

It's two weeks since he entered No10 on a pledge to restore hope in politics.

Taxpayers have forked out enough for promises. They want to see results.

Tin eared

THE shocking scenes in Ceuta should be a wake-up call for world leaders.

Some 60,000 migrants entered the tiny Spanish territory from Morocco, in Europe's biggest ever border breach.

It left 72 people dead and caused alarm among national leaders. But not so Spain's PM. As a sea search for bodies continued, Pedro Sanchez left for a two-week holiday with his wife in Lanzarote.

In a callous disregard for the victims, he took to social media to share his soundtrack of music by Madonna, Charli XCX and the Rolling Stones.

Europe's border crisis demands serious leadership — not a playlist.

Get to business

BRITISH business is stuck in a vicious circle of high taxes and sluggish growth.

New ventures are starting up at the lowest rate in a decade. More than 160,000 firms closed last year after crippling Labour National Insurance hikes.

In 12 weeks' time, new Chancellor John Healey can turn his first Budget into a lifeline for business.

By undoing the damage inflicted by his predecessor.

David Wooding

GUEST COLUMNIST

TONY BLAIR famously announced that his three priorities for government were "education, education and education".

But it seems the job of running our schools is less of a prize and more like the ministerial equivalent of detention.

After removing Bridget Phillipson from the post of Education Secretary, Andy Burnham offered the job to Ed Miliband's brother, David, along with a seat in the Lords.

He politely declined.

Burnham then turned to Rachel Reeves, suggesting she might take it as a consolation prize after being axed as Chancellor. She passed, too.

Only at the third attempt did Labour's deputy leader Lucy Powell agree to take on the brief. But even then she wasn't punching the air, as she had been hoping to land something bigger – Deputy PM, perhaps.

That's four noses put out of joint over what was once a plum Cabinet job.

Or, as Pink Floyd almost put it: We don't need no Education Secretary.

Why Chancellor must avoid being second Healey to ruin Britain

HISTORY has a habit of coming back to haunt our politicians.

Fifty years after Denis Healey's policies plunged Britain into economic turmoil, the nation's finances now lie in the hands of another Chancellor called Healey.

Like his bushy-browed predecessor, John Healey faces strikingly similar challenges – stagnant growth, high inflation and rocketing oil prices.

But his mission could not be simpler: Don't repeat the catastrophic mistakes that pushed Britain to the brink of bankruptcy half a century ago.

In 86 days' time, he will give us the clearest indication of whether he has learned the lessons of history when he delivers the first Budget for Andy Burnham's new government.

The Yorkshireman must utilise his blunt honesty and frugality to confront the harsh economic realities facing us.

His first tasks will be to force big-spending ministers to tighten their belts, tame the out-of-control welfare bill and rebuild our worn-out defences.

A 'Silly Billy'

With an extra £13billion a year required to meet our Nato commitments, he will have to convince Labour MPs of the need to divert cash from benefits to bombs.

There is only one piece of advice from his former office-holder that John Healey should heed.

It's a well-known phrase coined by Denis which goes: "The first rule of holes – when you are in one, stop digging."

Unfortunately, Denis Healey didn't follow his own advice. He was a "Silly Billy", as TV mimic Mike Yarwood would say.

Inflation was at 15 per cent when Denis was appointed Chancellor in 1974. Within a year, it hit 27 per cent – one of the highest rates in the developed world.

The excessive wage demands of militant trade unions, coupled with relentless pandering to Labour's hard Left only made matters worse.

But it was his tax and spend instincts which turned crisis into catastrophe.

Vowing to squeeze the rich "until the pips squeak", Denis Healey increased income tax to a historic peak of 83 per cent, with tax on investment income hitting 98 per cent. It scared off investors and led to the brain drain of senior doctors and scientists, while cultural icons such as the Rolling Stones and Sir Rod Stewart became tax exiles.

Despite soaking the rich, he was still spending billions more than he received in taxes, and 50 years ago next month the chickens came home to roost.

On September 28, 1976, Denis Healey was sipping a G&T in the VIP lounge at Heathrow on his way to the annual meeting of the International Monetary Fund, in Manila, when he received an urgent message from the Treasury.

Officials told him financial investors were selling the Pound because they feared its value would drop even further. He abandoned the flight and rushed back to the office. Days later, he went cap in hand to the IMF for a £2.2billion bailout – about £20.5billion in today's money.

It was the largest request it had received at that time.

The severe restrictions attached to the loan infuriated the unions and the Labour Left and set the stage for the Winter of Discontent of 1978-79, when widespread strike action led to fuel and food shortages, the dead left unburied and rubbish piled high in the streets.

It took two years of free market economics under Margaret Thatcher to restore Britain's economic balance.

That's why, after two weeks in the job, John Healey should take a break from Treasury spreadsheets and glance at the history books. He shares the same name, the same party and a similar massive headache to Denis.

But he can't afford to make the same mistakes as his namesake fellow Yorkshire MP.

His first duty will be to lay down the law to Cabinet colleagues, backed by Burnham, that there is no new money for any spending pledges. This means reining in the people-pleasing Prime Minister and his unfunded giveaways, too.

Our new PM's 86p-a-week cut on household energy bills, £2 cap on bus fares and help for pub and music venues has already landed the Chancellor with a combined bill of £1.5billion.

Break the cycle

Some estimates put the cost of Mr Burnham's policy proposals at £96billion – equivalent to £4,300 in extra tax for every family.

Mr Healey has to break the Labour cycle of promise, borrow and spend.

He must show a clear path to stop £3trillion of government debt rising and for it eventually to fall, control inflation and turbocharge economic growth.

That means getting a grip on the bloated welfare budget and banning large, unfunded spending increases.

The simple truth is one that politicians hate to hear.

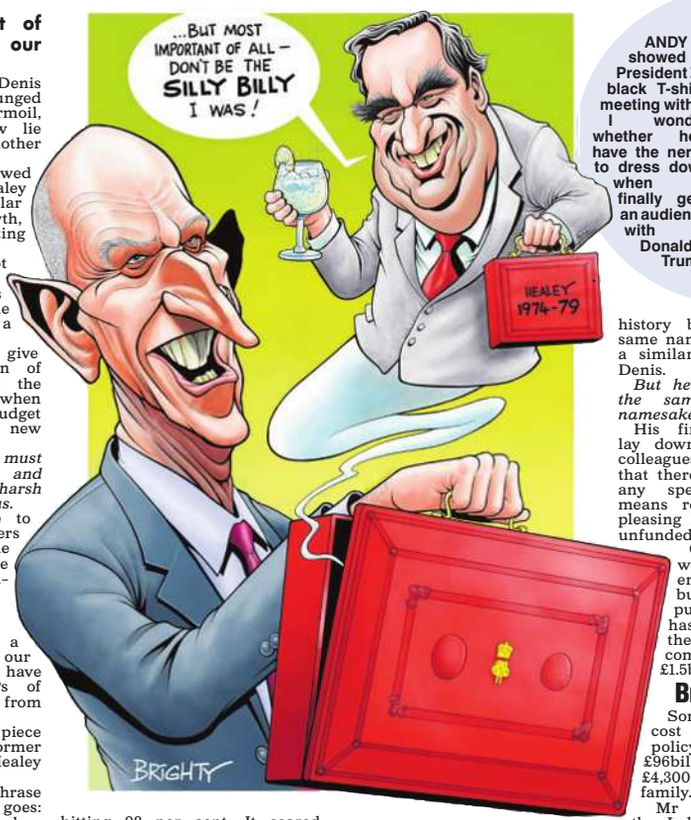
You can't keep spending money you haven't earned.

You can't tax businesses into creating jobs.

And you can't borrow your way to prosperity.

The wealth has to come first.

If John Healey bears that in mind, he might avoid becoming the second Healey remembered for sending Britain's finances off the rails.



ANDY BURNHAM showed solidarity with President Zelensky by wearing a black T-shirt and jacket for his meeting with the Ukrainian leader. I wonder whether he'll have the nerve to dress down when he finally gets an audience with Donald Trump

'Ruins streets' . . Oliver

Jamie in call for a chewing gum ban

By FELIX MARSHALL

CELEBRITY chef Jamie Oliver has called for a blanket ban on chewing gum, claiming it is ruining the nation's streets.

The TV chef is pleading with mayors and councils to act.

He said: "If I could ban anything, it would be chewing gum. I was walking up a street the other day and it was ruined by a patchwork quilt of chewing gum."

A spokesman for London mayor Sir Sadiq Khan said he had been contacted about the idea.

Gum – which contains plastic – is estimated to cost the taxpayer £60million a year to clean up, according to community group 38 Degrees.

Spitting out or throwing gum on the streets is an offence that can result in fines of up to £150.

Countries such as Singapore have banned it in an attempt to keep the pavements clean.

Fury . . . actor Martin

Anger of Clunes at plans for eco-farm

By ALEX WEST

ACTOR Martin Clunes has slammed planning officials in a row over a bid to build an eco-farm near his £5million home.

The 64-year-old, who recently played shamed TV presenter Huw Edwards in a Channel 5 drama, submitted a written objection.

Andy Cream and Grace Burger want a storage barn, two polytunnels and a greenhouse for their business on the site near Beaminster, Dorset.

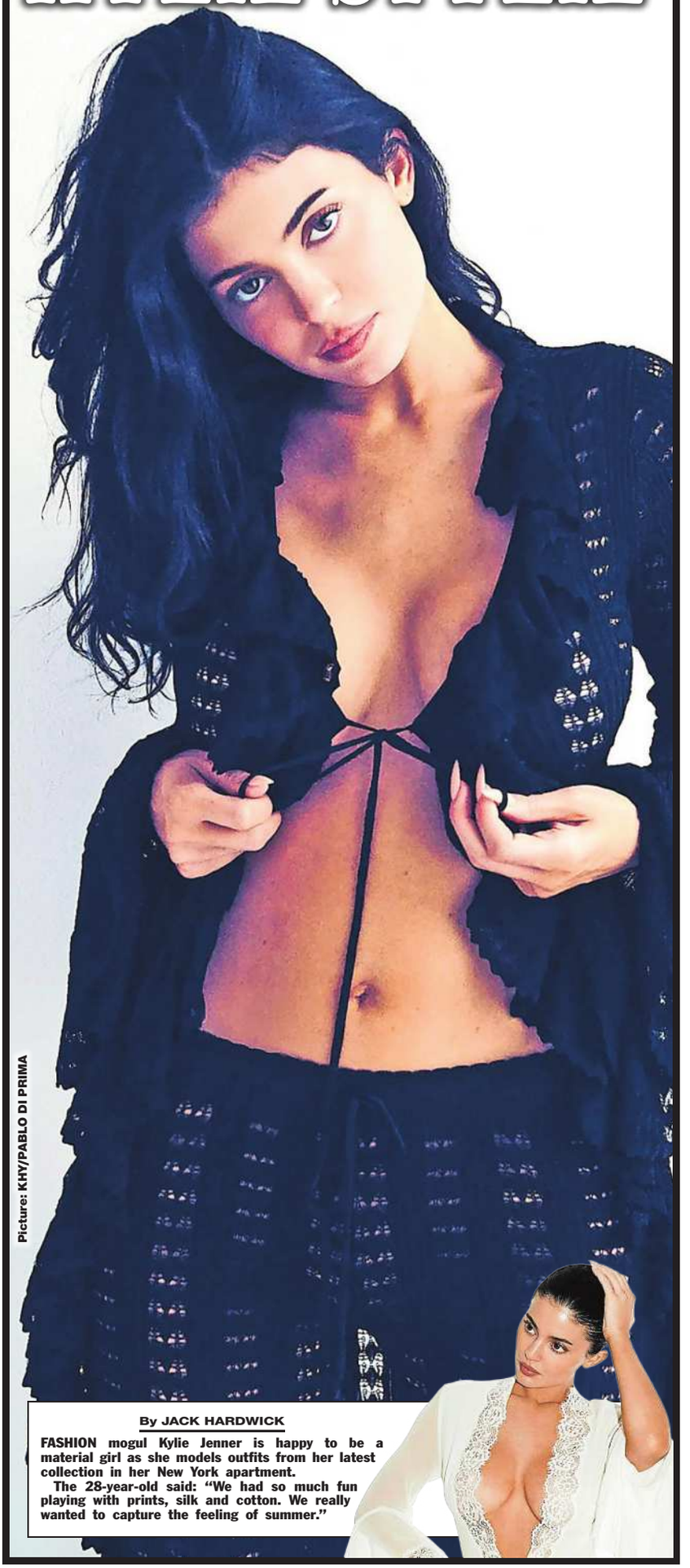
But Clunes told Dorset County Council the plans were "flimsy".

He also sarcastically claimed that council officers will not enforce any conditions made and will never apologise for their lack of action.

The council is still considering the plans.

The actor's rant came six months after he lost a four-year battle to prevent a permanent travellers' site being built near his home.

KYLIE STYLIE



Picture: KHY/PABLO DI PRIMA

By JACK HARDWICK

FASHION mogul Kylie Jenner is happy to be a material girl as she models outfits from her latest collection in her New York apartment.

The 28-year-old said: "We had so much fun playing with prints, silk and cotton. We really wanted to capture the feeling of summer."

WEIGHT FIX

Fat jab on NHS every 7 seconds

Tum thing for the weekend . . . weight loss jab

MASSIVE DEMAND

A FAT jab prescription was handed out on the NHS every seven seconds last year, research by The Sun has found.

GPs signed off weight-busting medications 4,605,058 times in the 12 months to March – the equivalent of a sign-off every 6.85 seconds.

Doctors authorised 33,520,435 individual doses of GLP-1 treatments such as Mounjaro and Wegovy, which are used to manage both severe obesity and Type 2 diabetes.

Our analysis of official NHS prescribing data also found England's top per-capita hotspot for prescriptions is Doncaster, where one in every 88 people is on taxpayer-subsidised jabs.

Family doctors in the South Yorkshire city handed out 113,362 prescriptions in a year, costing £14.9million.

Darlington, in Co Durham, claimed second place, with one in 89 residents receiving the weight-loss medication.

Lancashire seaside town Blackpool followed in third, with one in 101 people on the treatment.

Leicester topped the overall volume leaderboard for a single city, racking up 143,789 prescriptions at a total cost of £22.1million.

Central London postcodes recorded the lowest NHS prescribing rates – mainly because wealthier patients bypassed long GP waiting lists to buy jabs privately.

EXCLUSIVE by THOMAS GODFREY

Fat jab spending hit £706.4million for Mounjaro and Wegovy medications over the period.

Around 380,000 patients across England are now thought to get fat jabs through the NHS.

GPs began prescribing Mounjaro for weight loss last summer, and studies suggest it can also reduce the risk of heart disease and cancer.

Weight-loss jabs have previously wiped an estimated £780million from Britain's grocery bills, with one in six households now having at least one user.

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'Laughs' . . . Pastore

Soprano cast lead farewells to Vinny

By ALEX GOSS

STARS of The Sopranos yesterday paid tribute to Vincent Pastore following his death at 80.

He played Salvatore "Big Pussy" Bonpensiero, mobster Tony Soprano's pal-turned-FBI informant, in the hit drama series.

Dad of one Vincent died at his New York home.

Michael Imperioli, who played Christopher Moltisanti, wrote: "This is a hard one. It seems like I've known Vinny forever.

"Lots of good times. Lots of laughs."

Jamie-Lynn Sigler, who played Meadow Soprano, said: "A wonderful actor, a kind and loving man."

Lorraine Bracco, who played Dr Jennifer Melfi, called him "a funny and charming man with a beautiful soul".

Born in the Bronx in 1946, Pastore enlisted in the US Navy before switching to acting.

He also had roles in Carlito's Way, Goodfellas and Shark Tale.

Protected . . creature

Threat of prison if stress on seahorse

By LAUREN UTTLEY

TOURISTS have been warned they face fines and even jail for filming seahorses, which can get so stressed that they die.

The Marine Management Organisation said that Britain's native population of the protected fragile creatures was being disturbed.

It said the public was not to spend more than five minutes observing seahorses, not to touch them, and to never use flash photography.

The MMO also warned it would act against anyone who filmed or photographed them without a government-issued licence. The maximum punishment is six months' jail or an unlimited fine.

Our two species are found mainly off Dorset and Torbay, Devon, and grow to about six inches.

Jess Churchill-Bissett, at the MMO, said: "We understand the fascination with seahorses but they are vulnerable."

DRIEST JULY FOR 190YRS

ASCOT

Parched racecourse during drought conditions

HAMPSHIRE

Daisy, right, and Kitty Jones cool off in a stream

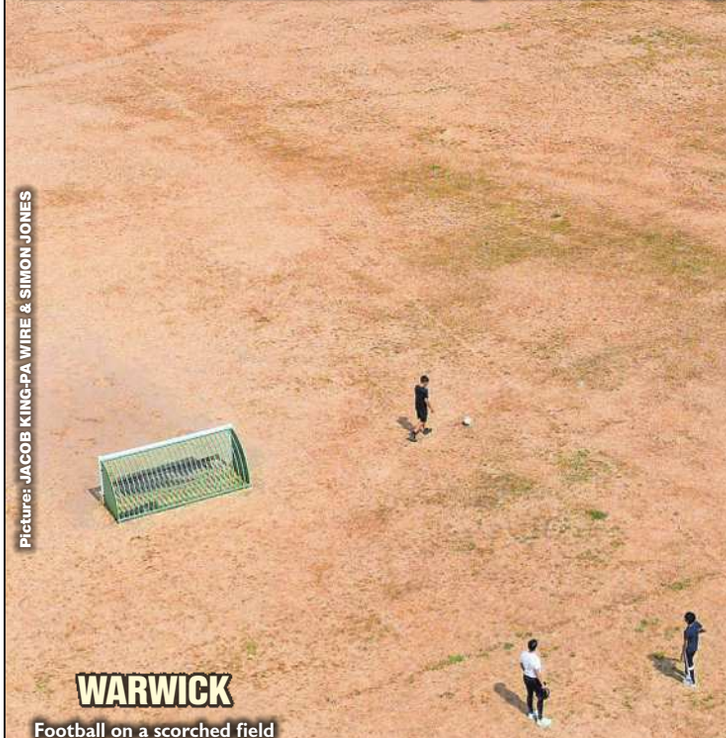
DORSET

Cerne Abbas Giant chalk figure's dry hillside

DROUGHT ON THE WAY OUT

Rain storms coming to soak parched Britain this week

Picture: JACOB KING-PA WIRE & SIMON JONES



WARWICK

Football on a scorched field

BONE-DRY Britain is finally set for a soaking this week after more than a month with hardly a drop of rain.

Thunderstorms and downpours are on their way after the driest July in 190 years.

Half of the country is already in drought after four consecutive heatwaves and record-breaking highs.

But low pressure is today expected to unleash heavy rain in parts of the North, and showers in the South.

However, warmer and humid air is also likely, with 30C (86F) highs a possibility for some. New Met Office figures show several counties recorded just 1mm of rain last month.

By PAUL SIMS

Half of England is now officially in drought, with demand for water soaring and reservoir levels dangerously low.

Met Office scientist Dr Emily Carlisle said: "The headline story for July is undoubtedly the rainfall.

"Across parts of England and Wales, we've seen extraordinarily low totals, with some locations recording little or no meaningful rainfall for much of the month.

"Provisional figures suggest this could be one of the driest Julys in nearly two centuries of records.

"This is particularly notable when coupled with the exceptional heat experienced so far this summer." Parched conditions can be seen at landmarks including the Cerne Abbas Giant chalk figure in Dorset and the Chesterton Windmill, Warwicks.

Eight water firms have imposed hosepipe bans – double last year's number.

Last week, temperatures soared above 35C for the seventh time this year – toppling the previous record of five days in 1976. Wisley in Surrey had 46 consecutive days without a drop of rain, to beat a 50-year record.

In tinderbox conditions, firefighters in England and Wales tackled 208 wildfires between July 16 and 28 alone.

Blow dry . . . Warwicks windmill

paul.sims@the-sun.co.uk

Crisps . . . shrink concern

SPUDS BURNT TO TINY CRISP

EXCLUSIVE by PAUL SIMS

THE drought conditions are shrinking potatoes and will lead to smaller crisps, industry experts fear.

Potato crops are showing increasing signs of stress after the punishing heatwaves stalled their growth.

There are now fears of a looming size crisis for chippies and supermarkets.

Alex Godfrey, of GB Potatoes, said: "There is a view that the main crop has potential, but that is at risk if they can't get sufficient water."

Potato supplier Andrew Lamont said: "As soon as the temperature hits 28 degrees, the plant will stop growing."

Farmers say they are facing the worst harvest for years. The National Farmers' Union said yields of wheat and oats were "very, very poor".

It added livestock farmers are dipping into their winter feed rations because they have been unable to grow grass.

Vegetable producers are running low on water, reducing food produced in the UK and increasing costs to grow it.

Paedophile . . . Simpson

Missed chances to arrest tot's killer

By ALEX WEST

POLICE missed chances to arrest a paedophile before he killed a two-year-old girl.

Harrison Simpson, 22, was convicted last week of murdering and sexually assaulting tot Isabelle Walsh and jailed for life.

His girlfriend Alexandra Walker, 26 – Isabelle's mother – was also convicted of murder and cruelty and jailed for life.

But it has emerged that Simpson had evaded arrest for 18 months before Isabelle's death in September 2025.

The warrant was issued in March 2024 after Simpson breached an injunction to protect domestic abuse victims.

Cleveland Police admitted their actions were "far from adequate".

Isabelle suffered weeks of abuse and had 21 broken bones when she died at her home in Thornaby, a jury at Teesside crown court heard.

Stage . . . festival

Teenage girl dies at music festival

By ETHAN SINGH

A TEENAGE girl has died at a music festival.

The 17-year-old had been at Kendal Calling in Cumbria when she suffered a medical episode at about 2.15am yesterday.

She was declared dead at the scene.

Cumbria Police are investigating and have asked anyone who was in the Calling Out tent area and the Big Wheel at the time to get in contact.

They also said the teenager's family had been informed and were being supported by specialist officers.

A spokesman for the festival team said they were "deeply saddened" about the news and were supporting authorities in their investigations.

Around 40,000 people have attended the four-day festival this year, held in Lowther Deer Park, near Penrith. The acts included Scissor Sisters and Wolf Alice.

COMIC GETS SERIOUS TO EXPOSE

HUNGRY FOR INFO . . . Mo wanted to learn what too much fried food would do to his body

I ate fried chicken for 28 days in a row. I was SHOCKED at what they put in it...

Says MO GILLIGAN

By JACK HARDWICK
Senior Showbiz Reporter

SLUMPED in a chair in his hotel room, eyes bloodshot and his mood low, comedian Mo Gilligan is a shadow of his normal self.

His mission – to eat only fried chicken for 28 days in a bid to discover what it does to our bodies – had at first sounded like a fast-food dream come true.

But the challenge quickly took its toll, piling weight on the happy-go-lucky entertainer, sending him into a depression, increasing his chances of developing diabetes and leaving him barely able to recognise himself in the mirror.

Addressing the camera in his dimly lit room, a visibly broken Mo says: "I'm eating this food and I don't feel like myself.

"I look in the mirror and I don't look like myself. I feel so low."

Mo, 38, has teamed up with Netflix for a new special, Big Chicken: A Fast Food Conspiracy, which echoes Morgan Spurlock's 2004 documentary Super Size Me, in which he munched only McDonald's grub for a month.

In one harrowing scene from Mo's documentary, he breaks down in tears as he struggles with the physical and emotional effects of his diet.

'Chronic disease'

During the show, he travels to visit so-called food deserts where grub is limited and pop-up takeaways are the only option.

Chicken is often seen as a healthier alternative to a burger. But in reality, more and more natural and artificial flavourings and preservatives are being added to fried poultry, which can lead to dire health consequences.

Some has even been found to contain dimethylpolysiloxane – an ingredient used in kids' silly putty and the manufacturing of condoms.

Mo tells the film: "I've met a lot of experts over the last couple of days. "You know, one of the ingredients, they also put it in condoms for lubrication. Who knew that went into a burger? So many things go into it that are artificially engineered to give you a better experience and get you to come back for more."

Speaking exclusively to The Sun ahead of the show's release on Wednesday, Mo said he felt it was crucial for viewers to see how far the TV experiment pushed him – even when he desperately wanted to switch the cameras off.

He explained: "Being paid to eat fried chicken sounds like the dream. In my head I was like, 'Well, I like eating fried chicken, I want to know more about it'.

"But it quickly turned into a nightmare."

Mo – who is a judge on ITV's The Masked Singer with regulars Maya Jama, Jonathan Ross and Davina McCall – continued: "Look, I do a job that's very front-facing and in the public eye. I'd be lying if I said I don't care about my image, especially if I'm eating fried chicken every day.

"Eating the food was something that I was a bit self-conscious of, but also knowing that in the space of a few days, I went from a large in my T-shirt size to an extra large because of what I'm eating."

Mo underwent a medical assessment before and after the TV experiment. Over the 28 days, he gained 1½in around his stomach, felt his mood skydive and saw his chances of developing diabetes increase. But despite no longer fitting into some of his clothes, Mo insists he will not use fat jabs as a quick slimming fix.

Shockingly, one spicy chicken sandwich from US chain Popeyes, which came to the UK in 2021, contains a massive 142 ingredients.

Health Professor Laura Schmidt said: "These companies are doing everything they can to make it cheap, make it convenient and to make it taste irresistible. If you see 45 ingredients and they are chemicals you don't recognise, it is probably ultra-processed."

She added: "Natural and artificial flavours. That's the question mark, as it's a bunch of chemicals they don't have to list and those chemicals may not be regulated as there is a loophole in the federal regulation in the US. Even in Europe, when they go to regulate a chemical additive, they ask the company to prove it's safe. In the US they don't. The companies decide what is safe. These foods promote chronic disease. This is the big concern for our health."

Mo, who has been touring America, insists that if anything, doing the documentary has made him more committed to his fitness.

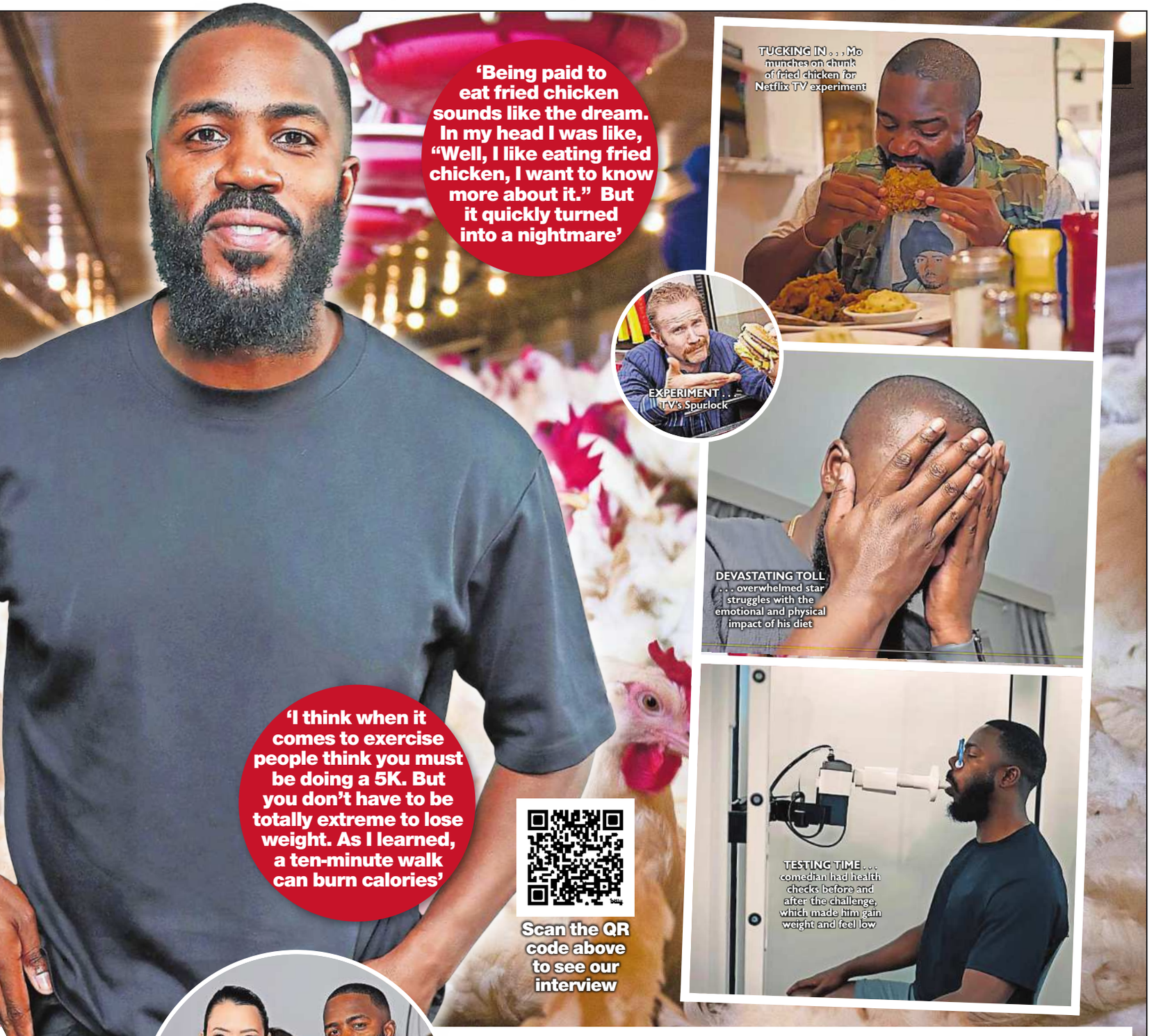
'Bird is big business'

But the comic – who played football when he was younger and now enjoys running – stressed that, regardless of your diet, nobody needs to go to extremes to benefit their health. He reveals: "I do love my fitness, man. I love it, especially because I travel a lot on tour.

"All I need is a gym, some equipment and some gym shoes. I think when it comes to exercise, people think you must be doing a 5k. But you don't have to be totally extreme

CHEERY CHAP . . . Mo, with fellow Masked Singer judges Davina, Maya and Jonathan, is usually happy-go-lucky

INGREDIENTS IN POPULAR FAST FOOD



‘Being paid to eat fried chicken sounds like the dream. In my head I was like, “Well, I like eating fried chicken, I want to know more about it.” But it quickly turned into a nightmare’

‘I think when it comes to exercise people think you must be doing a 5K. But you don’t have to be totally extreme to lose weight. As I learned, a ten-minute walk can burn calories’

Scan the QR code above to see our interview

TUCKING IN . . . Mo munches on chunk of fried chicken for Netflix TV experiment

EXPERIMENT . . . TV’s Spurlock

DEVASTATING TOLL . . . overwhelmed star struggles with the emotional and physical impact of his diet

TESTING TIME . . . comedian had health checks before and after the challenge, which made him gain weight and feel low

WELL SUITED . . . Mo with his fiancée Taia Tulher at awards bash last year

to lose weight. As I learned, a ten-minute walk can burn calories.”

Sales of fried chicken have exploded since the 1960s.

In the UK, we spend an incredible £12million on it every day.

Britain now boasts more than 6,000 fried chicken shops, with London Road in South London having some 20.

In comparison, Tesco has 3,010 stores and Sainsbury’s has 1,485. In the doc, Mo says: “I only remember one chicken shop growing up.

“Now, one road alone has more than 20.

“In central London, you have your more gourmet ones, something from the US. Then the further you go out, they don’t even have names any more.

“DFC, MFC, we know the FC is fried chicken, but what is the M?

“PFC. What is that? Perfect Fried Chicken? . . . I have no idea.

“This bird is big business.” Big Chicken: A Fast Food Conspiracy has been created by documentary maker Louis Theroux’s team.

And Mo is proud of showing his emotions on film.

He said: “I think men do need to be more comfortable speaking about how we feel in the moment as well with our other friends, other guys.

‘Authentic self’

“It will definitely break the silence. As men, we need to speak up and be like, ‘I feel low in myself’ or, ‘I don’t look how I want to look’ or, ‘I don’t feel how I want to feel’.

“It’s really important for me to be my authentic self on camera.”

Last week, Mo was confirmed for series eight of The Masked Singer.

And he insists he is not making a concerted effort to crack America.

He says: “When I think of America, I always say they are great at exporting entertainment and fast food. I’m quite fortunate that I’ve had three Netflix specials and they go all around the world.

“So if it lands me in America, I’m here for that. But if it takes me to Australia or Africa, it’s equally good for me.

“I’m really fortunate I’ve been able to tick off doing all the things I wanted to do and some of the things I never thought I would be able to do as well.

“Now, being in this space and making hopefully an impactful documentary . . .

“I really enjoy this subject and seeing where it goes and telling it to the rest of the world.”

Meanwhile, away from this serious project, Strictly Come Dancing and I’m A Celebrity regularly try to recruit Mo as a contestant.

He said: “They do come knocking. Yeah . . . not just yet. But never say never.”

HOY: EXERCISE A 'WONDER DRUG'

SIR Chris Hoy has said exercise has helped him to deal with his terminal cancer diagnosis — calling it a "miracle drug".

The six-time Olympic cycling champ, 50, said it had benefited him both physically and mentally.

And he claimed it has been proven to help with the effectiveness of medications. Dad-of-two

By SAM BLANCHARD

Sir Chris said he had found the mental side of his prostate cancer diagnosis much more difficult as it can be difficult to find positivity. He told The Big Issue: "Exercise is a big part of my dealing with my cancer.

"There's numerous studies to show that exercise can improve the efficacy of the cancer medications. It can improve your time to relapse. If it was in pill form, it would be hailed as a miracle drug.

"Actually, for my diagnosis, it took a long time to find any positivity or opportunity from that really difficult situation.

"For me, that was saying maybe we can change attitudes to Stage 4 cancer.

Scottish star Sir Chris added that he still has difficult moments with "ups and downs" but he tries to remain in the present.

Positive . . . Sir Chris

Available from 14th July to 24th August. Served until 11am. Subject to availability. © 2026 McDonald's

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Buckets Of Fun For Everyone!

LITTLE diggers can enjoy a great day out at Diggerland for less, thanks to our exclusive 2-for-1 discount on tickets.

With locations in **Kent, Devon, Durham** or **Yorkshire**, families can enjoy a day packed with giant machines, exciting rides and hands-on fun at the UK's only construction-themed parks.

At Diggerland, visitors can get behind the controls of real construction machinery and enjoy over 20 rides and drives, plus there are more than 100 machines to explore.

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With four parks to choose from and **FREE** entry for children under 90cm tall, Diggerland offers a day out packed with fun for the whole family. The voucher is valid for weekends in September and October – including the school half-term break – until Saturday, October 31.

There are two ways to claim this offer. Follow these steps . . .

1. Download the Sun Savers app or sign up at **sunsavers.co.uk**.
2. Go to the Offers section, and click Start Collecting on the Diggerland page.
3. Collect **THREE** Sun Savers codes. We will print one daily until August 8 – today's is on Page 20.
4. Enter your codes on Sun Savers to redeem from 11am today.

OR go to **thesun.co.uk/club** and join Sun Club for £1.99 a month or £12 a year and get instant access to this offer at 11am today, plus a range of other benefits, including exclusive articles, competitions and offers without having to collect Sun Savers codes.

You must claim this offer by Monday, October 19, 2026. Present your voucher and a valid Sun Savers or Sun Club account at the park entrance when purchasing your tickets. Your voucher can be redeemed at your chosen Diggerland site – Kent, Durham, Devon or Yorkshire – on selected dates until October 31, 2026.

TERMS AND CONDITIONS: 18+ UK only. Sun Savers multiple code collect August 1 – 8, 2026 or Sun Club subscription required. Online access required. Buy one full price standard admission ticket to get a second standard admission ticket for the same day free. Voucher must be redeemed at attractions alongside valid Sun Club/Sun Savers account. Cannot be used online or in conjunction with any other offer. Max 2 people per voucher. Tickets valid weekends in September and October and Monday to Friday, October 26-30 only. Subject to availability. Non-transferable and non-refundable. Full T&Cs apply, see sunsavers.co.uk or club.thesun.co.uk/sun-club.

Sad . . . Mr Goldstein

War vet: Jew hate is as bad as 1930s

By GEORGE LOMAS

A JEWISH World War Two veteran has spoken of his sadness at the rise of antisemitism in modern Britain.

Monty Goldstein, 102, said Jews today face the "same situation" as when the fascist Blackshirts targeted them in the 1930s.

Mr Goldstein, who joined the Royal Artillery in 1943, said: "What have I done to deserve it?

"There's loads of antisemitism, some people are afraid to walk the streets. England is not the same."

He also said the country had "gone backwards" after fighting tyranny in World War Two.

Mr Goldstein, from Chadwell Heath in East London, spoke out after antisemitic hate crimes.

Two Jewish men were stabbed in Golders Green, North London, in April. And a former synagogue in Whitechapel was set on fire in May.

Avalanche hit . . . Purja

William: Climber death 'so very sad'

By ZARA QURESHI

THE Prince of Wales has said he was "truly saddened" to learn of the death of mountaineer and former Gurkha Nirmal Purja in an avalanche.

The 43-year-old Nepalese was one of ten killed on Broad Peak, Pakistan.

He starred in a 2019 Netflix documentary series – and helped reality TV star Spencer Matthews on a 2023 expedition to try to recover his late brother's body on Mount Everest.

In a social media post, William said: "His relentless pursuit of what seemed impossible, combined with his humility and selflessness, made him truly unique. My thoughts are with his family and the families of all those who died."

Adventurer Bear Grylls also paid tribute, saying: "Heartbreaking news for so many climbers around the world who had a relationship with this remarkable man."

SUN, PECKS AND MEL C

Picture: BACKGRID

Twirl power . . . Mel's DJ set yesterday

By JACK HARDWICK

SPICE Girl Mel C jumps feet first into her new life after taking the plunge into marriage.

Sporty Spice, 52, showed off her abs and enjoyed a honeymoon peck on the lips in Ibiza with new hubby Chris Dingwall.

But she was back in Britain yesterday and on stage for a DJ set on the second day of the Brighton Pride event.

ORDEAL OF 3-YEAR PROBE

FRUIT & NUTTY

Clear . . . Jody, and right, Kimberley

EXCLUSIVE by RACHEL DALE

Cleared of murder bid over choc in allergic boss's office

A TV fitness expert has told of his relief at being cleared of a plot to kill his boss with a fruit and nut chocolate bar.

Jody Bunting, 48, spoke after a three-year ordeal following his arrest for the attempted murder of Kimberley Hoskins, who has a severe cocoa allergy.

She was rushed to intensive care with anaphylactic shock after the Cadbury's bar was brought to their workplace – a hotel leisure club.

Police dropped the case after 18 months but Jody still had to fight an employment tribunal case, now finally withdrawn.

Jody, who appeared on Channel 4's Big Breakfast, said: "My life was turned upside down. My bail conditions were not to go to the hotel so I lost my job."

He admits he took the sharing bar into Derby's Mickleover Court Hotel Leisure Club because he knew manager Ms Hoskins was off work.

Leftover chunks were found when she returned two days later so she went home and a deep clean was carried out.

She later went back and went into anaphylactic shock in the storeroom before receiving an emergency EpiPen injection. She was then taken to hospital, and spent five days in intensive care.

Jody said cops found a chocolate cake and choc buttons in her office bin, items he insists he did not take in. In legal papers, Ms Hoskins alleged he was "plotting with colleagues to throw chocolate into my office to get rid of me".

But Jody said: "I'm glad she's OK, what happened was awful."

rachel.dale@the-sun.co.uk

ELASTICA BOUNCE BACK

NINETIES rockers **ELASTICA** have teased their return.

The Britpop band have been away for 25 years but took to Instagram to hint at a comeback.

The group, fronted by **JUSTINE FRISCHMANN**, wrote: "Missed us? We've been busy behind the scenes, but we're back. Keep your eyes peeled, there are some exciting things in the works." The band formed in 1992 but called it quits in 2001.

biz

Luke who's in town again

ROSS DAVIDSON

LUKE PRITCHARD channelled his inner SHANIA TWAIN in a leopard-print shirt as THE KOOKS celebrated 20 years since their debut album, Inside In/Inside Out.

The band wowed fans with an outdoor concert at London's historic Old Royal Naval College on Friday.

It was seen as a homecoming of sorts for Luke, who grew up in nearby Forest Hill, and the singer was moved to tears as he took to the piano.

TAIK FOUR FOR RITA

RITA ORA's fourth studio album is almost complete – but no one is quite sure what to expect from it.

Aside from her husband, Hollywood director TAIKA WAITITI, that is.

Speaking to Bizarre's Jack at a London screening to mark the tenth anniversary of his hit film, Hunt For The Wilderpeople, Taika said Rita's long-awaited album was "amazing".

He added: "This new record is incredible. I've heard a lot of it.

"It was such a departure from the stuff she's probably known mostly for. It's a different sound."

Taika directed the sultry video for Rita's latest single, All Natural, and also directed and starred in the video for 2023's Don't Think Twice.

Getting Oscar-winner Taika to work on your project can't come cheap, but Taika assured us with a wink that he and Rita had come to an arrangement.

He chuckled: "There is a very mates' rates deal going on. I think it's been free each time. It's just fun to get to work together.

"It's great because we're kind of in similar industries, but they're very different disciplines – and when you're with someone, you want to be able to do some work together.

"I'm really amazed and surprised at what she does, but also super-confused all the time."

POWER COUPLE . . . Director Taika and his pop star wife Rita

Taika masterminded two of Marvel's biggest hits – Thor: Ragnarok in 2017 and Thor: Love And Thunder in 2022.

He also plays the alien Korg in the films.

Taika admits that he'd love Marvel book bosses to sign up Rita for a role alongside him one day.

He said: "Younger me would like to see a Bond Girl Rita, but I think I'd find it more fun to see her doing a Marvel film.

"It would be great to see her as a villain." Watch this space . . .

MUSIC guru Chris Herbert is the man who discovered the **SPICE GIRLS** more than 30 years ago, and now he's backing another feisty young act, **ALLEGRA**.

She is gearing up to drop a new project dubbed Unreleased EP on August 21 and has her sights set on collabs with top stars.

Allegra, *right*, said: "I'd love to work with someone like Rita Ora. We'd have so much fun. She's got such cool style and I think we'd just have fun together."

Opening up about how she performs best, she added: "I like it when I'm feeling a bit sexy.

"I think I'm a bit angry at, like, a situationship or an ex-boyfriend, I'm looking hot in the music video and I'm like, 'OK, I've got this'."

BEX ASTON

1D GOING IN RIGHT DIRECTION

DURING their heyday, **ONE DIRECTION** were a money-making machine.

And even though the That's What Makes You Beautiful singers split up back in 2016, the cash keeps rolling in.

New accounts for the band, *below*, made up of **HARRY STYLES**, **NIALL HORAN**, **ZAYN MALIK**, **LOUIS TOMLINSON** and the late **LIAM PAYNE**, have revealed they each made £2,636 a week last year.

And to top it off, they had to do absolutely no work for it.

Their two firms, 1D Media Ltd and PPM Music Ltd, are now worth a combined £3,814,044 – up more than £687,000 from the previous year.

It's not a bad life, eh?

US country star LUKE COMBS must be feeling very pleased with himself.

Last night the singer, *below*, wrapped up three huge nights at Wembley Stadium.

The gigs were a hotbed of famous faces with VENEZUELA FURY seen in the crowd, as well as former England ace JOHN TERRY.

In fact, the footie star even joined Luke front and centre during Friday's gig – though awkwardly he was booed as he tried to chug a pint of beer on stage.

I'm sure John took it all in his stride.

DAVID BERGMAN / LUKE COMBS

ARIANA IN WEST END EXIT

ARIANA GRANDE has pulled out of the West End revival of **STEPHEN SONDHEIM**'s Sunday In The Park With George. The show was scheduled to start next summer in London.

Last night her reps confirmed she would be taking a break from the spotlight after the last show of her Eternal Sunshine tour in the capital next month, after fans admitted they were concerned about her health.

They said: "Ariana will be taking a step back from visibility after she completes the Eternal Sunshine Tour.

"She looks forward to finishing the tour then taking a much-deserved break from public-facing work and appearances, which has led to endless public scrutiny."

HooRaye for August festive fun

CHRISTMAS came early for RAYE fans as she took to the stage in a sparkly red dress.

The Where Is My Husband! singer wouldn't have looked out of place at a festive party as she headlined Brighton Pride on Saturday.

Her bill-topping set followed epic performances from JESSIE J and LEIGH-ANNE PINNOCK.

The LITTLE MIX singer kept cool in a yellow bikini top and combat trousers – putting her growing baby bump on display.

She is expecting her third child with footballer husband ANDRE GRAY. They had twin girls in 2021.

Brighton hosts the UK's biggest Pride festival, but it is dwarfed by WorldPride, which took place in Amsterdam over the weekend.

Going all out to impress, organisers in the Netherlands somehow managed to land MADONNA to perform.

She owned the Dutch stage in a bright purple corset and matching boots.

Taking camp to the next level, Madge was joined for her mega-set by KYLIE MINOGUE.

Kylie had earlier sung with NICK CAVE at his Brighton gig on Friday.

Rumours are rife that Madge and Kylie have a song together on a remix edition of Madonna's latest album, Confessions II.

We should be so lucky . . .

LEIGH-ANNE PINNOCK

JESSIE J

ELLIE HENMAN'S

arse

MADONNA and KYLIE

TOMORROW: ALEXANDRA BURKE struts her stuff in front of a star-studded audience at the press night for I'm Every Woman: The CHAKA KHAN Musical, at Troubadour Wembley Park Theatre in West London, with Chaka herself set to attend.
WEDNESDAY: Ted Lasso is back in the dugout, three years after the last series aired, as JASON SUDEIKIS and HANNAH WADDINGHAM return for the fourth series on Apple TV.
THURSDAY: A weekend of festivals begin with Boardmasters in Cornwall, headlined by KASABIAN, as well as Lakefest in Herts, Back 2 Festival in Leics and Deva Festival in Cheshire.
FRIDAY: Edinburgh Festival Fringe kicks off three weeks of comedy.

THE WEEK IN **bizness**

YOU'RE SO IN TENTS, FLORENCE

Actress goes wild at Wilderness

WHILE Spider-Man: Brand New Day was topping the box office at the weekend, FLORENCE PUGH was camping at Wilderness Festival.

The Hollywood star's family live less than 20 miles away from the site, at Oxfordshire's Cornbury Park.

But down-to-earth Florence, who appears in the latest Spidey adventure, was spotted heading back to a high-end eight-person tent.

To be fair, she didn't need to make a trip to Mountain Warehouse beforehand, though, as she was staying in the boutique camping section at the festival, where the tent was put up for her.

Florence, who was joined by a load of her local pals, partied until 3am yesterday.

On Saturday, she watched **SCISSOR SISTERS** perform a belting headline show before heading up to hedonistic dance area The Riddle.

The legendary club, in a walled garden, has a strict over-18s policy and security guards put stickers over punters' cameraphones to stop them filming or taking snaps.

Florence partied there until the final song – the **SPICE GIRLS**' Who Do You Think You Are – played, before filing out with bleary-eyed stragglers after temperatures plummeted to a chilly 11C.

One fellow partygoer told me: "There was no missing Florence – she was wearing a flowing gown of orange sequins, a yellow skin-tight catsuit and a massive fluffy headpiece. She was surrounded by mates and she sorted it so they could skip the queue into The Riddle.

"They were chuffed, but nobody inside even realised they were partying with someone who's in one of the biggest films of the year, despite her kooky outfit. Everyone just treated her like a normal girl once she was inside – and that's how she likes it."

PARTY TIME . . . Florence at festival. *Left*, at Spidey premiere

Florence is set to star in another massive film before the end of the year, appearing in Dune 3 opposite **TIMOTHEE CHALAMET** and **ZENDAYA**.

And there were plenty of other celebs on site at the festival this weekend, with **JESSIE WARE**, **MATT SMITH**, **JOEL DOMMETT** and **JO WHILEY** all spotted milling around the stages.

The annual knees-up, which launched 15 years ago, has become a huge hit with the upper-class – especially with Glastonbury not happening this year.

It's suitably posh, as it's sponsored by Audi, has a book tent and there's even a banquetry area where punters can fork out a small fortune for meals prepared by a variety of celebrated chefs.

Hopefully lucky Florence managed to get some fancy grub in there after her late night out. Anyone for venison?

BESTIVAL'S A FAMILY FAVE

CAUGHT LIVE
Camp Bestival
Lulworth Castle
Dorset
★★★★

FATBOY SLIM brought the house down at Camp Bestival last night with his timeless dance classics.

Kids and adults alike were rocking away to NORMAN COOK's high-energy hits Praise You and Right Here, Right Now.

He topped off an ace weekend of music at DJ ROB DA BANK's ultimate family-friendly festival at Lulworth Cove, Dorset, where childhood innocence meets wild raving. Packed crowds enjoyed brilliant sets from BILLY OCEAN, EXAMPLE and BASTILLE. The latter even brought kids' fave BLUEY out as a surprise guest.

The highlight of the weekend for me was SELF ESTEEM's performance. Brilliant REBECCA LUCY TAYLOR didn't tailor her trademark sweary songs for the young audience – and rightly so.

"No one told me it's a family-friendly festival. Not my fault you booked me," she joked before launching into racy sex positions track, 69. Dashing from MR TUMBLE to drum and bass legends FABIO and GROOVERIDER, there's nowhere else people of all ages can sample the best of both worlds. JANINE YAQOOB

With HOWELL DAVIES & JACK HARDWICK

THE Sun SAVERS

sunsavers.co.uk TikTok: @sunsavers Facebook.com/thesunsavers

DEAL OF DAY

BREW your own coffee at home with the Lavazza Jolie Evo Pod coffee maker. This compact machine is also very quiet. It was £99.99, now £57.99 at amazon.co.uk.
SAVE: £41.01

CHEAP TREAT

FOR a post-holiday boost and to give your skin a glow, try the new L'Oréal Men Expert Hydra Energetic Healthy Look Hydrating Gel. It was £12.99, now £6.49 at Boots.
SAVE: £6.50

TRY EASY VIRAL DIY ICE-CREAM TREND

Freezy peasy

HOMEMADE ice cream is the coolest craze on social media.

It is ridiculously simple, uses basic ingredients and costs a fraction of shop-bought tubs.

Try these easy recipes for budget desserts this week.

TRENDSETTER: Follow the viral trend by picking up a whole watermelon at Morrisons, reduced from £3.75 to £2.75.

Cut it in half and scoop out some of the middle to create a well, then cover with clingfilm and freeze overnight.

Remove from the freezer, then pour in a dash of double cream and use a spoon to scrape the flesh of the fruit into the cream. As you scrape, a tasty ice cream should start forming.

BUDGET BASIC: For an easy vanilla ice cream, use a hand mixer to whip Asda whipping cream, £1.70, into stiff peaks. Then, fold in 3tbsp condensed milk, £1, also from Asda, and add a splash of vanilla extract.

Pop it in an open storage tub and cover with clingfilm – push it down to the surface of the mixture to stop ice crystals forming.

Put it in the freezer, and you should have your own vanilla ice cream in a few hours.

ALL RIPE: Can't eat dairy? Use up over-ripe bananas to create a cheap ice-cream alternative that tastes amazing.

Freeze peeled bananas overnight, then blitz in a blender until smooth. It really is that simple.

MAKE YO' OWN: For DIY frozen yoghurt, get Lidl Milbona Greek Yoghurt, £1.60, and spoon it into an ice cube tray before freezing. Blend the frozen cubes with a drizzle of honey until smooth for that soft frozen yoghurt texture. This also makes a great chilled breakfast dish – just add fruit and granola.

POST-GYM PROTEIN: For a high-protein dessert that will really shock you, pick up a tub of Aldi Everyday Essentials cottage cheese, 89p.

Blend the full tub with a couple of handfuls of ripe or frozen berries, also £1.99 at Aldi, and a spoonful of honey. Freeze in an open tub, with clingfilm covering it.

Once frozen, you will have a surprisingly sweet dessert, packed with 36g of protein.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

How nice are your lollies – Page 24

What's new?

KIDS under 17 go free to London shows like Wicked and The Gruffalo Live On Stage as part of Official London Theatre Kids Week. Book at officiallondontheatre.com/kids-week.

TOP SWAP

£43

KEEP skin smooth with L'Occitane Amande Sublime shower oil, £43, cultbeauty.co.uk, *above*, or pick up Eternite Almond Shower Oil, now £2.49 at Home Bargains, *below*.
SAVE: £40.51

£2.49

Little helper

SPEND £60 in a single transaction at Tesco until August 16 and get a coupon for five per cent off fuel, redeemable at the retailer's forecourts until August 23. It's worth around 8p off per litre.

THE Sun RAFFLE

250 PRIZES TO BE WON

Join Sun Savers - download the app or sign up at sunsavers.co.uk

Opt in to The Sun Raffle

ABC123
Enter your unique code

PLUS! You can use this code for Sun Savers competitions and offers too...

IS YOUR CODE WORTH £100?

YOUR CODE

18+ UK only (excludes Isle of Man & Channel Islands). Multiple code collect. See full T&Cs at sunsavers.co.uk/terms

Need help with Sun Savers? Email help@thesun.co.uk

SHOP & SAVE

FOR a cheap lunch on the go, grab the King Pot Noodle in original curry flavour. It's usually £1.50, now 85p at Iceland.
SAVE: 65p

HOT RIGHT NOW

GET ten per cent off selected outdoor toys at Very.co.uk with code SCHOOLSOUT until the end of tomorrow.

GO, GIANNI, GO

Fifa chiefs 'to tell World Cup boss to quit'

FIFA boss Gianni Infantino is set to be told to resign by colleagues after his failed bid to sell off the World Cup.

An emergency meeting is expected to be held where the shamed president will be asked to go over his "shabby, backroom deal".

By EMILY-JANE HEAP

If he refuses, another candidate backed by his rivals would be put up to challenge him in an election next year.

The worldwide anger at him trying to flog stakes in the World Cup to private investors has reportedly seen sponsors contacting Fifa in panic. Infantino was already facing a Fifa council review over scandals at this summer's World Cup.

They include Donald Trump asking him to review a red card for Folarin Balogun, which led to the US striker's ban being suspended.

Meanwhile Uefa has reportedly threatened Infantino with legal action and ordered him not to destroy any material relating to his doomed sell-off.

European football's governing body has also written to potential investors in his plan, including JP Morgan bank and Trump relative Josh Kushner.

Ex-Everton and England star Peter Reid called Infantino's position "untenable".

Row . . . Infantino

First jabs for MenB

THOUSANDS of young people starting university next month have had a first dose of the meningitis B vaccine after fatal outbreaks this year.

Some 89,261 doses were given to Year 13 pupils and under-25s going to uni, NHS England said.

Three died in outbreaks in March. The UK Health Security Agency stressed the importance of getting the second jab, "as only then will you have strong protection" from infection.

MEIN ATTRACTION

Brits voted the Chinese takeaway their favourite, with pizza second, Indian third and fish and chips fourth, said Aqua data.

CLOUD OF WAR

By ED SOUTHGATE

PLUMES of smoke billow into the sky as a warehouse belonging to Russia's equivalent of Amazon burns after a drone strike.

Ukraine targeted Wildberries in Samara during attacks yesterday. Governor Vyacheslav Fedorishchev said there were no casualties at the site, some 500 miles from the Russia-Ukraine border.

Five people died in strikes across the country, part of Kyiv's effort aimed at undermining President Putin, *right*.

Separate Russian attacks on Zaporizhzhia and Kharkiv killed at least two yesterday, according to officials.

Blight . . . knotweed

Knotspot for weed in Britain

By RICHARD MORIARTY

BRITAIN'S worst postcode for Japanese knotweed has been revealed – with one homebuyer revealing an infestation will cost him £15,000.

A total of 92 cases were recorded in the Whitehall BB3 2 neighbourhood of 9,000 in Darwen, Lancs.

The fast-growing invasive weed can wreak havoc on gardens, property values and sales.

Local authority area Blackburn with Darwen was also named Britain's worst-affected borough by specialist Environet.

Local Nathan Hannaway, 33, said knotweed was concealed in the garden of his £430,000 home in the BB3 2 postcode.

He said: "I was quoted £15,000 to remove it. What they found when they excavated was unbelievable." He is now locked in dispute with the seller, claiming the infestation was not disclosed.

Having a Quicknic

GREGGS is cutting the cost of lunch – but only when the weather is nice enough to eat outside.

The bakery giant has launched a new "Quicknic" meal deal, letting customers save up to 50p if their area has "a good weather day".

Greggs claims it has created a formula that helps decide when the offer goes live, based on temperature, cloud cover, rain and pollen levels.

Spokeswoman Zoe Harris said: "It may be the most scientifically advanced sausage roll and baguette deal ever."

CANINE TO FIVE

Nearly half of 18 to 34-year-old office staff want dog-friendly workplaces – saying it would cut stress, a survey found.

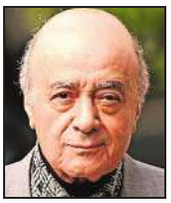
FREE BIRTHDAY GIFTS WITH GUARANTEED REWARDS

Get a FREE scratchcard when you spend £15 or more at the snacks counter until Sept 13, 2026

#Cineworld30

Redeem gifts from Sept 14 to Oct 1

Customers will receive one (1) scratchcard when they spend £15 or over on food, drink or merchandise in one transaction (snacks counter only) until Sunday, 13 September 2026 or while stocks last. One scratchcard per customer per day. Ticket only purchases do not qualify. Gifts may only be redeemed between Monday 14 September and Thursday 01 October 2026. For full Terms and Conditions visit www.cineworld.com/offers.



Abuse . . Harrods boss

5 women officially trafficked by Fayed

By MICHAEL HAMILTON

FIVE survivors of Mohamed Fayed have now been officially recognised as human trafficking and modern slavery victims.

It comes after a series of rulings by the Home Office's National Referral Mechanism.

The total number of cases is expected to end up dozens higher.

A source said: "This shows it's not just one individual carrying out abuse, but a network. You cannot have trafficking without a web of people."

Harrods boss Fayed died in 2023 aged 94 and was exposed as a serial sexual predator the following year.

One survivor, using the pseudonym "Margo" said: "Everywhere he went, he had enablers. All of his residences, all of his businesses." At least 156 victims have made allegations to the Met Police.

WATERING GRASS

One in ten people aims to defy hosepipe bans, a YouGov poll found – but just as many would tell on a neighbour using one.

HOW IS THE SURF? RUFF!

Picture: GETTY

By LAUREN UTTLEY

POOCH Rippin' Rosie shows off her pedigree as she wins the World Dog Surfing Championships.

The five-year-old Golden Labrador rode her way to glory in Pacifica, California, on Saturday.

Fellow competitor Rusty the Miniature Pinscher also stole the show by wearing sporting goggles.

Oh eye say . . surfin' Rusty

BLOW AS FAMILIES JET HOME

Fill-thy tricks . . . driver

Theft rise at pumps

By LAUREN UTTLEY

DRIVERS have left forecourts without paying for nearly £200,000 worth of fuel every day since the Iran war sent prices up.

Theft prevention firm Forecourt Eye said incidents are up a fifth since the conflict began on February 28, compared with the five months before.

The value of stolen fuel has risen by 48 per cent to an average of £194,000 a day, analysis of the UK's 8,359 forecourts shows.

First-time offender thefts are up by 23 per cent.

Forecourt Eye said: "Operators need joined-up tech that helps protect both their forecourt and their convenience store."

GATWICK 'LOW ON FUEL' FEARS

Shortage alert . . Gatwick Airport

Planes warned to fill up at other airports

AIRLINES were warned yesterday that the UK's second biggest airport is running short of jet fuel.

Disruption is said to be likely for long-haul flights in and out of Gatwick.

Pilots were sent emergency alerts about shortages and urged to load up on extra fuel at other airports.

The Sun understands engineers are trying to fix a technical problem at a major fuel farm serving the airport. It is understood to be unrelated to the shortages threat amid the Iran war.

One memo seen by The Sun

EXCLUSIVE by STEPHEN MOYES

warned: "For attention of all crews: Gatwick has a shortage of fuel for the next two days. Please uplift max possible fuel at outstations."

Another emergency notification issued to aviation bosses told of "potential disruption to the Gatwick fuel supply".

A senior source told The Sun: "The fuel shortage will affect all airlines.

"Long-haul flights are under the most threat.

"Pilots will try to take on as much fuel as they can from their foreign destinations to bring back to the UK." The source added: "Most flights beyond 2.5 hours will still need extra fuel in Gatwick.

"The longer the fuel shortage lasts, the tighter it will get. It means there is a good chance of disruption."

Around 43million passengers use Gatwick's two terminals each year.

A Gatwick spokesman said: "Following a technical issue impacting fuel supply to the airport, airlines have been advised to monitor fuel availability.

"We are working closely with external suppliers to resolve the issue as quickly as possible and minimise any potential disruption. All airlines are operating as normal."

stephen.moyes@the-sun.co.uk

HEALTHIEST ICE POPS TO BEAT THE HEAT

CHILDREN love to chill in the heat with an ice lolly – but many treats are full of sugar and sweeteners. Paediatric nutrition specialist Lucinda Miller says: "When kids eat a sugary snack between meals, their blood sugar can spike and so can their energy levels and big emotions." Here, Lucinda tells LYNSEY CLARKE which kids' favourites are healthiest based on their ingredients and sugar content – and gives each a mark out of five.

Vimto Eezy Freezy Squeezy Pops
£1.50 for 10, Iceland/Morrisons

(7.2g sugar per 100ml)

THIS ice pop has a low sugar content but lists 11 ingredients, including preservatives and sweeteners.

Lucinda, who is clinical lead at NatureDoc, says: "The sugar looks low, which is why plenty of parents grab these. The catch is what keeps them sweet: two artificial sweeteners on top of the sugar, which can disturb blood sugar levels just as much.

"There's a little real fruit and the colour is from carrot and hibiscus. One just for occasionally."

3/5

Jude's Milk Lollies
£3.50 for 6 (most supermarkets)

(7.3g sugar per 100ml)

THIS milk lolly, which claims to have 30 per cent lower sugar than comparable products, lists at least 18 ingredients on the box – but they are mostly natural.

Lucinda says: "It's made with skimmed milk with some real strawberry, and the colour comes from beetroot and carrot.The sugar is low and you get a bit of protein from the milk, too. One of the best."

Milk lollies are lower in sugar than fruitier ones and do not contain glycerol, which Lucinda says can push young children's blood sugar count dangerously low.

5/5

Mr Freeze Freeze Pops
£1.70 for 20 (most supermarkets)

(6.9g sugar per 100ml)

THE packet says "natural colours and flavours". There are only 14 calories per freeze pop and ten ingredients.

However, Lucinda says: "This is low in sugar and cheap, but contains glycerol (E422). Experts say slushie drinks with glycerol aren't suitable for under-sevens. It is used to keep ice pops and slushies from freezing solid and, in large amounts, can push blood sugar dangerously low. A small ice pop uses far less than a slushie, but it's an ingredient I'd rather young children skipped."

1/5

Del Monte 100% Juice Ice Lollies
£2.75 for 3 (most supermarkets)

(20g sugar per 100ml)

JUST three ingredients, and the box boasts only 69 calories and "fat free".

But Lucinda says there is a catch: "The label looks perfect: just orange, grape and apple juice, with no added sugar.

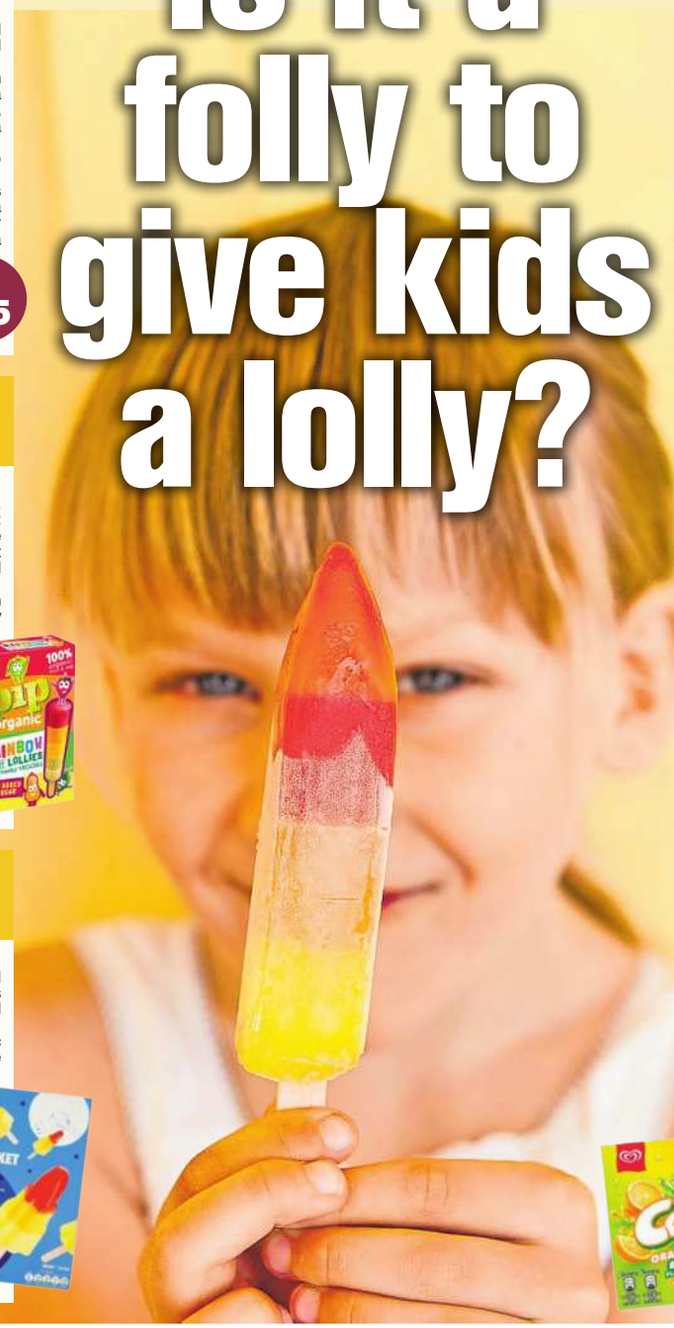
"So why the low score? Because freezing concentrated juice into a lolly makes the natural sugar very high.

"And at 15g a pop, this is the sweetest on the list. 'No added sugar' doesn't mean low sugar. It would be better to eat an apple and some pineapple slices instead.

Possibly not as refreshing in the heat, though.

1/5

Is it a folly to give kids a lolly?



Wall's Mini Milk
£2.40 for 10 (most supermarkets)

(12g per 100ml)

THESE come in chocolate, vanilla and strawberry. We tested vanilla, which had the lowest sugar content.

There are around 16 ingredients in each variation. Lucinda says: "This is a proper childhood classic – milk-based, which means a bit of protein, and a good hit of calcium."

She adds that each lolly is small, so the sugar stays low at around 4g.

But there is more sugar than in Jude's milk pops per 100ml. Aldi also does a Wall's dupe which has similar sugar content and costs less than £1.20 for a packet of eight.

4/5

Twister Mini Pineapple Ice Cream Lollies
£2.90 for 6 (most supermarkets)

(14.2g sugar per 100ml)

CLASSIC ice cream-based Twister lollies are often sold individually.

But these 50ml minis, which are boxed for the freezer, are smaller and contain less sugar.

Lucinda says: "There's some real fruit juice and a bit of milk in here, which helps. But the sugar has climbed to around 7g per lolly and the list of 22 ingredients is long.

"It's sweeter than the plain milk lollies."

She added: "These are fine as a treat now and then, but not one to be handed out every day."

3/5

Pip Organic Rainbow Lollies
£4.20 for 6 (Waitrose)

(10.6g sugar per 100ml)

THERE'S 12 ingredients in this one, but all from real foods. Lucinda says: "These are about as clean as an ice lolly gets – made from nothing but fruit and veg, with a bit of apple fibre, and there's no added sugar at all.

"The sweetness comes straight from the fruit. It costs a bit more, but for a lolly with nothing fake in it, that's a price worth paying."

There is far less sugar in these than other lollies made from concentrated fruit juice.

Lucinda says that is because Pip uses whole fruit and veg, and adds fibre. Still, a milky option with lower sugar might be better for young kids.

5/5

Rowntree's Fruit Pastille Lollies
£2.50 for 4 (most supermarkets)

(17.7g sugar per 100ml)

THESE are made from fruit juice concentrate, with 20 ingredients in total.

Lucinda says: "They contain a good bit of fruit juice and all colours are natural, which I give credit for.

"The problem is the sugar." The NHS's recommended maximum daily intake of sugar for a child aged seven to ten is 24g – this lolly accounts for almost half of that. Lucinda says: "At over 11g a lolly, one of these is about the same as a couple of teaspoons of sugar. Lovely as a pud, but too sweet for a snack in between meals."

2/5

Asda Rocket Lollies
£1.45 for 8 (Asda)

(15g sugar per 100ml)

THESE retro rocket lollies are a real blast from the past, with 11 ingredients including pineapple, orange and strawberry juice, all from concentrate.

Lucinda says: "Another nostalgic lolly, but the red, yellow and orange rockets are sweeter than milk lollies.

"And nearly 9g of sugar per lolly is a lot for a small child.

There's a little real fruit juice, but sugar and syrup aren't far behind. Definitely a treat lolly, not an everyday one."

Similar, rocket-themed ice lollies are available at most supermarkets.

2/5

Calippo Mini Orange & Lemon-Lime Ice Lollies
£2.90 for 5 (most supermarkets)

(17g sugar per 100ml)

ANOTHER mini version of a classic lolly, Calippos have been sold in the UK for 40 years. The orange version we tried is made mainly from orange juice concentrate (20 per cent of the lolly).

However, there are 12 ingredients in total. Lucinda says: "A bigger lolly than many of the others, and the sugar shows at 14g each, which is more than three teaspoons.

"There's some real juice, but sugar and syrup are the main ingredients. This is one for a now-and-then treat – and keep these only for older kids."

2/5

Backlog . . . learners

Gear up L-test for 'manual', says AA

By LARA BOWMAN

MOTORING rules should be relaxed so that those who pass automatic driving tests can use manual cars, says the AA.

President Edmund King said it doesn't make sense for them to wait months for a manual driving test slot, as most "quickly develop good road skills".

Driver and Vehicle Standards Agency data show the average wait time to book a test in May was nearly 22 weeks.

Mr King called for one-hour "conversion" sessions so drivers can learn to use gears and a clutch.

He said: "This would be more pragmatic that re-testing them in a manual vehicle when the DVSA is struggling to get rid of the test backlog."

The Department for Transport said: "Anyone wishing to drive a manual car must pass a manual driving test, and we have no plans to change this."

Hearing . . . doctor

Dr didn't tell NHS a patient had died

By ALEX WEST

A DOCTOR has been suspended for not telling regulators that he had a manslaughter conviction in his home country.

Valentino Clignon failed to resuscitate a patient in Italy who died of a condition connected to a lack of oxygen to the brain.

The medic, currently a consultant there, had "accepted a sentence for manslaughter through a plea bargain".

But he did not tell the UK's General Medical Council when he applied for an NHS role in gynaecology.

The Medical Practitioners Tribunal Service ruled that, although he has never practised in the UK, he would be suspended – but not barred – for eight months.

The hearing, held virtually, was told that he was working as a "freelance doctor" at the time of the 2018 incident and was "inexperienced".

Rodney, you plonk

RAIL VINEYARD IS NEAR DEL BOY'S MANOR

WINE is to be made from grapes grown at a railway station near Del Boy and Rodney's fictional Only Fools and Horses flat.

EXCLUSIVE
by MICHAEL HAMILTON

Chateau Denmark Hill is less than two miles from Peckham, South London.

Winemakers reclaimed a tiny bank two metres from the platform and planted 22 Bacchus grape vines. They have all budded and are ready to be harvested.

Keith Griffiths, 41, a local copywriter said: "I spotted it from the signs and now can't wait to try it.

"It's amazing to have a little vineyard here. It's the sort of entrepreneurial spirit that would make Del Boy proud." The character, played by David Jason, would often exclaim: "Châteauneuf-du-Pape!", a French wine region, when shocked by something in the 1980s and '90s BBC sitcom.

Camberwell Society run the vineyard which is funded by rail firm GTR. The team said: "The dream of sipping a glass of wine, grown right here in Camberwell, is becoming a reality . . . making history as they work on the first vineyard in a UK station."

Del . . . with Rodney (Nicholas Lyndhurst), and vines

Migrant's dope rap

A MIGRANT deported after growing cannabis returned – and was caught in a dope factory with plants worth £72,800.

Shahin Gjoni, 27, was sent to Albania in 2024 but claimed he came back because he owed money to drug bosses.

Police found him at an industrial unit in Newtown, Powys, last month.

He admitted producing cannabis at Mold crown court and will be sentenced in September.

SIGNED OVER

The pub sign for The Hallamshire House in Sheffield, missing for 25 years, was returned after being found in New York.

Picture: KEVIN MAZUR/GETTY

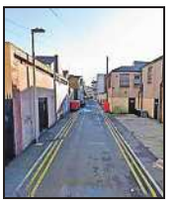
BACK FOR MAURA

By JACK HARDWICK

REALITY star Maura Higgins gives fans a rear phew as she continues to wow the US.

The Love Island star, 35, showed off plenty of skin in a backless dress.

Irish beauty Maura was at a Time100 event for content creators in New York.



Scene . . double attack

Alleyway 'rape' of teen two

By DOUGLAS SIMPSON

TWO teenage girls were allegedly raped in a seaside resort alleyway.

The victims reported the early-hours double attack in Blackpool, Lancs, on Sunday, July 26.

A Lancashire Police spokesman confirmed: "Our officers were called at 2.36am to an alleyway off Deansgate after a report that two girls — both aged in their late teens – had been raped."

James Peters, of no fixed address, was arrested on Tuesday.

The police spokesman added: "Following consultation with the Crown Prosecution Service, he has been charged with two offences of rape."

The 30-year-old suspect was remanded into custody before appearing before magistrates in Lancaster on Thursday.

He will remain in custody until a plea hearing at a later date.

Nazca 13 are killed

A TOURIST plane crashed and killed 13 people on board a trip to see the ancient Nazca Lines in Peru.

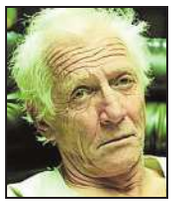
The Cessna Caravan C-208 had been flying over the World Heritage site before Saturday night's tragedy.

Eleven of the victims were European – seven Italians, two Germans and two from Spain.

The Nazca Lines are drawings on the ground of animals and shapes and are one of the South American country's biggest attractions.

ROYAL DRIVE-BUY

A Cadillac convertible car made for the future-Queen Elizabeth's 1951 Canada tour is to auction in Las Vegas next month.



Actor . . . Hylands

Death of Eighties telly star Scott, 83

By SAM CREED

PROLIFIC television actor Scott Hylands has died aged 83.

The Canadian was a familiar face in top US shows imported to Britain, including Wonder Woman, The Waltons and Hart to Hart.

But he was best known for his lead role as Kevin "OB" O'Brien in 1980s detective show Night Heat, shown on ITV.

It ran for four series from 1985 to 1989 – and was the first Canadian original drama simultaneously aired on a US TV network during its original broadcast.

His most recent major role was in 2017, when he played Ennis Stussy in the third series of Channel 4 crime drama Fargo.

His son Luke wrote: "Myself and my family are still trying to process this horrible loss."

He went on to pay tribute to his "forever hero and best friend".

Out of favour . . . bath

Tub snub as baths get cold shoulder

By FELIX MARSHALL

ONE in ten Brits have not had a bath in more than a decade, a survey has found.

Almost half of those choosing to snub the tub said they were shower people, while a third said it takes too long for one to be run.

Nearly a quarter said they avoid them to avoid using too much water for money-saving reasons.

But 18 per cent said they could not have one even if they wanted to – as they did not have a bath in their home.

Thirty per cent even said baths will be obsolete within ten years.

The research found that concern over bills impacted shower usage too – with 77 per cent targeting shorter washes to save pennies.

The survey of 2,000 was commissioned by energy supplier Utilita. It said: "Baths seem to have fallen out of favour for many across the UK."

CHARITY USING DNA TO TRACK

By GRACE MACASKILL

BABY Theo Raymundo doesn't cry, even though his mouth is being held open to collect DNA from inside his cheek.

It is almost as if he knows the simple test could change his life immeasurably for the better.

For two-month-old Theo is one of the forgotten children born to women in the Philippines, many of them sex workers, after being abandoned by their British fathers.

But while these men may have got on a plane home and left their responsibilities behind them, advances in genetic testing and campaigning charity workers mean they are now being pursued for child support in British courts.

And if Theo's dad can be held accountable and forced to pay for his son's upbringing, it could lift the baby out of poverty so extreme that there is barely enough money for food, let alone school books or medical care.

His father is allegedly a wealthy British businessman now living the high life in Dubai.

The charity trying to help the family track him down have been watching his posts on social media.

His life is a photobook of expensive cocktails, nights out and fancy cars.

In stark contrast, Theo, whose mother died in childbirth, lives in a crowded concrete shack in Angeles City, about 50 miles north east of Manila.

Sadly, he is far from alone in his plight. Around 180,000 Brits visit the Philippines each year but figures show most foreign tourists are men travelling in groups or alone.

Angeles City is at the centre of the south east Asian sex tourism industry, boosted by the existence of a former US airbase three miles away.

Legal action

Women who become pregnant to foreign visitors are often left high and dry as the fathers deny their children, block contact and refuse financial support.

Other men simply have no idea they have become fathers.

But the emergence of DNA testing sites means charity workers are now tracking down British fathers to make them pay.

The current caseload of Angeles Relief Inc, run by journalist Margaret Simons, includes the man alleged to be Theo's father, and a West Midlands man who seems to have vanished without trace.

Margaret and her team rely on vast private online databases including ancestry.com to match DNA to abandoned Filipino children.

She said: "If a person uploads their DNA to a database, it is often possible to trace their family connections, even only one distant relative – a third or second cousin, for example.

"In 2020 we started using DNA sampling along with genealogical detective work to trace the fathers, aided by a small team of forensic genealogists and a lot of volunteer effort.

"Then comes the hard bit – we contact the fathers.

"Sometimes they don't know they have a child. Sometimes they knew all too well, but escaped responsibility simply by leaving the country and blocking the mother.

"I'd love to say that they all take responsibility and do some version of the right thing. That is true in only about a third of cases.

"More often, they block us, deny us and avoid us.

"It was summed up to me most crudely in the words of one British man I contacted – 'She was a hooker, for f***'s sake'.

"The child, he said, was therefore nothing to do with him.

"Sometimes we have to take legal action, which we do with the help of a growing international network of lawyers who act for the children and their mothers without charge."

FIGHTER . . . Margaret

Theo's mother, Liezel Felicitas Raymundo, died in childbirth aged just 36. Her family insist she was not a sex worker but met her baby's father at one of the bars frequented by sex tourists.

Liezel's sister Sharan, 41, tells how the new mum had just 20 minutes of cradling Theo before her blood pressure dropped catastrophically due to massive bleeding.

She was rushed to hospital but was dead on arrival.

The Sun has seen WhatsApp and text messages which are claimed to be between Theo's alleged father and Liezel when he visited and had sex with her in March last year. We have so far been unable to verify their authenticity independently.

In them, Liezel said she was worried she could be pregnant because she was fertile when they had sex.

He advised her to get the morning-after pill, which she did, but it was too late. She wrote in a message: "I took the pill after but somehow it still happened. I'm still processing everything myself and I'm not asking for anything right now."

"Is it mine?" he responded.

"Of course, you are the only guy I slept with."

In the messages it appears Liezel discussed an abortion, and she asked him to pay for it, but ultimately she decided not to go ahead with what is always a risky procedure, since it is illegal in the Philippines.

In June she messaged the same number asking for help with medical bills but he said it had been her choice to keep their child.

Since then, the man suspected of being Theo's father has been contacted by her friends and family.

He allegedly said he was shocked to hear of her death, but refused to help support his alleged son, and says he does not believe the child is his.

The charity claims he did not respond to requests to take a DNA test to resolve the matter.

Theo's family of six, including aunts and cousins, are left to live on about 40,000 pesos a month – around £485, which comes from his aunt Grace, who has had to leave her own 14-year-old daughter in Angeles City after taking a factory job in South Korea. If Angeles Relief Inc can prove the identity of Theo's father, it could transform his future. Another sex

EXPLOITED . . . sex worker Jean Ann and daughter Jeanida, 12, who she says is result of rape by a client

DOTING MUM . . . Jowelaine and her daughters Nazelle, *left*, and Nazneen

Pictures: DAVE TACON

RISKY BUSINESS . . . sex workers wait for clients at a bar in Angeles City

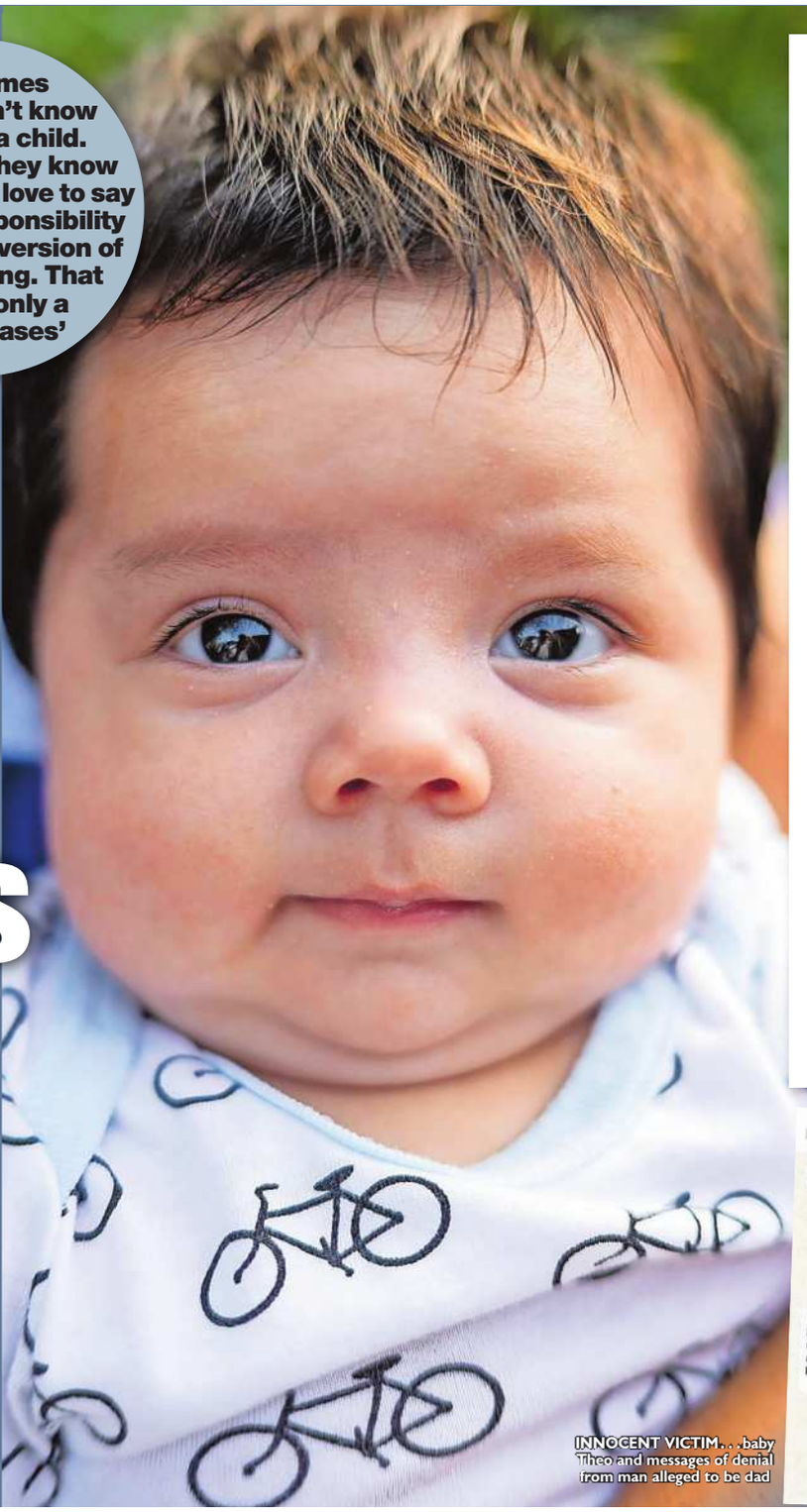
The h Brit sex who f forgott like ba

K DOWN MEN TO PAY CHILD SUPPORT

TRAGIC . . . Theo spent just 20 minutes with his late mum Liezel

‘Sometimes the men don’t know they have a child. Sometimes they know all too well. I’d love to say they take responsibility and do some version of the right thing. That is true in only a third of cases’

unt for k tourists athered ten kids by Theo



INNOCENT VICTIM . . . baby Theo and messages of denial from man alleged to be dad

COURT MAKES ’EM PAY

By MARGARET SIMONS

AT our charity, Angeles Relief, we find lawyers to act for the children and their mothers in British courts.

Under a UK-Philippines agreement, the British authorities and courts will enforce a legitimate child support application from a Philippines-based parent.

The legal child support obligation does not depend on whether the mother and father were married or had a long-term relationship.

If the father is not named on the birth certificate, a special application with additional evidence, such as a DNA test, must be made.

If the father won’t provide DNA, the courts can be asked to make a declaration of parentage, based on any other evidence provided and taking into account the father’s refusal.

The courts can also order a father to do a DNA test if they decide it is in the child’s best interests.

If UK authorities decide a father is due to pay child support, they use a formula based on both parents’ income to decide how much.

Failure to pay support can lead to money being deducted from wages or pensions, or bailiffs can be sent to collect on the debt.

Any child born on or after July 1, 2006, to a Filipina mother and a British citizen is automatically a British citizen too, and can apply to the UK Government for a letter to confirm it.

They can then apply for a British passport, if evidence of parentage is provided – again, the courts can be asked to order a DNA test.

ker, Jean Ann, 55, told how she eves her 12-year-old daughter iela was born from rape.

e says she met Jeaniela’s father, Australian, while working at a bar he drugged her before attacking She said: “I woke up that ning and thought, ‘It has pened now. There is nothing I can about it. Just move on’.”

‘DNA doesn’t lie’

e contraceptive pill is available in Philippines, but is too expensive many women.

argaret is also involved in the of a British man who is said to e got 32-year-old sex worker elaine Jamil Logano pregnant.

n the basis of the charity’s infor- on on Jowelaine’s case, earlier year Margaret wrote to a woman in England asking for contact details for her brother, John, who was born in the 1980s.

He is said to be the father of Jowelaine’s daughter Nazelle, a sweet, bright-eyed little girl who is about to turn six, and like Theo, is living in poverty in Angeles City’s slums.

Margaret says they were able to identify John after sending the little girl’s DNA sample to one of the major publicly available databases.

They have an old address for him in the UK dating back to 2002, and there is no record of his death.

Margaret said: “Jowelaine has no memory of meeting John, but DNA doesn’t lie.

“I told John’s sister, whose life we found out about – a professional, middle-class life – how poor Nazelle was, how deserving she was of a chance in life, and I asked for her help in contacting her brother.

“I sent a picture of this cute little girl, all bright eyes and attitude, to remove her from the abstract, and to make her real.

“We are still waiting. Under international treaties, Jowelaine could in theory lodge a claim for child support against John and have it enforced in Britain if paternity can be proven.

“But in reality the barriers are almost insurmountable for a poor woman with little English and a daily struggle just to survive.”

Like thousands of Filipina women, Jowelaine has been forced into the sex trade to provide for her family.

She connects with foreign men through online dating apps and frequenting the city’s red-light district.

She charges clients around 2,000 pesos, about £24, for a “short time” – an hour back in their hotel room.

She can’t stay overnight because she has nobody at home to take care of Nazelle or her eight-year-old sister, Nazneen, who the charity has established is the daughter of a US ex-serviceman.

Jowelaine said: “I did not plan this kind of life. This happened to me. And now I have no other way.”

She uses condoms, but sometimes men offer to pay much more if she will let them have unprotected sex.

And sometimes, once she is in their hotel room on her own, she has little choice.

She continued: “They just refuse and do it anyway. Is this rape?”

She shrugs. For her, the distinctions are academic – prostitution is illegal here. If she complained, she doubts that the police would be on her side. As for Margaret, she remains determined to fight on.

She said: “One day I will find John, and he will get a phone call to tell him he has a daughter.

“I know from nearly ten years of doing this work that many men do not recognise any responsibility for their children in cases like this.

“But if these children were born in Britain, whether to a sex worker or anyone else, the situation would be clear – the man would be legally liable for child support.”

And if Margaret’s organisation gets its way, more British men with secret Filipino children will finally have to face up to their moral and financial responsibilities thousands of miles away.

Monday TV GUIDE

Sun TV 4-PAGE SECTION

BBC ONE

6am Breakfast (S)
9.30 Animal Park (R,S)
10.15 Trace, Track, Get My Car Back Neil is confronted by a man claiming to be the owner of a stolen pickup. (R,S)
10.45 Expert Witness (R,S)
11.15 Homes Under The Hammer Featuring properties in Sheffield, Newcastle-under-Lyme and Kirkcaldy. (R,S)
12.15 Bargain Hunt From Newark. (S)
1.00 BBC News (S)
2.00 Money For Nothing (S)
2.45 Escape To The Country Helping a couple relocate to Somerset or Devon. (R,S)
3.45 The Bidding Room An intimate medical device is the oddest item ever seen on the show. (S)
4.30 The Answer Run Jason Manford hosts the fast-paced quiz show in which three couples face a series of 50/50 questions which hurtle down the Answer Run towards them. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong and Stephen Mangan. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

7.30pm Peter's suspicions about Lauren grow in EastEnders

7.00 The One Show Alex Jones and Roman Kemp present the first visit of the week to the One Show studio, featuring the usual mix of topical stories and celebrity chat. (S)
7.30 EastEnders Lauren tries to act disinterested in Mark but is rattled by his attempts to make her jealous when he flirts with one of Jack's female colleagues. Barney confesses to Zack. (S)
8.00 Britain's Strictest Schools: Panorama In-depth report. (S)
8.30 Scam Interceptors (5/15) The interceptors must identify a man trapped into believing he is going to be arrested by the National Crime Agency if he does not transfer money to scammers. (R,S)
9.00 The Rapture (4/5) Gabs finally meets Anika Drake. New nurse Siobhan raises suspicions at Oxsmith. When Bethany is found injured, Gabs and Rafiq plan her escape. Max pushes Caroline to back Rostyre. Psychological thriller, starring Ruth Madeley. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.45 The Mist FILM The residents of a town are divided by how to survive when a strange fog concealing ravenous monsters envelops the area. Sci-fi horror starring Thomas Jane. (2007) ✪✪✪✪ (S) Followed by **Weather For The Week Ahead**
12.45-6am BBC News (S)

BBC TWO

6.30 am Bargain Hunt (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: The Repair Shop Items include a football from the 1963 Scottish Cup final replay. (R,S,SL)
9.00 BBC News (S)
1.00 Richard Osman's House Of Games With Sean Fletcher, Louise Minchin, Kimberly Wyatt and Chris Washington. (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? (R,S)
2.45 The Hairy Bikers' Bakeation Si King and Dave Myers go baking in Italy. (R,S)
3.45 The Farmers' Country Showdown Farmers attend Staffordshire County Show. (R,S)
4.30 Vintage Antiques Roadshow The experts visit Mansion House in London. (R,S)
5.15 Flog It! The team visits Manchester, where Caroline Hawley inspects an autograph from a rock 'n' roll legend, and Anita Manning values a concertina. (R,S)
6.00 Richard Osman's House Of Games Double bill of the general knowledge quiz. (R,S)

9pm Chris Packham tells the story of modern animals in Evolution

7.00 Global Eye Nawal al Maghafi journeys across Iran to areas rarely accessed by international journalists, speaking to Iranians across the political and social divide about the war. (S)
7.30 Mastermind (4/30) Clive Myrie hosts as four more contenders answer questions on specialist subjects including British birds of prey, Roger Moore's James Bond, King Charles I and Sylvia Plath. (S)
8.00 Only Connect (4/34) Quiz in which members of rival quiz teams takes on Douglas Adams fans to make connections between things that do not appear to be linked. (S)
8.30 University Challenge (4/37) Amol Rajan hosts the academic quiz, with teams from Guildhall School of Music and Drama and Darwin College. (S)
9.00 Evolution (4/5) Chris Packham studies dolphins to find answers to how intelligence itself evolved, from light-sensing cells to conscious thought. (S)
10.00 Mortimer & Whitehouse: Gone Fishing (4/6) Bob and Paul head to the Norfolk Broads. (R,S)
10.30 Newsnight (S) Followed by **Weather**
11.05 PREMIERE Sing Sing FILM Prison drama starring Colman Domingo and Sean San Jose. (2023) ✪✪✪✪ (S)
12.45 Sign Zone: Countryfile (R,S,SL) **1.40-2.25am** Bergerac (R,S,SL)

itv1

6am Good Morning Britain (S)
10.00 This Morning Celebrity chat, lifestyle features and advice. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal David Dickinson and his dealers land at Aerospace Bristol and set up the den beneath the wings of Concorde. (R,S)
3.00 Deal Or No Deal Stephen Mulhern hosts the game show as contestant Sam tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize. (R,S) Followed by **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on one of the Chasers and secure a cash prize. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

9pm Nicky Campbell and Davina McCall in Long Lost Family: Born Without Trace

7.30 Fletchers' Family Farm (8/10) Pregnant cow Ruby gives birth, Milo and Liz head to a local dairy farm, and the kids go into the woodland on a nature safari. (R,S)
8.00 Emmerdale Cain has an important conversation with Kyle, news regarding Monty is not good, and Nicola's excitement fades. (S)
8.30 Coronation Street Cassie bids an emotional farewell to her family, Debbie experiences a sobering glimpse into her future, and Ryan facilitates a meeting between Betsy and Dylan in Lisa's absence. (S)
9.00 Long Lost Family: Born Without Trace NEW Davina McCall and Nicky Campbell investigate the cases of foundlings from 1983 and 1960. (S)
10.00 ITV News At Ten (S)
10.30 Regional News (S)
10.45 Cold Case Forensics: The Death Of God's Banker (1/3) A look at the death of Italian banker Roberto Calvi, whose body was found hanging under Blackfriars Bridge with the investigation leading to a murky world of finances. (R,S)
11.45 Love & Death (4/7) Allan grows concerned when his repeated calls to Betty go unanswered. (R,S)
12.45 Shop On TV 3.00 The Staircase (R,S,SL) **4.05** Unwind With ITV (S) **5.05-6am** Dickinson's Real Deal (R,S,SL)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA Gordon Ramsay tries to revamp a café in Texas. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry Cole and Simon O'Brien visit Oxford, where they discover a servant's call bell. (R,S)
1.10 The Great House Giveaway Harry and Kaylum wish to buy a majestic detached house in Greater Manchester. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 Saving Country Houses With Penelope Keith The work that goes into maintaining stately homes and gardens. (R,S)
5.00 Château DIY A 180-year-old wine barrel is turned into a quirky dining space. (R,S)
6.00 American Pickers Mike Wolfe and Frank Fritz are first in line at an incredible North Carolina collection of weird and wonderful circus and sideshow memorabilia. (R,S)

9pm A group of famous faces turn fugitive in Celebrity Hunted

7.00 C4 News (S)
8.00 Dover 24/7: Britain's Busiest Port Border Force officers are on the hunt for illegal meat being smuggled into Britain, police officers are on a stake-out, and the engineers face their biggest job of the year. (S)
9.00 Celebrity Hunted NEW With Brian and Lucy Conley, Amy Dowden, Carlos Gu, JJ Chalmers, Sophie Morgan, Jen Brister, Laura Smyth, Chris Taylor, Toby Aromolaran, and Scarlette and Stuart Douglas. (S)
10.00 Secret Lives Of Gypsy Wives The family deal with the anniversary of the death of their dad Sid – and decide to host an ambitious bonfire night display for the estate in his memory. Trewley takes part in a huge collaboration with a cosmetics company and gets an unexpected lesson in tough love from her mum. (S)
11.05 Surgery Secrets Of The Super Rich (3/6) Joyce marks her birthday with an endoscopic facelift. James has electromagnetic body sculpting and Morgan undergoes a laser procedure to tighten her jawline. (R,S)
12.05 Secrets Of The Celebrity Sex Tapes (S) **12.55** Ramsay's Kitchen Nightmares USA (R,S,SL) **1.45** Don't Date Brandon (R,S,SL) **4.30** Hollyoaks Omnibus (R,S,SL) **5.40** Sunday Brunch (R,S) **5.50-6.30am** Countdown (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis Discussion and debate, presented by Storm Huntley and Alexis Conran. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.20 A Reservation For Death FILM A travel writer witnesses a murder at a hotel in Malta and becomes ensnared in a web of intrigue and espionage. Mystery starring Nathalie Kelley and Colin Donnell. (2021) ✪✪ (S)
4.00 Castle Beckett attends the scene of the murder of a pre-school admissions director, and is shocked when Castle turns up brandishing his new credentials as a licensed private investigator. (R,S)
4.55 Love Nature Cameras focus on a flock of red kites. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Majorca: A Year In The Sun Cameras explore Majorca's culture. (R,S) Followed by **5 News Update**

8pm Officer Nytalia features in Street Cops: Catching The Yobs

7.00 Motorway Cops: Catching Britain's Speeders (4/10) Officers pull over the driver of a suspected cloned car and he claims he has just swapped the registrations between his two vehicles because one does not have insurance. (R,S) Followed by **5 News Update**
8.00 Street Cops: Catching The Yobs Police pursue a suspected stolen SUV being driven recklessly in Corby and Northampton PCs Payal and Nytalia are called to deal with a loud aggressive drunk. (S)
9.00 Fare Dodgers: At War With The Law NEW Transport for London investigator Lisa pursues a suspected fare evader owing the network almost £2,000 in unpaid fares. (S)
10.00 Police Interceptors: Taking Down The Shoplifting Gangs Officers tackle the thieves terrorising supermarkets and shops. (R,S)
11.05 Traffic Cops (6/20) Officers clamp down on repeat offenders in North Yorkshire. (R,S)
12.05 Car Pound Cops (R,S) **1.00** Teleshopping (R,S) **2.00** GPs: Behind Closed Doors (R,S) **2.50** Castle (R,S) **3.40** Friends (R,S) **4.35** The Highland Vet (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Milo (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **9.30** Eisteddfod Genedlaethol 2026 **12.00** Newyddion S4C **12.05** Eisteddfod Genedlaethol 2026 **2.00** Newyddion S4C **2.05** Eisteddfod Genedlaethol 2026 **4.00** Eisteddfod Genedlaethol 2026 **6.00** Am Dro! **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Eisteddfod Genedlaethol 2026 **10.05** NEW Y Babell Lên 2026 **10.35** Ralïo+ **11.05-12.10am** Y Sioe 2026 BBC ONE WALES: **8.30-9pm** Best Of Weatherman Walking

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language

By **ROD McPHEE**
TV Editor

With
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ROMANCE . . . JJ and Sophie

STAR DUO ON HUNT FOR LOVE

MOST of the stars who take on Celebrity Hunted end up falling out as they crack under the pressure, but SOPHIE MORGAN and JJ CHALMERS fell in love instead.

The presenters paired up for the latest series of the Channel 4 show, which sees groups of celebs go on the run to try and avoid being captured by a team of ex cops.

But they got more than they bargained for after sparks started to fly – and they've been romantically involved ever since filming last year.

Sophie and JJ faced an uphill battle as the only disabled duo taking part.

Ahead of the show, which starts tonight, Sophie said: "Between us, we have one working body! But we do think that might play to our advantage because the Hunters underestimate us.

"We know how to have a good time, we get to have a lot of fun and be a bit naughty."

LOVE Island runners up Jasmine Muller and Kavan Murphy had their first UK date at the **DOCTOR'S**. On today's Newly Parents with Jamie and Sophie podcast Kav said: "I had this abscess on my stomach. Jaz is sitting watching me. I'm screaming, that was our first date in the UK."

MARC: I LOVE VAN CLOBBER

MARC WARREN loves his Van Der Valk wardrobe so much, he wears it even when he's not filming the detective series.

The show returned to ITV last night, and Marc told BBC Radio 5: "I actually wear the clothes that he wears.

"I can't remember the name of the company but they're based in the Netherlands.

IN THE VAN . . . Marc

"He mainly wears a blue pallet – I have blue eyes so I guess that kind of helps and the blue of the canal that's reflecting off it . . . you've got to take all that you can get these days!" And just like his character, Marc says he's a loner on and off set – and has only once met up with fellow cast members while filming.

He said: "I don't go anywhere out there, unlike the others. In four years, I've met up with the cast once!"

More listings: Pages 30 & 31

Now Harry is a Gladitraitor

WINNER TAKES OVER FROM INJURED CHRIS

IT was a case of "Traitors Ready" during filming of the latest Celebrity Gladiators.

When comedian **CHRIS RAMSEY** suffered a leg muscle injury he had to turn down a challenge requiring him to run a substantial distance, called Unleashed.

So in a shock twist, producers threw the crowd a curveball by recruiting **HARRY CLARK**, who won The Traitors in 2024 after proving himself a master game-player.

An insider said: "The audience where the show was being filmed at Sheffield Arena were enthralled by the turn of events and were thrilled when it was announced he was stepping in.

"He got a huge round of applause when he appeared in his Lycra.

"Though there were a few chuckles, too, when the former soldier emerged with a bandage on his hand and explained he'd suffered a minor injury making a cup of tea.

GLAD TO HELP . . . Harry, *right*, and Chris

"He said he hoped he could hold his own and do Chris proud, however. It means it will be the first Celebrity Gladiators show featuring five celebrities, rather than the usual four."

It's not clear if Harry was a celebrity on standby or if he just happened to be in the arena when the emergency unfolded on Friday.

Chris didn't have to pull out of the competition entirely and was able to return to continue the other challenges, because most of them were unlikely to affect his hamstrings.

I exclusively revealed last week how Chris had joined the line-up alongside **AJ ODUDU** and **GEORGE CLARKE**.

Last week the BBC confirmed the fourth contestant would be comedian **SARA PASCOE**.

But there was no hint that Harry, who duped close pal **MOLLIE PEARCE** to win The Traitors, was involved in Gladiators.

Always full of surprises, isn't he?

SUCCESS . . . Nesbitt with Run Away co-stars

ANOTHER RUN FOR NESBITT?

THRILLER Run Away has become one of Netflix's biggest hits of the year with more than 50million views.

And best-selling author HARLAN COBEN loved the characters so much, he wants to pen another story.

In the drama JAMES NESBITT plays a father whose daughter runs away and gets hooked on drugs and he ends up involved in a dangerous murder investigation.

He is helped by a private eye, played by RUTH JONES.

ANNETTE BADLAND, who played tech whizz Lou in the show, revealed on the A Night In With Sally Lindsay podcast: "Harlan wanted to write a sequel because he liked the characters. But he killed Ruth Jones off so he has talked about a prequel."

She added: "I'd have to have a lot of CGI."

DRAMA . . . Patsy will reprise role of Sadie. *Left*, having affair with teen Robert in ITV soap

DEVOTED . . . star with sons Lennon and James in 2002

PATSY: I CAN'T KEEP MUM ON DALES RETURN

PATSY KENSIT arrived in Emmerdale amid a flurry of excitement in 2004, but left the soap within two years – much to the disappointment of fans.

The actress said the weekly trek from London to film the show in Leeds was too much when her sons James and Lennon, from her marriages to musos **JIM KERR** and **LIAM GALLAGHER**, were still little.

But now the boys are adults, it won't be a problem – which might explain why she's returning to the ITV show later this month.

Having two young sons was also slightly awkward when her character, superbitch Sadie King, had a rather controversial tryst in the Dales.

Speaking last week, Patsy said: "Back in the day, Sadie had an affair with Robert Sugden (Karl Davies) and he was, like, in his teens.

"I remember at the time, I had my sons, and just thinking, 'My God, this is SO inappropriate'."

After leaving Emmerdale in 2006, Patsy went on to star in Holby City and EastEnders, but she insists that Emmerdale is "one of the best places I have ever worked".

Patsy promises there'll be plenty of clashes when Sadie returns – and some end with serious catfights.

"I get smacked to sh*t!" she laughed. "That's what we did just yesterday. I was, like, 'Not another one!'

"I always give too much away, but you won't be disappointed."

Monday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Deadly 60 **8.00** The Great British Sewing Bee **9.00** Top Gear Patagonia Special **11.10** Icons Of Football **12.10-2.10am** Tommy: The Good. The Bad. The Fury

BBC FOUR freeview 9

7pm Atlantic: The Wildest Ocean On Earth **8.00** The Art Of Spain **9.00** Sally Magnusson Remembers: Mastermind **9.15** Mastermind 1972 Final **9.45** Call My Bluff **10.15** Becoming Frida Kahlo **11.15** Turner: The Man Who Painted Britain **12.15** Atlantic: The Wildest Ocean On Earth **1.15-2.15am** Becoming Frida Kahlo

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Salt Lake City **8.20** The Real Housewives Of Orange County **9.20** The Only Way Is Essex **10.15** Dawson's Creek **11.15** Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor USA **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Salt Lake City **5.00** The Real Housewives Of Orange County **6.00** Celebrity Catchphrase **7.00** The Floor USA **8.00** The 1% Club. Quiz, hosted by Lee Mack. **9.00** The Only Way Is Essex **10.00** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30** Plebs **1.55-2.25am** Deep Fake Neighbour Wars

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **7.40** Classic Coronation Street **9.10** Poirot **11.30** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Midsomer Murders **10.00** Grantchester **11.50** Trial & Retribution **1.25-2.25am** Wycliffe

ITV4 freeview 26

6am Magnum, PI **8.00** Dempsey And Makepeace **9.05** Boon **10.10** The Professionals **11.20** Robin Of Sherwood **12.25** Magnum, PI **2.30** Dempsey And Makepeace **3.40** Boon **4.45** The Professionals **5.55** Minder **7.00** River Monsters **8.00** The Motorbike Show **9.00 FILM** Under Siege. Action adventure starring Steven Seagal and Erika Eleniak. (1992) **11.05** Star Trek: Strange New Worlds **12.05** Lost **1.00** Motorsport UK **1.55-2.45am** BattleBots

E4 freeview 13

6am Hollyoaks **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **6.30** Hollyoaks **7.30** The Simpsons **8.00** Vanderpump Rules **9.00** Below Deck Down Under **10.00** Gogglebox **11.00** Naked Attraction **12.05** First Dates **1.10-2.10am** Vanderpump Rules

MORE4 freeview 18

8.55am Heir Hunters **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S. Restoring classic vehicles. **7.55** Grand Designs **9.00** Bill Bailey's Vietnam **10.00** 24 Hours In A&E **12.05** 999: On The Front Line **1.05-2.10am** 24 Hours In A&E

SKY MIX freeview 11

7am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: Canada's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1. The Stargate is stolen. **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Police 24/7 **9.00** FBI: Most Wanted **11.00** Star Trek: Enterprise **12.00** Fantasy Island **1.00-2am** Police 24/7

DUTCH MASTER . . . Marc Warren returns as TV tec Van Der Valk

Sun TV review

VAN DER VALK
ITV

THIS is the white sliced bread of crime dramas, but rather like that block of mass produced stodge you get from most supermarkets, it's really not that bad once consumed.

Van Der Valk is your standard, pedestrian Sunday night crime thriller which you'll have forgotten about by Monday morning.

Marc Warren plays the detective in this modern reboot of the show which aired on ITV from 1972 and 1992.

The latest incarnation – also set in Amsterdam – is now on its fourth series, which launched last night. The season opener was based around a crime godmother Bibi Franken played by the brilliant Anastasia Hille.

She has been in many hit films and TV shows – including The Missing and its spin-off Baptiste, which was also set in Amsterdam.

Bibi, who's heavily into money laundering in Holland, is about to be sent down in a court case where her own son is giving evidence against her.

Not surprisingly he gets killed, in spectacular style, before he can take to the stand. The finger of suspicion, and much of the evidence, points towards her.

But it's not as simple as it looks . . . nor is it that complicated either.

The first instalment of the new season only runs to 90 minutes, which is preferable to the agonisingly long stories we see stretched out on streaming platforms.

So don't expect a deep dive into the complexity of human emotions or an exploration of

BBC Three 9pm The presenters go on a road trip in Top Gear Patagonia Special

U&DAVE freeview 19

7.25am Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein's Spain **11.20** Yukon Gold **12.20** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Martin Clunes: Islands Of America **4.00** Rick Stein's Spain **6.00** The Hairy Bikers: Mums Know Best **7.00** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **9.00** Have I Got A Bit More News For You **10.00** QI XL **11.00** Taskmaster **12.00** Mock The Week **12.40-2am** Would I Lie To You?

U&DRAMA freeview 20

7.20am The Bill **8.15** Doctors **9.25** Classic Holby City **10.45** Casualty **11.45** The Bill **12.50** Classic EastEnders **2.00** Neighbours **3.00** Pie In The Sky **4.05** Lovejoy **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** The Brokenwood Mysteries **10.00** New Tricks **11.20** Luther **12.40** Lovejoy **1.50-2.50am** Sister Boniface Mysteries

REALLY freeview 44

6am Celebrity Fantasy Homes **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters **12.00** The Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Long Lost Family **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** The Repair Shop **10.00** The Yorkshire Auction House **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash **10.00** Secret Nazi Bases **11.00** Auschwitz: The Nazis And The Final Solution **12.00** Antiques Roadshow **2.00** Bangers & Cash: Restoring Classics **4.00** Secret Nazi Bases **5.00** Auschwitz: The Nazis And The Final Solution **6.00** Antiques Roadshow **7.00** The Green Planet **8.00** Canal Boat Diaries **9.00** Portillo's Empire Journey **10.00** Bangers & Cash: Restoring Classics **12.00** Bangers & Cash **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.10am Property Brothers At Home **7.00** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers At Home **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.40** Dom Chinea's Cornish Workshop **9.40** Designing The Hebrides **11.00** One Born: What Happened Next? **12.00** First Responders **1.00-3am** Hashtag Murder

QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Car Hunters **1.00** Mike Brewer: Born Dealer **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** Johnny Vegas' Little Shop Of Antiques **9.00** Ant Anstead: Born Mechanic **10.00** The Repair Shop **11.00** BSB Highlights **12.00** How Do They Do It? **1.00-2am** Salvage Hunters

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.05** Rising Damp **8.35** Duty Free **9.10** Never The Twain **9.40** On The Buses **10.10** Bread **10.50** Steptoe And Son **11.25** Oh, Doctor Beeching! **12.05** Rising Damp **12.35** Man About The House **1.00** Goodnight Sweetheart **1.35** When The Boat Comes In **2.45** Minder **3.45** Just Good Friends **4.20** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.10** Rising Damp **6.45** Steptoe And Son. Albert decides to get married again. **7.20** Whatever Happened To The Likely Lads? Terry gets into a fight. **7.55** Minder. Arthur and Terry help a newsagent who has been threatened. **9.00** Benidorm. Tiger and Joey get into trouble with a biker gang. **10.00** Shameless **11.00** Man About The House **11.35** Mind Your Language **12.05** Benidorm **1.05-2.05am** Minder

SPORT

Sky Sports Main Event 6.30pm Celtic take on Dundee in the SPFL

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** Sports Desk **3.00** LIVE The Hundred. Welsh Fire Women v Southern Brave Women. Start-time at 3.00. Coverage of the match from Sophia Gardens, Cardiff. **6.00** Sky Sports News **6.30** LIVE SPFL. Celtic v Dundee. Kick-off at 7.30. A Scottish Premiership match from Celtic Park. **10.15** LIVE Tennis. The Canadian Open. Coverage from day two of the ATP 1000 event in Montreal and the WTA 1000 event in Toronto, both of which are hard-court tournaments. **12.00-4am** LIVE Tennis. The Canadian Open. Further coverage from the ATP 1000 event in Montreal and the WTA 1000 event in Toronto, both of which are hard-court tournaments.

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** Premier League Best Goals **8.00** PL 100 Club **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** FNF **1.30** SNF **2.30** PL Highlights **3.00** SNF **3.30** PL Highlights **4.00** SNF **4.30** PL Highlights **5.30** SNF **6.00** PL Highlights **7.00** The Transfer Show **8.00** PL Review **9.00** Transfer 360 **10.00** City: PL Champions Again **11.00** PL Years **1.00-3.30am** PL Retro

SKY SPORTS FOOTBALL

6am EFL **9.00** SPFL Highlights **9.30** EFL Greatest Games **10.00** EFL Cup Retro **12.00** EFL Highlights **1.00** EFL **2.00** EFL Highlights **3.00** EFL Cup Highlights **4.00** EFL: The Play-Offs At 40 **5.30** SPFL Highlights **6.15** Martin O'Neill: Champion Again **6.30** LIVE SPFL. Celtic v Dundee. Kick-off at 7.30. Coverage of the Scottish Premiership match from Celtic Park. **10.15** SPFL Highlights **11.30** Martin O'Neill: Champion Again **11.45** EFL Greatest Games **12.00-2.45am** EFL Cup Retro

SKY SPORTS ACTION

6am Betfred Super League **8.45** Betfred Super League Highlights **9.00** Betfred Super League **12.00** NFL Highlights **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.00** NFL Highlights **5.15** Super Bowl LX Bitesize Highlights **5.30** Betfred Super League Highlights **6.00** NBC's Pro-Football Talk **8.00** NBA Basketball **12.00** LIVE WNBA. Atlanta Dream v Las Vegas Aces. Tip-off at 12.00. Coverage of the inter-conference match at Gateway Center Arena in College Park, Georgia. **2.00-4.30am** LIVE WNBA. Chicago Sky v Phoenix Mercury. Tip-off at 2.00. An inter-conference match.

SKY SPORTS +

6am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.15** EFL Greatest Games **10.30** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** Sports Desk **3.00** Solheim Cup Golf **4.00** LIVE Tennis. The Canadian Open. Coverage from day two of the ATP 1000 event in Montreal and the WTA 1000 event in Toronto, both of which are hard-court tournaments. **12.00-4am** LIVE Tennis. The Canadian Open. Further coverage from day two of the events.

SKY SPORTS CRICKET

6am The Hundred **9.15** The Hundred Bitesize **11.00** Women's ICC World T20 Cricket **11.30** The Hundred Bitesize **2.45** LIVE The Hundred. Welsh Fire Women v Southern Brave Women. Start-time at 3.00. **6.00** LIVE The Hundred. Welsh Fire Men v Southern Brave Men. Start-time at 6.30. **9.30** The Hundred Bitesize **9.45** The Hundred Bitesize **10.00** The Hundred **1.30-2am** The Hundred Bitesize

SKY SPORTS GOLF

6am Women's Golf **1.00** The Greatest Solheim Cup **3.00** Solheim Cup Golf **6.00** Hall Or Nothing: Georgia's Story **7.00** PGA Tour Golf **8.00** Women's Golf **9.00** PGA Tour Golf **10.00** Women's Golf **11.00** Legends Tour Golf **12.00** Women's Golf **1.00-2am** Best Of The Open Zone 2024

ENTERTAINMENT

Sky One 8pm Ashley Jensen stars as amateur sleuth Agatha Raisin

SKY ONE

6am Mornings **7.00** Mornings With Ridge And Frost **8.00** Stargate SG-1 **9.00** NCIS: Los Angeles **10.00** Will & Grace **11.00** The Simpsons **12.00** Big Cat Country **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Animal Control **7.00** The Simpsons **8.00** Agatha Raisin. The sleuth's hairstylist becomes the centre of a maelstrom involving blackmail, conspiracy and murder. Return of the mystery, starring Ashley Jensen. **10.00** Last Week Tonight With John Oliver. A satirical look at news and pop culture. **10.45** Animal Control **11.45** Grimm **12.40** The Force: Manchester **1.35-2am** Road Wars

SKY ATLANTIC

6am Fish Town **8.00** Billions **10.15** Task **12.30** Homicide: Life On The Street **2.30** Billions **4.40** Task **6.50** True Detective: Night Country **9.00** House Of The Dragon. Game of Thrones prequel starring Matt Smith. **10.15** The Last Of Us. Joel and Ellie near the end of their journey. **11.20** Dune: Prophecy **12.30-2.50am** Task

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Nothing To Declare **9.00** Brit Cops: Law & Disorder **10.00** Stop, Search, Seize **11.00** Bull **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **9.00** Law & Order: Special Victims Unit. A stranger threatens Rollins and Carisi's lives. **10.00** Law & Order: Criminal Intent. An accountant and his family are killed. **11.00** The Rookie. Nolan is forced to spend a week in solitary confinement. **12.00-2am** FBI

U&GOLD

7.05am Don't Wait Up **7.45** Going Straight **8.20** Only Fools And Horses **9.00** The Green Green Grass **9.40** Are You Being Served? **10.20** Last Of The Summer Wine **11.40** Going Straight **12.20** Only Fools And Horses **1.00** Keeping Up Appearances **1.35** Dad's Army **2.20** The Green Green Grass **3.00** Are You Being Served? **3.40** Going Straight **4.20** Dad's Army **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances. Richard demonstrates his electrical skills. **7.00** Only Fools And Horses. Del decorates the local Chinese restaurant. **7.40** Dad's Army: The Lost Episodes. Walker is called up to serve in the regular Army. **8.15** Are You Being Served? The store faces a takeover bid. **9.00** Fawlty Towers. An American comes to stay. **9.40** Going Straight. Fletch meets a teenage runaway. **10.20** Not Going Out. Guy's constant presence in the flat angers Lee. **11.00** Mrs Brown's Boys **11.35** Colin's Sandwich **12.15** Going Straight **12.55** Fawlty Towers **1.40-2.15am** Not Going Out

COMEDY CENTRAL

8am Impractical Jokers **9.00** Everybody Loves Raymond **11.00** The Upper Hand **1.05** Friends **9.00** Stupid Central **10.00** Mr Bean **11.00** Whose Line Is It Anyway? USA **12.00** Most Ridiculous **1.00-2am** South Park

U&ALIBI

7.15am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex. A police officer is killed in the nightlife district. **6.00** Body Of Proof. One of Megan's former patients is murdered. **7.00** Private Eyes. The detectives are hired to investigate jury tampering. **8.00** Death In Paradise. Caribbean detective drama. **10.00** Father Brown. A television dancing contest turns deadly. **11.00** Private Eyes. The detectives are hired by a prosecutor to investigate whether his opponent in a trial is trying to influence the jury – but begin to suspect that the defendant is innocent. **12.00** Shakespeare & Hathaway: Private Investigators **1.00-2am** Death In Paradise

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** The Chair Company **11.15** Will & Grace **12.15** Avenue 5 **1.30** The Chair Company **2.45** Will & Grace **3.45** Hacks **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** Hitmen: Reloaded **9.00** Real Time With Bill Maher. The comedian and guests discuss the week's events. **10.10** Hacks **11.30** Hitmen: Reloaded **12.30** Community **1.30-2.05am** The Chair Company

DISCOVERY

6am How It's Made **7.00** Barnwood Builders **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue. The Raneys find a Montana homestead struggling through food, predator and power problems. **7.00** Ant Anstead Master Mechanic **8.00** The Woodland Workshop **9.00** Invasion Of The Mega Sharks. A research team uncovers a huge population of enormous white sharks. **10.00** How To Train A Great White. Experts attempt to train great white sharks using cues and challenges. **11.00** The Alaska Triangle. Researchers investigate the disappearance of thousands of airplanes. **12.00-2am** Deadliest Catch

RADIO

Radio 2 12noon Jeremy Vine discusses news and human interest stories

VIRGIN RADIO DAB virginradio.co.uk

6.30am Steve Denyer On The Chris Evans Breakfast Show With Moneybox **10.00** Emma B **2.00** Ben Jones **6.00** Geoff Lloyd **10.00** Jen Thomas **2.00-6.30am** Stu Elmore

TALKRADIO DAB talkradio.co.uk

6am Jeremy Kyle **10.00** Julia Hartley Brewer **1.00** Ian Collins **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **10.00** Petrie Hosken **1.00** Paul Ross **5.00-6am** Through The Papers

TALKSPORT 1053, 1089MW talksport.com

6am TalkSPORT Breakfast With Jeff Stelling **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Jacobs **4.00** TalkSPORT Drive

Sun tv 4-PAGE SECTION TV GUIDE

the moral maze of the criminal justice system.

Nor is it much of an action thriller – more of a good old-fashioned whodunnit.

And, obviously, it also pivots around Warren who is perfectly cast as Van Der Valk.

He's a slightly grumpy, cynical, no-nonsense detective who refuses to compromise – even if it proves detrimental to both his private and professional life.

But, like the show itself, he doesn't require much in the way of psychological analysis.

Van Der Valk is nothing too taxing, nothing too sensational and nothing wrong with that either.

ROD McPHEE

ON THE RUN . . . Amy and Carlos

Sun tv picks

CELEBRITY HUNTED, Channel 4, 9pm: How will this series' group of celebrities cope without phones, endless funds, agents and assistants?

It's time to find out as the stars are stripped of the VIP status while they raise money for Stand Up To Cancer.

There's an added twist to the competition for Strictly's Amy Dowden. She is competing with fellow dancer Carlos Gu against two celebs she had previously been paired with on the dance show – presenter JJ Chalmers and comedian Brian Conley.

"It's not a team event, is it?" says Brian. "You're up against each other. Once we landed in the helicopters, that was it, we were on our own. But with Amy and Carlos, we did go: 'What an adventure!' It has brought us all closer together." Continues tomorrow.

LONG LOST FAMILY: BORN WITHOUT TRACE, ITV1, 9pm: "I think everybody wants to know where they've come from, what happened when they were born.

"I'd certainly like to know those answers," says Sarah, 43, who was found in a Leicester phone box as a newborn in 1983.

Now a mum of two, she is ready to find out why she was abandoned that night and to track down her birth mother.

A DNA search soon leads to a life-changing discovery about Sarah's biological mother . . .

THE ANSWER RUN, BBC One, 4.30pm: Prepare to play along, as this fast-paced quiz show, fronted by Jason Manford, returns to screens.

Like all good quiz shows, the rules are simple – three teams battle it out to win a cash prize as they answer general-knowledge questions by swiping left or right to the answer they think is correct to bank cash. However, only one team will make it to the end and take home their jackpot. Continues weekdays.

FARE DODGERS – AT WAR WITH THE LAW, Channel 5, 9pm: Fare dodging on public transport costs operators nearly £500million every year.

Tonight, we meet Transport for London investigator Lisa, who is on the trail of a repeat offender who owes the network almost £2,000 in unpaid fares.

Meanwhile, at Waterloo Station, revenue protection officers Sam and Hari need to keep their cool when tempers flare during an encounter with a ticketless couple.

RIANNE ISON

TNT SPORTS 1

6am Shanghai Masters Snooker **8.00** World Rally Championship **8.30** TNT Sports Cricket Reload **9.00** Test Cricket Highlights **10.00** Roll the Tape **10.15** No Filter Football **10.30** World Rally Championship **11.00** UEFA Champions League. Coverage of the draw. **11.15** UEFA Champions League Goals Reload **11.30** UEFA Europa League **12.00** UEFA Europa League. Coverage of the draw for the play-offs of the competition. **12.15** UEFA Europa League Goals Reload **12.30** UEFA Conference League **1.00** UEFA Conference League. Coverage of the draw. **1.30** Cycling **2.30** LIVE Cycling: Tour de France Women. Coverage from the third stage. **5.45** Original Documentary **6.00** LIVE Ultimate Pool. Coverage of the Group 8 matches in the Champions League tournament. **9.30** Premier League Stories **10.00** NWSL **12.00** MLB Highlights **1.00-4am** LIVE MLB. Texas Rangers v San Francisco Giants.

TNT SPORTS 2

6am Commonwealth Games – Daily Highlights **7.00** Commonwealth Games – Netball **8.00** Cycling **10.00** UEC Mountain Bike European Championship **11.00** British Superbikes **12.30** MLB Highlights **1.30** Test Cricket Highlights **2.30** LIVE Test Cricket. West Indies v Pakistan. **11.00** TNT Sports Cricket Reload **12.00** World Series of Poker **2.00-5am** LIVE World Series of Poker. Coverage from the first day of the final table main event.

TNT SPORTS 3

6am Original Documentary **6.15** Cycling **7.15** Cycling **8.15** Cycling **9.15** LIVE Cycling: Tour Of Poland. Coverage of the first stage, a 234km route from Gdynia to Koszalin. **3.45** No Filter Football **4.00** Shanghai Masters Snooker **6.00** British Superbikes Highlights **7.00** WRC Review **8.00** eSports Show **8.30** Original Documentary **8.45** Cycling **9.00** Fishing: On the Bank **10.00** Cycling **11.00** Cycling **12.00** UEC Mountain Bike European Championship **1.00** Formula E Flashback **1.30-2am** SailGP – Racing on the Edge

PREMIER SPORTS 1

6am LaLiga **8.00** DTM Motorsport **9.00** FIM Sidecarcross Championship **10.00** Football **12.00** Champions Cup **6.15** Africa Eco Race **6.30** Sporting Countdowns **7.00** DTM Motorsport **8.00** Football **10.00** LaLiga **12.00-4am** United Rugby Championship

7.00 Kick Off **10.00** The Sports Bar **1.00** Extra Time **5.00-6am** Early Sports Breakfast

TALKSPORT2 *DAB talksport.com*

8am TalkSPORT 2 Special **3.00** The Social **5.00** The Monday Club With William Hill **6.00** EFL All Access **7.00** TalkSPORT 2 Special **12.00-8am** My Sporting Life

TIMES RADIO *DAB thetimes.co.uk/radio*

6am Kate McCann And Stig Abell **10.00** Ed Vaizey **1.00** Sebastian Payne **2.00** Jane Garvey And Fi Glover **4.00** John Pienaar **7.00** Kait Borsay **10.00** Carole Walker **1.00** The Best Of Times Radio **5.00-6am** Tom Nunan

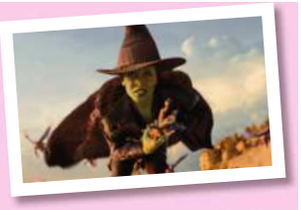
RADIO 1 *97.6-99.8FM bbc.co.uk/radio1*

7am Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Jerry **3.30** Newsbeat **3.33** Vick, Katie And Jamie **5.45** Newsbeat **6.00** New Music Show **8.00** Sian Eleri **11.00** Rock Show With Daniel P Carter **1.00** BBC Introducing Rock On Radio 1 With Alyx Holcombe **2.00** Anthems **4.00** Pop Anthems **5.00-7am** Dean McCullough

RADIO 2 *88-91FM bbc.co.uk/radio2*

6.30am Sara Cox **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** DJ Spoony **4.00** Joel Dommett **7.00** Jo Whiley's Shiny Happy Playlist **7.30** Jo Whiley **9.00** The Blues Show With Cerys Matthews **10.00** The Good Groove With Melvin Odoom **12.00** Connor Phillips **3.00** Dance Sounds Of The 90s With Vernon Kay (R) **4.00-6.30am** Owain Wyn Evans

MOVIES



Sky Cinema Premiere 5.30pm Cynthia Erivo stars in Wicked: For Good

SKY CINEMA PREMIERE

10.25am Lurker (15, 2025) ★★★ **12.10 Normal** (15, 2026) ★★★★ **1.45 Mortal Kombat II** (15, 2026) ★★★ **3.45 Anaconda** (12, 2025) ★★★ **5.30 Wicked: For Good** (PG, 2025) ★★★ **8.00 Normal** (15, 2026) ★★★★ **9.35 Heretic** (15, 2024) ★★★★ **11.35 Mortal Kombat II** (15, 2026) ★★★ **1.35-3.15am Primate** (18, 2025) ★★★

SKY CINEMA ANIMATION

11.25am Buffalo Kids (PG, 2024) ★★★ **12.50 Antz** (PG, 1998) ★★★★★ **2.20 The SpongeBob SquarePants Movie** (U, 2004) ★★★★ **4.00 Wallace & Gromit In The Curse Of The Were-Rabbit** (U, 2005) ★★★★ **5.30 Shaun The Sheep Movie** (U, 2015) ★★★★★ **7.00 The LEGO Movie** (U, 2014) ★★★★ **8.45 Penguins Of Madagascar** (U, 2014) ★★★★ **10.20 The Lord Of The Rings: The War Of The Rohirrim** (12, 2024) ★★★★ **12.35-2am Buffalo Kids** (PG, 2024) ★★★

SKY CINEMA ACTION

11.25am Gladiator II (15, 2024) ★★★★ **1.55 Wonder Woman** (12, 2017) ★★★★ **4.20 Venom: The Last Dance** (15, 2024) ★★★★ **6.25 Normal** (15, 2026) ★★★★ **8.00 Spider-Man** (12, 2002) ★★★★★ **10.10 The Lost City Of Z** (15, 2016) ★★★★ **12.40-2.35am Enter The Dragon** (18, 1973) ★★★★

FILM4 freeview 14

11am Paw Patrol: The Movie (U, 2021) ★★★★ **12.40 Prince Valiant** (U, 1954) ★★ **2.45 Mr Hobbs Takes A Vacation** (U, 1962) ★★★ **5.00 10 Things I Hate About You** (12, 1999) ★★★★ **6.50 The League Of Extraordinary Gentlemen** (12, 2003) ★★★ **9.00 Twister** (PG, 1996) ★★★★ **11.15 Beast** (15, 2022) ★★★★ **1.05-3.15am Monster Hunter** (12, 2020) ★★

TALKING PICTURES freeview 82

11.30am Crow Hollow (PG, 1951) ★★ **12.50 What's On TPTV With Noel 1.00 Richard The Lionheart 1.35 The Green Man** (PG, 1956) ★★★★ **3.10 Confession** (PG, 1955) ★★★ **5.00 Cinebox Memories 5.05 Doctor In The House** (PG, 1954) ★★★★ **6.55 Cycling Proficiency 7.00 The Footage Detectives 8.00 Maigret 9.50 The Saint: The Fiction Makers** (U, 1968) ★★★ **11.55pm-1.55am Murders In Hossegor** (15, 2017) ★★★

GREAT! MYSTERY freeview 50

1pm In Plain Sight 2.00 Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Hailey Dean Mysteries 11.50pm-1.45am Nelly Knows: All Manner Of Murder (PG, 2025) ★★

GREAT! ACTION freeview 42

11am Operation Cross Eagles (1968) ★★★ **1.00 The Unit 2.00 Burn Notice 4.00 The Double** (12, 2011) ★★ **6.00 The Unit 7.00 Burn Notice 9.00 Anthropoid** (15, 2016) ★★★★ **11.30 The Avengers 12.30-1.30am The New Avengers**

Hols from £9.50: Price per person based on four sharing. Multiple codeword/code collect or digital subscription required. Subject to availability. Terms and Conditions and date restrictions apply. For full T&Cs, see thesun.co.uk/holidays. Sun Club: 18+ UK only. New customer offer: £1.99 per month unless you cancel at least 7 days before your next billing date. For full Sun Club T&Cs, visit thesun.co.uk/club

Fab DAILY

Edited by SARAH BARNS and JOEL COOPER

GR-EIGHT SUMMER BLOUSES

FROM romantic broderie to floral and puff sleeve, Fabulous Stylist EMILY REGAN rounds up her pick of the prettiest high street blouses to see you through summer.

Purple blouse, £27.99, Zara

Peach floral print with long sleeves, £46, River Island

Blue floral print with flutter sleeves, £30, Next

Orange paisley, £35.99, Mango

Pink ruffle, £19.99, H&M

Cream polka-dot puff sleeve, £18, F&F at Tesco

Cream with ditsy blue floral print, £28, Marks & Spencer

Blue broderie, £16, Primark

For many couples, sex with another person would spell the end. But for Sophie and Sean Owen, from Basildon, Essex, it's the secret they say has kept their marriage alive

By MEL FALLOWFIELD and YASMIN HARISHA

ARRIVING at a swinging club, Sophie and Sean glance around the room.

They know that, by the end of the night, one of them will be having sex with someone else.

For most couples, it would spell disaster. But for them, it is the secret they say has made their marriage stronger than ever.

For the past 18 months, Sophie, 39, and Sean, 43, have been going to swinging clubs, including one in Amsterdam.

And while they both love the scene, only Sophie has indulged in anything sexual outside their marriage.

She says: "It makes us laugh that other women see it as a challenge that Sean isn't up for it and always tell him he'll come round, but he won't.

"He has no interest in being with anyone else, but we both enjoy the whole scene.

"The people are so friendly – it's rejuvenated our life."

Around 1.5million British people are thought to be part of the swinging scene, with many of them married or in long-term relationships.

Research suggests that married men are more than three times as likely as married women to say their ideal relationship includes other sexual partners.

Dressed and up for some action

Outside sex club and ready to party

'No pressure'

But for Sophie and Sean, who have two children, aged 17 and 14, it is the other way around.

Sophie, who is bisexual, says: "People have so many misconceptions about swinging.

"One of the most common ones is that it's driven by men – but I'm the one that first mentioned it to Sean as I like women, too, which he's known for years."

The couple, who have been together since their teens, only started exploring swinging after their wedding in August 2024.

"We owned a graphic design and signage business and worked all the hours imaginable," Sophie explains.

"Our life had become all work and no play. But then we went to Turkey for our wedding and stayed there for three weeks.

"It was blissful, and we took stock of our lives. We decided to wind down the business and start afresh.

"We also vowed to have more fun and socialise."

But it wasn't until two months later that a friend of Sophie's invited them to her house for a private swinger's party – and the couple decided it was time to explore.

Sophie says: "She had a great social life. I remember a couple of years ago, I'd asked her how she knew so many people and she admitted she was a swinger.

"We were both intrigued, and when she invited us to a party after our honeymoon, we decided to go along."

At the house, the couple were surprised to see a birthday banner outside. But they later discovered it is a common ruse so nosey neighbours do not realise what is happening behind closed doors.

Sophie says that what she and Sean witnessed when they walked in was rather eye-opening.

"We were one of the first to arrive, and there was party food like sausage rolls out," she remembers.

"It all felt a bit awkward and within ten minutes, we were on the verge of leaving but we ended up staying for about an hour.

"By then, there were around 60 people there and the action was starting. People got chatting to us, but only in a friendly way.

"There was absolutely no pressure to join in, as we said it was our first party.

"There wasn't much going on in front of us, but people kept disappearing upstairs."

'He has no interest in being with anyone else but we both enjoy the whole scene. People are so friendly, it's rejuvenated our life'

The couple say they "weren't ready for it then", but by the time New Year's Eve came around they decided to try going to a swinging club – and loved it.

"I suggested it," says Sophie. "We were both excited but nervous, too.

"That night, we just chatted to people and enjoyed the scene.

"We realised we definitely prefer clubs as we like to be able to find a private space to indulge with other people.

"At house parties, there just isn't the space so there are often large groups on the bed together, which isn't our scene.

"It's not all about the sex, though. We've taken going to parties really slowly, but the atmosphere and sense of freedom is great so we have started going more regularly."

The first time Sophie had sex with someone else was on the couple's fourth visit to a party.

Each time, Sophie has only had sex with other married women, while Sean – and the other husbands – either watch or sleep with their own wives.

"I was really nervous that Sean wouldn't enjoy the thought of it but fortunately, he did," Sophie says.

"And the more clubs we went to, the more fun we've had.

"The sex the next day is always phenomenal, remembering how naughty we were the night before."

While the couple are enjoying a new way to spice up their marriage, Sophie insists it is vital they have an emotional bond with their "playmates" first.

She says: "Some people will meet, and within five minutes they'll get down to it – and that's great if that's what they enjoy. But we like to form a connection with other people.

"We've now played with three or four other couples at different events, but Sean and the other man have only

WE GO SWINGING EVERY WEEK... BUT ONLY ONE OF US HAS SEX

The other one just watches

'We were in a field and got down to it. When we heard someone and ran into the undergrowth, Sean got his bits stung by nettles'

touched their own wives, while me and the other woman get down to it."

For Sophie and Sean, there is another non-negotiable.

They say communication is key in their unconventional relationship and they have boundaries in place.

Sophie explains: "We've learnt so much since we started going and met some incredible friends.

'Garden love shack'

"We've always talked openly before we go and set out boundaries, and we have a safe word – 'ring' – in case either of us ever gets uncomfortable, but we've never had to use it.

"We find it interesting talking to other couples about how they navigate it.

"One couple have been swinging for 35 years and they always hold hands throughout any action and give a light squeeze if they want to stop."

While Sophie and Sean are relative newbies on the swinging scene, they have always enjoyed an adventurous sex life, from doing it on planes and trains to outside – though their saucy fun in the great outdoors has not always been successful. "There was one occasion which was very funny," says Sophie.

"We were in the middle of nowhere in a field, and we got down to it.

"When we heard someone coming and ran into the undergrowth, Sean ended up getting his bits stung by nettles."

But since the couple started swinging, their sex life has got even better.

"We've gone from a couple of times a week to twice a day," says Sophie.

"We've even converted the office we had in the garden into a love shack so we can really let go without the boys hearing.

"They'll eventually cotton on but at the moment, we think they don't know."

It's not just the couple's sex life that has improved, though, it's their overall relationship.

Sophie explains: "We were always very close anyway – you can't go swinging if you aren't.

"If there's a crack in your relationship, it could become a canyon very quickly.

"But swinging has taught us more about communication and trust than ever before, and we are both more confident. Life is definitely not all work and no play any more."

However, there is still some time left over for work, as Sophie – who has talked about her experiences in a book, called Unleashed and Liberated – and Sean have set up an online sex toy business, lovedo.co.uk.

Sophie says: "We have nothing to be ashamed about and I want to share our story with other people as it has been so life-changing for us."

Sean adds: "People are really surprised when they realise I have no interest in any other woman – I get asked about it all the time.

"One of our good friends has even said, 'I wish I was like you'.

"But Sophie is absolutely perfect to me – she's ten out of ten both in and out of bed so I don't need anyone else. I only have eyes for her.

"But we do both really enjoy the lifestyle. Everyone is so respectful and friendly, and it is an exciting and new vibe so we are both happy and closer in every way."

Pictures: LORNA ROACH

Fab DAILY

HOT or NOT

GOING UP

HIDDEN TREASURE

TARAH DeWITT'S new romance Lost And Found promises an emotional, friends-to-lovers read. With a sun-soaked backdrop, it is your ultimate beachside page-turner. It hits bookshelves tomorrow, priced £10.99.

FASHION GODDESS

WHILE promoting The Odyssey, Zendaya's wardrobe choices have caused a huge spike in social media and TikTok searches for "gladiator heels", proving that once again, when it comes to iconic red carpet looks, she rules the empire.

GOING PAPERLESS

FESTIVALGOERS rejoice! The Wild Wipe is here to save us ladies from the nightmare of cubicles and portaloos running out of paper. Billed as a compact "squeegee" to keep women dry after a wee, this reusable eco-friendly aid is £13.99.

HOLIDAY HANGOVER

HEADING on holiday should be bliss but there is often a catch. Research from Simba shows 76 per cent of Brits find travel wrecks their kip. A massive 23million of us waste up to two days of annual leave battling a holiday sleep hangover.

HO HO NO

INSTAGRAM'S algorithm is already pushing festive content on to our feeds, prompting outrage across social media. Not to sound like the Grinch but we have not even wrapped up peak summer yet. It's a no from us.

KNEE BYE

HIGH-fashion runways are trying to pitch styling knee-high laced boots with short-shorts. Unless you fancy enduring shin sweat in 30C and taking 20 minutes to remove your footwear, this trend is completely unfit for purpose.

GOING DOWN

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dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

Boyfriend's bro had me on sofa

Dear Deidre

AN event at a recent family barbecue has turned my life upside down . . . I had sex with my boyfriend's brother.

I'm 25 and my boyfriend is 27. We've been together for three years. His 26-year-old brother recently moved back to our town after a messy break-up with his long-term girlfriend.

The brothers' parents hosted a "welcome home" party in the garden.

It was a hot, sunny day and the drinks flowed way too fast. As my boyfriend was busy helping his dad with the barbecue, I found myself getting on very well with his brother.

Looking back I could feel the chemistry building then. We eventually all took a taxi back to our flat and went to our respective beds.

In the early hours, I crept down to the living room to grab a glass of water as it was too hot to sleep.

The brother, who was crashing on our sofa, sat up in the dark and we started chatting.

I ended up sitting on the edge of the couch and he reached out for me. We started kissing passionately and it led to us having sex right there, on the settee.

We were so caught up in the moment that neither of us heard my boyfriend coming down the stairs until he walked into the living room.

All hell broke loose.

I ran upstairs while they shouted and screamed at each other, a confrontation that only ended when the brother stormed out.

After a week of silence, my boyfriend confessed he still loves me and wants to salvage our relationship but my phone keeps lighting up with texts from his brother saying he's crazy about me.

I'm torn because I think I love them both, and I have no idea who to choose.

DEIDRE SAYS: The sudden move your boyfriend's brother made on you feels suspicious.

You need to look closely at the motives behind this betrayal.

If the younger brother has come home and so quickly muscled in on his brother's girl, this might be more to do with sibling rivalry than genuine passion for you.

That said, if that one night has made you feel genuinely torn between your boyfriend and his brother, your current relationship has likely run its course anyway. The trust is gone.

Be wary about getting involved with the younger brother.

He sounds to care more about himself and outdoing his brother than anyone else.

If this is just a competition to him, he'll lose interest the moment he wins.

You deserve better than being a trophy.

dear deidre

Scan this QR code to talk to trained counsellors, Mon-Thurs, 1pm-4pm. We're humans, not chatbots.

LIVE Chat

FEAR I'M NOT BIG ENOUGH

Dear Deidre

MY girlfriend caught a glimpse of me naked while I was changing into my boxers and her expression showed she was less than impressed. It has had a devastating effect on my confidence.

I am 21 and she is 19. We have been dating for almost three months. I have been having terrible anxiety attacks because she wants to have sex with me.

She is much more sexually experienced than me and I don't think my penis is big enough for her.

Because of this I have been constantly making up excuses, but I know I can't keep putting her off forever.

I really care about her and don't want to lose this relationship, but the fear of rejection is overwhelming me.

I am running out of options and time. I am totally lost and I need some advice on how to handle this situation.

What should I do to overcome this fear. Should I talk to her honestly and try to fix this difficult problem?

DEIDRE SAYS: You have to forget her past and keep reminding yourself that she is with you now.

Ultimately, it is genuine consideration that thrills a woman, not mere inches, and that is something that can be learned over time.

If you want to build your confidence, my support pack, Penis Size?, Will help you. You can easily overcome this anxiety, improve your intimacy, and master the techniques that truly matter to your girlfriend.

Focus on what you can control.

DREADING MULTI-GEN HOME LIFE

Dear Deidre

THE prospect of another person moving into our shared home is filling me with dread, especially since three women sharing one kitchen feels like a recipe for disaster.

I'm 67 and my husband's 68. We originally bought a house with our son and daughter-in-law 12 years ago when our two granddaughters were still just teenagers, and back then, the arrangement worked well.

Since then, the elder granddaughter has moved out to start her own life. But my other granddaughter is now 24, earns a great salary, and wants to move back home with her boyfriend so they can save for a deposit.

I'm dreading living in a house crowded with three family units. It'll be too cramped and chaotic.

My son doesn't see an issue with them living with us temporarily but I can see there will be no incentive for them to ever save up and buy their own place. Am I being unfair?

DEIDRE SAYS: Welcoming another partner into a shared home is a big deal and one that will affect everyone. Many young people struggle to afford a place of their own so it's understandable your son wants to help them.

Suggest you all discuss how this might work and why it might not.

Would a clear timeline help you feel more comfortable?

Is there any way to rearrange the current layout to build a separate area for them? They would likely prefer their own private space.

hot topic

MANY people don't realise their drinking has become a problem until they start relying on alcohol to cope with stress, unwind, or get through the day.

Even if you're not drinking every day, it can still have a significant impact on your wellbeing and the people around you.

If you're worried about your relationship with alcohol, my support pack, Drink Problem?, can help.

stories deidre's photo casebook | LIBBY'S JOB: DAY 1

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

Dear Deidre

EX TREATED AS PART OF FAMILY

RETURNING to my childhood home is so awkward, because my ex-girlfriend is treated like she is one of the family.

I am 29 and she is 27. We were together for almost two years but when I ended our relationship, she remained a permanent fixture in my mum and sister's lives.

I moved on and now have a lovely new partner and a beautiful six-month-old daughter, but my family's loyalty seems to be with my ex. It all came to a head when my sister got married.

My ex was invited to shop for the dress and hen do, while my partner was excluded.

Then my ex was seated at the main family table – while the mother of my child and I were seated away from them. I felt like I had been publicly rejected. To make matters worse, my mum rarely makes the effort to visit us. Yet, whenever I try to pop in so they can see their granddaughter, my ex always happens to be sitting on their couch.

Mum and I had a massive falling out because my family smokes, and I banned it around my child.

My daughter is growing up so fast, and they are missing out on every milestone because they seem to prefer hanging on to the past over the present.

I want them in her life, but I won't compromise my daughter's health just to keep the peace.

DEIDRE SAYS: Your daughter will miss out on important family bonds if her grandparents are completely alienated, but you are absolutely right to protect her from the harmful effects of tobacco smoke.

Try offering an olive branch to mend this rift. Arrange to see your mum alone and explain how much you want her to be a meaningful part of your daughter's life. To avoid tension, arrange your visits for times when your ex definitely isn't around.

When discussing their smoking, try asking rather than ordering your family to stop around your daughter, and suggest family outings in the open air instead.

My support pack, Standing Up For Yourself, will help you navigate these boundaries.

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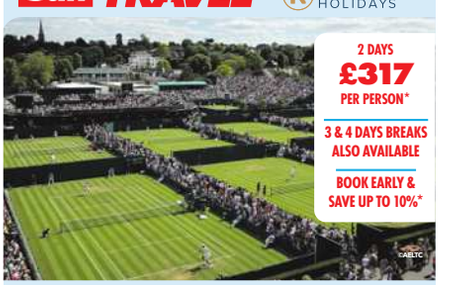

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Janet Quinn, 63, nr Banbury

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Why this Portfolio

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With fewer opportunities to engage with friends and family, those crucial social connections can become fragmented or even lost altogether.

Access to technology such as smart phones or computer tablets, can help to significantly reduce the risk of loneliness, depression and cognitive decline often associated with the older generation.

This easy-to-use Portfolio 10" tablet is designed for ANYONE who would like to get online, but isn't quite sure how to go about it.

With simple, jargon-free instructions, you'll be amazed at how easily this tablet can turn the fear and anxiety of getting online into a surprisingly joyful experience.

Connecting with friends and family, old and new, has never been easier. You never know... you might even have some FUN!

PLUS...ESSENTIAL READING!

'One Step at a Time' is a treasure trove of tips and tricks! Written in simple, straightforward, jargon-free English, it explains everything you'll need to know, from swiping the screen to finding hidden options. This unmissable book also explains the terminology and language that new technology has made its own. A must-read for tech newbies!

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I THINK Shane Richie should be sacked from EastEnders after being charged with drink-driving following a petrol station rant about vaping on the forecourt.
SYLVIA MONK
Hayling Island, Hants

I AM sick of adverts telling us we need to save water and that billions of pounds are being invested.
Britain is surrounded by water. We should be building desalination plants countrywide.
TOMMY HAZLEHURST
Goole, East Yorks

THE Sun Says column is spot on. Non-British prisoners should serve their sentences back in their own countries.
It is not fair on the public that criminals are being released early simply because our jails are full of foreign crooks.
PADDY MAXWELL
Southampton

LABOUR needs to stop plundering money on things like benefits and grants for firms that hire young jobseekers on Universal Credit.
The Burnham bubble will burst when bills are due for the NHS, social care, defence and the cost-of-living crisis.
GEORGE WILKINSON
Romford, Essex

BY telling her story about being dumped by TV Gladiator Giant, OnlyFans model Taylor Ryan has no doubt boosted her followers.
KAYLEIGH McCREA
Crossgar, Co Down

Bolster British borders, Mr B

£50 LETTER

IT is laughable that Andy Burnham offers Spain help with its border but fails to police our own.

Many of those migrants pouring into Ceuta, Spain's enclave in Morocco, have vowed to go to Britain.

Unless our political class quickly take firm control of our borders and close them, the UK will be no more.

IAN NICHOLSON
Workington, Cumbria

THE pictures of the 60,000 illegal migrants storming Ceuta were shocking, with at least 72 deaths.

Some have voluntarily gone back, but some may be on their way to Britain too. That's all we need.

Let's hope Andy Burnham is up to dealing with this huge problem.

SCOTT YETTON
Papworth Everard, Cambs

WITH many of the 60,000 migrants saying their aim is to get to the UK, action is needed by the Government to deter this potential threat.

A ban on the UK Border Force assisting the small boats and a stop to any benefits and accommodation would be a welcome start.

HARRY HODGE
Aldershot, Hants

IF we had more legal routes we could stop the illegal immigration.

It's so dangerous and it breaks my heart to see these desperate people lose their lives in the Channel, and elsewhere, especially women and children. At the end of the day they are still human beings.

LIZ SMITH
Brighton

MPs Clive Lewis and Rachael Maskell are opposed to Andy Burnham approving the North Sea Jackdaw gas project.

Don't they understand that producing our own oil and gas is much cheaper than importing it? Even my 11-year-old great grandson grasps the advantage of our own production.

NORA KENT
Windsor, Berks

CHALLENGE . . . PM

THE decision by BP to sell off its North Sea operations, with the potential loss of thousands of jobs, is a sucker punch to British industry and investment, which will impact our economy and already sky-high energy prices.

LESLEY EVANS,
Walsall, West Midlands

LABOUR'S dithering over North Sea drilling has prompted BP to quit with the loss of 1,100 jobs and maybe more to follow.

The PM got into No10 by the back door and could soon leave by the front door!

BERNARD BUCKLEY
Llanelli, Carmarthenshire

IT'S not for consumers to help Thames Water make more profits by stopping using hose pipes to water the garden and wash the car.

I'll use as much water as I see fit.

RICHARD FARRAR
Chelsea, West London

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YESTERDAY'S SOLUTIONS

Teaser

1	5	8	4	3	6	7	2	9
3	4	2	7	5	9	6	1	8
9	6	7	2	8	1	3	4	5
7	9	6	8	2	4	1	5	3
2	1	5	9	7	3	4	8	6
8	3	4	1	6	5	2	9	7
6	8	1	3	9	2	5	7	4
4	7	3	6	1	8	9	6	2
5	2	9	6	4	7	8	3	1

Toughie

2	7	4	6	8	5	3	1	9
3	8	9	2	1	7	5	6	4
5	1	6	4	3	9	2	8	7
6	2	5	9	7	8	1	4	3
4	3	7	1	5	2	6	9	8
8	9	1	3	4	6	7	2	5
7	6	2	8	9	3	4	5	1
9	4	3	5	2	1	8	7	6
1	5	8	7	6	4	9	3	2

Set Square

7	−	6	+	2
+		+		×
5	−	4	+	8
−		−		−
9	×	1	−	3

Quizword
ACROSS: 1 Writer's cramp, 8 Chad, 12 Toffee apple, 13 Mandela, 14 Fulham, 15 Picts, 16 Widget, 20 Nosferatu, 22 Steel wool, 23 Amoroso, 25 Tanni, 26 Rita, 29 Teal, 30 Xenon, 31 Strauss, 35 Amazonian, 36 Louisiana, 38 Stella, 39 Bunty, 40 Alsace, 44 Chianti, 46 Hypotension, 47 Babe, 48 Ronan Keating.
DOWN: 2 Raffles, 3 Theta, 4 Roar, 5 Capsicum, 6 Abel Tasman, 7 Puma, 8 Canticle, 9 Abe, 10 Stefani, 11 Mantilla, 17 Goodies, 18 Sans serif, 19 Ceanothus, 21 Earl, 24 Mbabane, 27 John Buchan, 28 Fats, 29 Transect, 32 Hollande, 33 Flat spin, 34 Cayenne, 37 Arabian, 41 Lindt, 42 Dior, 43 FTSE, 45 ISA.

Sun Sakuro 1
375
196
482

Mini Fit
CUB, MINX, MOOR

Clue Square
Inlet, Tiler, Gilet, Bilge, Glint, Merlin, Nimble, Gerbil, Mingle, Tingle, Belting, Ringlet, Melting, Trebling, TREMBLING

Brickwork
1 Car 2 Race 3 Carer 4 Crater
5 Terrace 6 Creature 7 Caterer
8 Create 9 React 10 Cart 11 Tar

Minidoku

4	3	2	1
2	1	3	4
1	2	4	3
3	4	1	2

4	2	1	3
3	1	4	2
1	3	2	4
2	4	3	1

Arroword

		S	U	U	L	E	T	
L	E	A	P	S	T	R	A	I	N	E	R	S
L	V	O	W	E	L	G	L	F	A
M	A	T	T		M	E	G	A	S	T	A	R
	C	L	E	N	A		O	C	H		W
T	U	N	E	D	P	R	O		R	E	A	L
B	E	S	T	L	L		S	Q	U	A	R	E
L	E	A	S	T		E	Y	E		B	R	E	D

Pathfinder
SPUMANTE, CHAMPAGNE, ASTI, PROSECCO, CREMANT, BUBBLY, CAVA, KIR ROYALE, BRUT, BUCK'S FIZZ, MIMOSA, DEMI-SEC

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934
586

Pub Quiz
1 Bong Joon Ho
2 Tracy Chapman
3 Mark Lamarr
4 Two
5 White Mountains
6 Catalyst
7 Discworld by Terry Pratchett
8 Dwight D. Eisenhower
9 [c] The smell of earth after rain
10 Jersey
11 Dashi
12 Eleven

Suguru

1	2	1	2	1
3	4	3	4	5
2	1	2	1	2
3	5	3	4	3
1	2	1	2	1

Two-Speed Crossword
ACROSS: 1 S-c-hwa, 4 F-orb-ear, 8 Reserve, 9 Means, 10 Whimsical, 11 Obi, 12 Ch-ees-e, 14 Edible, 17 Elm, 19 Renegades, 22 (W)hinge, 23 Parlou(s)-r, 24 V-is-i-to-r, 25 Ho-k(h)-um.
DOWN: 1 S-crew, 2 Ho-sti-le, 3 Arras, 4 F-(w)rench, 5 Rump-led, 6 Era-to, 7 Respire, 12 Chekhov (check off), 13 Sur-f-e-it, 15 Be-d-rock, 16 Snip-er, 18 M'i-nus, 20 Gir-th(e), 21 St-rum.

Word Square
ACROSS: 1 Opens 2 Canon 3 Eddie 4 Arose 5 Newer
DOWN: 1 Ocean 2 Padre 3 Endow 4 Noise 5 Sneer

NumberCrunch
Easy: 81
Medium: 465
Harder: 26

Mini Jigsaw
DREAMS, ISRAEL, FAMINE, CANAAN, PRISON, SIMEON

Cell Blocks

Word Ladder
FAST, Cast, Cost, Coot, Clot, Slot, SLOW

Futoshiki

4	5	2	3	1
5	3	1	4	2
1	4	5	2	3
2	1	3	5	4
3	2	4	1	5

Spot The Saying
1. MIXED DOUBLES
2. GIVEN TO EXCESS

Add Up
64, 89, 94

Wordsearch

Numberfit

9		4	7	9	8	9	2	1	5	4	0
9	4	5		6		4		8		6	
4		6	7	0		7	4	6		6	7	8
2	1	3		4	6	0		8		1	
	7			8		2	1	6		2	
3	4	0	5	7	9	2		9	3	5	9	3
	7			9		0		6		3	
5	8	1	8	5	5	6		6	2	7	3	2
9	6		1			6		3		2	
2	5	0	5	8	1		4	7	7		2
7		3		9	9	6		3	0	9	9
6	5	1	1	5	1		5	2	1		9
				1	4	2		8	6	4	

Make Tracks

Mind The Gap
Hexagonal, Pineapple, Ignorance, Parameter, Suspended, Advantage, Excitable, GARMENT

Mini Code

T	I	E	D	
O		N	U	T
U	D	D	E	R
R	O	E		O
	E	D	I	T

Missing Link
Mind, Sign, Calm, Pick, Team, Soup, Over, Pack, Vice, Rent, DICK TURPIN

THE Sun BINGO 8! PLEASE PLAY RESPONSIBLY

Play smart with Sun Bingo by setting Deposit Limits and using Reality Checks. Visit sunbingo.co.uk/smart-tips to find out more. 18+ GamCare.org.uk

Mystic Meg

with MAGGIE HYDE

ARIES March 21 – April 20

No Monday morning blues for you. The moon in your sign is linking to the life force itself, making any kind of fresh start a dead cert. So get back on track with your diet or fitness, while at work it's the perfect time to start a new project. And breathe new life into the things that have been neglected, including your sex life.

TAURUS April 21 – May 21

Building a powerful love affair with yourself can be hard, but it's well worth the effort. Lots of healthy self-esteem is worth its weight in gold, especially when you have to deal with those who like to throw their weight around. Your other half will love it too. New love can start with just a single admiring glance.

GEMINI May 22 – June 21

Your issues might feel varied but actually they all need the same thing. Just start the day with the affirmation "I deserve the very best". It's then easy to ask for what you want. A creative idea deserves attention. Choose a good listener so that you can put everything into words. Answers will then present themselves.

CANCER June 22 – July 22

Your default setting is to go at things sideways but there is little time for caution. The best results happen when you take the most direct route. Be honest and ditch your delaying tactics. Love still needs patience as a partner thinks things through, or while you and a new love interest suss each other out.

LEO July 23 – August 23

Start the week as you mean to go on. If you have problems, go straight to the person you need to talk to, or tell those in charge. Also note the things you learn today, as they are valuable lessons for the future. Your appetite for new experiences is growing by the minute – an energy that feeds your love life too.

VIRGO August 24 – September 22

It's summer, but the week starts with spring fever. Draw a line under anything that has taken up far too much time. A work backlog will start melting away as soon as you start prioritising. Save time by introducing simpler meals for kids who are fussy eaters. A love message in the morning is a promise for the evening.

LIBRA September 23 – October 23

Whether single or partnered, remember, you are on your own individual journey, so stick to your guns and keep going. When others realise you are no pushover you win new respect. If you are looking for a new love, the overly sensitive type will not work. You really need someone who is prepared to fight for you.

SCORPIO October 24 – November 22

Inside every Scorpio is a warrior spirit, and nothing brings it out faster than urgent challenges. Crisis management is one of your major strengths, and it will not go unnoticed at work. Go the extra mile in your personal life too, especially for an unwell friend. Wear red for luck, and if you want to stand out in a crowd.

SAGITTARIUS November 23 – December 21

Your planet Jupiter is fired up and loves to liberate, so it is easy to dismiss any moans or groans. Take a new look at issues in your life and you will see what could still work with just a little effort. You may even save time by restarting something from scratch, so don't delay. Luck is attached to the number one.

CAPRICORN December 22 – January 20

If you feel that all you do is look out for others, or agree with whatever everyone else says, try starting the week by putting your own needs first, and don't budge in the face of any objections. The chance to get on with things you love to do is a mood changer. Look out for a lucky ladybird for your top love clue.

AQUARIUS January 21 –February 18

The power of self-belief is today's rocket fuel for you, so back yourself, make your resolutions and even write them down. The universe loves a wishlist, especially when left alone to get on with it, so distance the people who drain you. Those who understand you will be cheering on this Aquarian with a mission.

PISCES February 19 – March 20

You're the dreamer of the zodiac, but also an expert schemer. When you set your heart on a prize, you are suddenly that person with boundless creativity and charisma. Whether it's a new job, a relationship issue or a personal ambition, it's just a matter of taking that first step. Remember, you're not alone.

Phone Meg's psychics for a chat on 0905 005 8102

Or to pay by credit/debit card call 08000 356 684 or mobile users call 020 7111 6406

Text a psychic. Just text MEG then a space and your question to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HH.

Sunpuzzles

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Get TWENTY daily puzzles Tuesday-Friday in The Sun... and even more at weekends

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

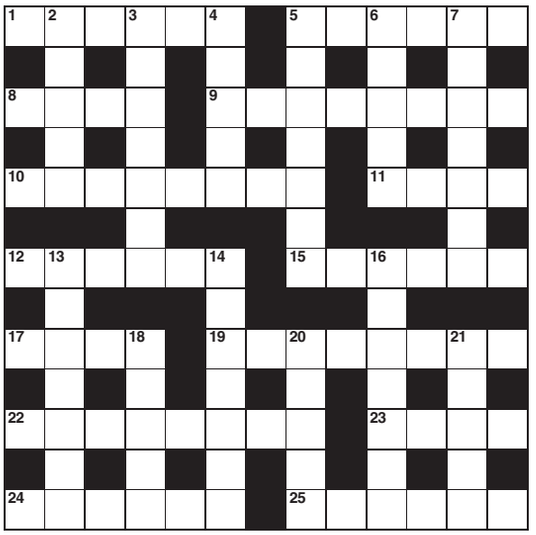
Cryptic

ACROSS

1 Body part lost in Barking (6)
5 Thinly scattered fights with Earl (6)
8 Rush to shave head for colleague (4)
9 Laird can upset important Roman Catholic (8)
10 Real duty to transform extra-marital relationships (8)
11 Therefore, leave after jerk exposed (4)
12 Stone block of writing material in brook (6)
15 Prefer to desert that woman (6)
17 Murdoch, perhaps, overwhelmed by Blairism (4)
19 Regularly join and unjoin tissue for martial art (3-5)
22 Rope flag off for game (8)
23 Con rascal briefly (4)
24 Old power unit rejected by a capital city (6)
25 Waver, and hit red buggy (6)

DOWN

2 Tipsy, I was in front, supporting Oscar (5)
3 Bulky pants found in shed, oddly – a pale shade (3-4)
4 Part of weirder cult turned up for money (5)
5 Rose's second entreaty (7)
6 Tolerate American behind cleaner, mostly (5)
7 Small metal plate from bridge injured leg (7)
13 Wrong to capture soldiers in distress (7)
14 Officer caught anthrax, at first, in part of Spain (7)
16 Matching items obtain favour of son during Vietnamese festival (7)
18 Partitions tapes, unusually (5)
20 Encouraged rude oddball to take German (5)
21 Charlie entering into transaction for Flake (5)



Coffee Time

ACROSS

1 Lymphatic tissue at back of mouth (6)
5 Scanty (6)
8 Supporter (4)
9 Of fundamental importance (8)
10 Infidelity (8)
11 Thus (4)
12 Play in real time (6)
15 Somewhat (6)
17 Coloured part of the eye (4)
19 Japanese combat sport (3-5)
22 Jump over (8)
23 Swindle (4)
24 Location of the Supreme Court of Canada (6)
25 Vacillate (6)

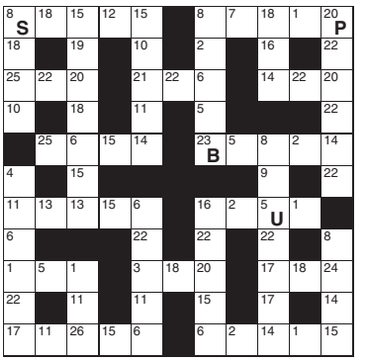
DOWN

2 Lubricated (5)
3 Colour often seen outside (3-4)
4 Sordid gain (5)
5 Gadget emitting a fine mist (7)
6 Endure (5)
7 Sequin (7)
13 Suffering (7)
14 Largest of the Balearic Islands (7)
16 Cardigan and jumper made to match (7)
18 Dividing structures in cavities (5)
20 Drove (5)
21 Graduated series (5)

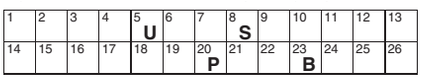
Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

WORD WORKOUT



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z



The world's best brain-teaser – our clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter E, write E in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION. ACROSS: Larynx, Opus, Mesh, Liquor, Convenience, Fewest, Pick, Jade, Orator.
DOWN: Gazebo, Myth, Explanation, Mosque, Ludo, Viewed, Cuckoo, Exam, Pray.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

DOUBLE SunDOKU

TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

8			6				2	
		6					1	9
9	5		7	4		6		
	9		5	8	4			
1		5			6	4		
	6	4			7	9		5
			1	7			4	
	1		9		2	8		
6				3		1		2

TOUGHIE

Call 0905 757 0152 for clues or solutions
Cost £1 per minute plus network charge

			4	2	1			
	1		5		6		3	
5								7
2		8				3		6
	3			6			8	
	4		3		5		9	
	8	1				6	2	
4	6	3	7		2	8	1	9

Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary).
Helpline: 0333 202 3390 (9am-5.30pm).
Service provider: Spoke, W1T 4HD

SUGURU®

	4	2		
		1		
	4			

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an inventor:

1 2 3 4 5 6 7 8 9 10 11 12 13 14

14 & 1	Former MP and House of Lords member dubbed the "Chingford Skinhead"
3 & 9	Director and star of Citizen Kane
2 & 10	American songwriter who wrote Stardust and Georgia On My Mind
5 & 6	Third president of Egypt from 1970 until his assassination in 1981
8 & 11	Modern Family's Jay Pritchett
12 & 4	Director of films including Collateral and Heat
7 & 13	Jeff, who played Harry Dunne in Dumb And Dumber (third and fifth letters of name)

Yesterday: Actress MEGAN FOX ((Phil and Don) Everly, Alex Oxlade(-Chamberlain), Glenn Miller, Frankie (Lymon), (Allyson) Felix). Another Name Game in The Sun tomorrow.
Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

SUNDIAL

Brilliant: 28.
Excellent: 24. Good: 17.
Great score for kids: 13.

SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Deem, demo, demon, demote, dome, emend, emote, emoted, meet, mend, meow, meowed, mete, meted, mewed, mode, monte, mote, mowed, mown, neem, omen, teem, tome, women, ENDOWMENT.

Check today's solutions by calling **0905 757 0155** before midnight. Calls cost £1 a minute plus your network charge.

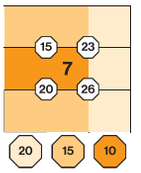
NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2025 was 34.7%

BRAIN BUSTER

Find three new four-letter words that can go between these pairs to make six new eight-letter words:

BLOW ___ LINE
NICK ___ SAKE
CARE ___ HOLD

SAKURO



Enter 1-9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.

WORDSEARCH

T	U	O	R	T	S	S
E	M	P	E	K	A	A
I	C	K	S	R	H	L
C	A	I	D	E	C	M
H	O	I	A	L	R	O
R	N	D	I	L	E	N
E	T	U	N	A	P	N

Find eight fish. Items can run forwards, backwards or diagonally. Solution on right.

30-SECOND NUMBERCRUNCH

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

EASY 91	-59	÷4	+64	Half of it	-27	×10	÷3	+208	÷7	ANSWER
MEDIUM 147	÷7	+494	÷5	-49	2/3 of it	+341	÷13	+373	Third of it	ANSWER
HARDER 197	-119	Third of it	+3131	2/7 of it	-786	50% of it	-49	Square root of it	×9	ANSWER

Yesterday's solutions

Teaser

1	5	8	4	3	6	7	2	9
3	4	2	7	5	9	6	1	8
9	6	7	2	8	1	3	4	5
7	9	6	8	2	4	1	5	3
2	1	5	9	7	3	4	8	6
8	3	4	1	6	5	2	9	7
6	8	1	3	9	2	5	7	4
4	7	3	5	1	8	9	6	2
5	2	9	6	4	7	8	3	1

Toughie

2	7	4	6	8	5	3	1	9
3	8	9	2	1	7	5	6	4
5	1	6	4	3	9	2	8	7
6	2	5	9	7	8	1	4	3
4	3	7	1	5	2	6	9	8
8	9	1	3	4	6	7	2	5
7	6	2	8	9	3	4	5	1
9	4	3	5	2	1	8	7	6
1	5	8	7	6	4	9	3	2

Two-Speed Crossword

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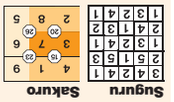
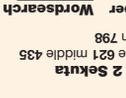
Today's solutions



Sakuro

Sugaru



Wordsearch

Number-crunch
34, 134, 27

Page 2 Sekta
Top line 621 middle 435 bottom 798

Brainbuster
Pipe, name, free

Advertisement

SUMMER SPECIAL

WIN £47,000!

Top Prize: £19,500 20x £1000 20x £375

L	K	G	X	T	M	K	I	Z	M	B	L	F	R	I	D	Y
R	C	J	U	G	J	P	P	A	T	I	R	E	L	A	N	D
L	S	P	A	I	N	C	F	J	W	Q	Q	G	U	L	N	I
L	P	L	N	E	X	F	K	W	P	B	N	T	H	X	K	W
D	F	X	T	B	I	Q	S	U	O	O	D	L	L	I	E	X
U	I	H	W	L	C	Y	E	F	R	I	Y	F	F	T	J	R
V	M	Q	T	Q	F	Y	Z	D	T	U	M	B	D	A	T	R
F	Z	T	U	R	K	E	Y	F	U	F	K	T	O	L	B	R
B	H	Q	Z	R	W	U	X	B	G	W	Y	V	N	Y	K	O
R	S	N	A	C	A	U	A	S	A	W	S	G	E	S	D	W
A	Y	H	Q	S	P	V	G	P	L	I	F	P	Y	P	O	Q
Z	S	G	R	A	S	J	R	K	E	O	N	V	L	A	A	J
I	P	C	O	E	M	M	E	E	X	L	V	M	L	U	O	K
L	D	H	X	W	G	J	E	B	R	Y	Z	D	D	O	R	T
H	U	D	W	M	E	E	C	G	F	A	I	Q	F	I	N	P
Z	M	S	J	W	L	R	E	T	F	W	I	N	N	E	R	C

One word from the word list below is NOT in the puzzle grid. This missing word is your £19,500 answer!

WORD LIST

SPAIN
ITALY
TURKEY
GREECE
PORTUGAL
BRAZIL
IRELAND
MEXICO

HURRY ! CLOSES MIDNIGHT TONIGHT!

To challenge you, we've also hidden a £1,500 'mystery word'. Find this 6 letter word in the puzzle and register your answer on our entry line for the chance to win another £1,500 cash!

Hint:

It rhymes with 'dinner'.

Here's your special chance to win **£19,500 cash** in our latest wordsearch competition. That's right, we're giving all United Kingdom residents who qualify and are over 18 the chance to **Win Nineteen Thousand Five Hundred Pounds Cash!**

All you have to do is find the MISSING WORD from the puzzle grid above and activate your entry for the draw now for the chance to win one of the 41 cash prizes available, worth £47,000.

Simply call our £19,500 correct answer phone line with your answer and you will be told on the phone if your entry has been accepted. But hurry because **we have limited the time for entries!**

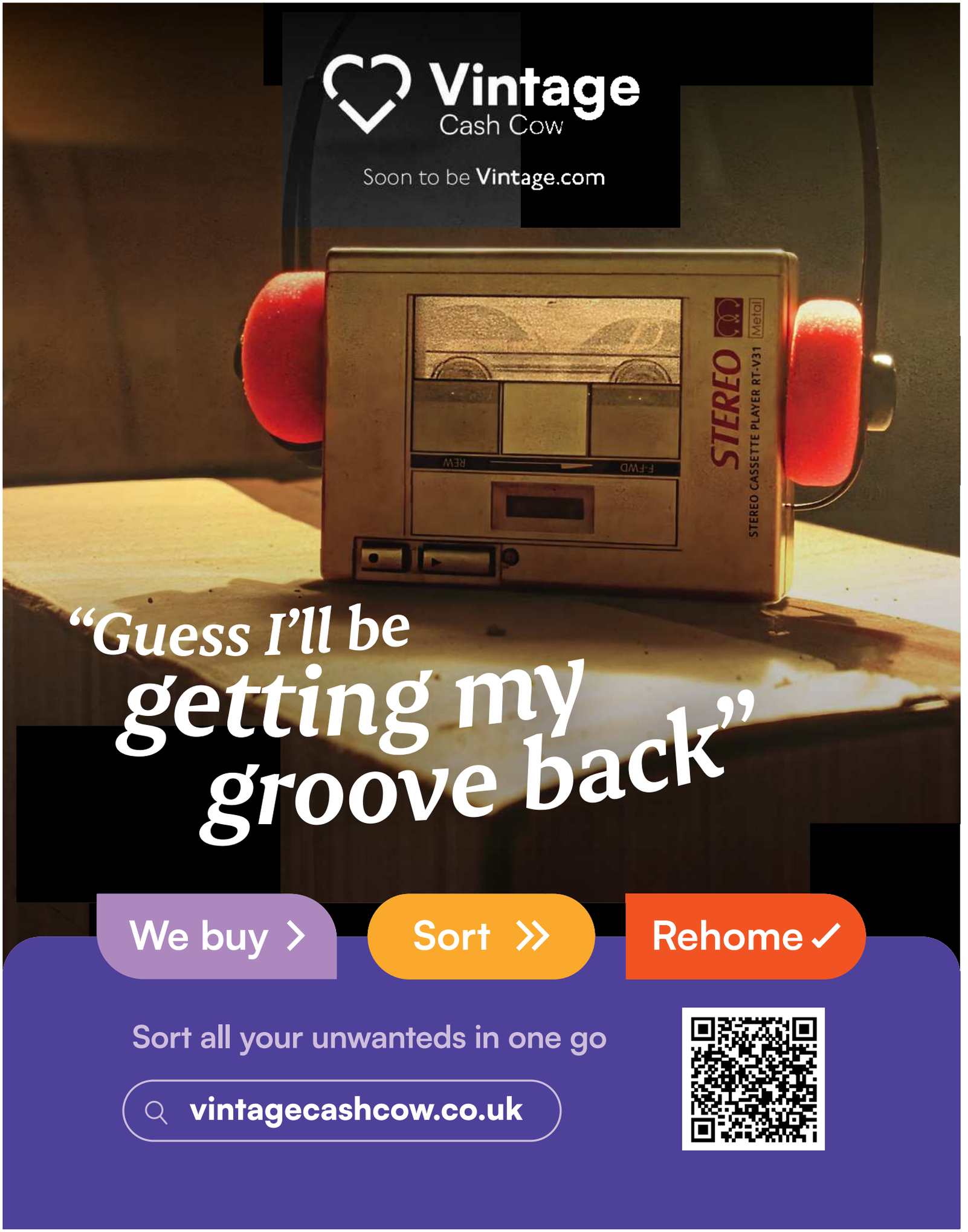
CORRECT ANSWER PHONE LINE

0902 375 0707*

Calls cost £3.60 plus your phone company's access charge and last only 1 minute.

***At the end of the first call you will be given the option to transfer to another competition phone line and register your answer for the extra £1500 Hidden Mystery Word Competition. If you choose to do so, the second call will last 2 minutes at a cost of £3.60 per minute plus your phone company's access charge. At the end of the second call you will be asked if you wish to be transferred to another phone line to register an answer for the £1,500 Quiz Challenge. The third call lasts 1 minute and costs £3.60 plus your phone company's access charge. Total cost to enter all 3 competitions is £14.40 plus your phone company's access charge. As a responder to this promotion, Wynnington Ltd may contact you regarding your entry and similar exciting offers by post and phone. You may refuse such offers by writing to us at Wynnington Opt Out, PO Box 166, Brighton, BN41 9ES or by calling us on 0808 206 4152 or by emailing us at wynnington@adetiq.co.uk.**

The £19,500 Summer Special competition may be promoted via different layouts of print and online media and may include various puzzle challenges. Each correct entrant is allocated a unique number between 1 and 513,131. Prizes available: 1 x £19,500; 20 x Secondary Prizes of £1000; 20 x minor prizes of £375. One winning number will be independently drawn for each available prize and if there is an exact match with an active entry the prize will be awarded. Alternative free postal entry: send your name, address and original completed puzzle sheet to customer services, marking your envelope '£19,500 Summer Special'. Approximate odds of winning a cash prize: 1:12521. Draw date: 30/04/2027. The extra £1500 Hidden Mystery Word Competition is run in conjunction with a number of other Wynnington competitions and requires entrants to identify the 6 letter hidden mystery word in any one of these separate Wynnington puzzles. One £1500 winner will be randomly drawn from the pool of correct entries on 30/10/2026. The £1,500 Quiz Challenge requires entrants to answer one of several possible multiple choice questions. One winner will be randomly selected on 30/10/2026. Wynnington are not responsible for errors or circumstances outside their reasonable control and reserve the right to amend competition rules to ensure a fair competition. Should you be a winner, your surname, county, testimonial and photograph may be used with your permission for publicity purposes. Actors' photos may be used to represent genuine winners. Our Registered Office is 1 Northfields, London, SW18 1PE, but all competition related queries should be directed to customer services. © Wynnington Ltd 2026, registered in Great Britain no: 8271507. T/A £19,500 Summer Special. Wynnington Customer Services, £19,500 Summer Special, PO Box 166, Brighton, BN41 9ES or call 01273 094991 or email wynnington@adetiq.co.uk. Full T&Cs and our privacy policy can be found at www.wynnington.co.uk.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Metal
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For perfectly manicured borders

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FREE Pack of 3 Spools

2

23cm Cutting Path

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Cordless 23cm 2-in-1 Grass Trimmer & Edger (2.0Ah Battery Starter Kit)

18V ONE+ CORDLESS BATTERY SYSTEM
One battery fits all Ryobi's cordless tools

Ideal for providing a pristine garden no matter its size or shape.

Compact and supremely versatile, you can use it as a line trimmer to cut through thicket, weeds and grass up against borders which mowers simply can't reach. Then quickly transition using the innovative EasyEdge™ function to edging mode and give your borders or lawn a nice clean finish. Featuring an auto-feed line which means you can keep working non-stop until the job is complete. Combined with pommel handle and supreme ergonomics to ensure comfy cutting even over extended periods of use. Lightweight (only 1.7kg), yet extremely robust, designed to take on all terrain.

Starter Kit includes:
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- FREE 3 PACK of Spools
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SPORTS ROUND-UP: RESULTS & FIXTURES

WILLIAM HILL PREMIERSHIP

HIBERNIAN (0)	**1**	**MOTHERWELL (1)**	**2**
Boyle 56 (pen)		Fadinger 40 (pen) Said 85 Att: 17,440	
ST JOHNSTNE (1)	**4**	**KILMARNCK (1)**	**3**
Fowler 16 Diabate 47 Schjonning-Larsen 69 (og) Fotheringham 80		Kiltie 37, Hugill 49 Holt 53 (og) Att: 5,733	
ABERDEEN (0)	**2**	**HEARTS (1)**	**1**
Mayo 90 Nisbet 90 (pen)		McEntee 35 Att: 18,513	
FALKIRK (0)	**0**	**ST MIRREN (1)**	**2**
		Phillips 11, 87 Att: 7,058	
DUNDEE UTD (1)	**1**	**RANGERS (0)**	**1**
Rose 38		Aasgaard 56 Att: 13,465	

WILLIAM HILL CHAMPIONSHIP - Ayr 2 Arbroath 0, Inverness CT 0 Dunfermline 0, Livingston 2 Queen's Park 0, Morton 0 Partick 1, Raith 1 Stenhousemuir 1.

WILLIAM HILL LEAGUE ONE - Alloa 0 East Fife 0, Cove Rangers 0 Airdrieonians 0, East Kilbride 5 Queen of South 1, Montrose 0 Hamilton 5, Peterhead 0 Ross County 1.

WILLIAM HILL LEAGUE TWO - Annan Athletic 2 Spartans 4, Clyde 3 Stranraer 1, Edinburgh City 0 Elgin 5, Forfar 1 Kelty Hearts 0, Stirling 2 Dumbarton 0.

FRIENDLY

SUNDERLAND (1)	**1**	**WREXHAM (0)**	**0**
Mukiele 34			

CRICKET

THE HUNDRED MEN

Trent Rockets v SunRisers Leeds

Trent Bridge: Trent Rockets 146-4 (100 balls; B M Duckett 64); SunRisers Leeds 141-4 (100 balls). **Trent Rockets win by 5 runs.**

MI London v Manchester Super Giants

The Kia Oval: MI London 183-6 (100 balls, W G Jacks 62; N Pooran 54); Manchester Super Giants 138 (95 balla, Markram 50; R K Arman 5-17). **MI London win by 45 runs.**

	P	W	T	L	NR	RR	Pts
Rockets	5	4	0	1	0	0.760	16
MI London	5	3	0	2	0	0.399	12
Fire	4	3	0	1	0	-0.222	12
Brave	5	2	0	3	0	0.104	8
Super Giants	5	2	0	3	0	0.021	8
SunRisers	4	2	0	2	0	-0.037	8
Spirit	4	1	0	3	0	-0.055	4
Phoenix	4	1	0	3	0	-1.207	4

THE HUNDRED WOMEN

Trent Rockets v SunRisers Leeds

Trent Bridge: Trent Rockets 139-7 (100 balls; S I R Dunkley 56); SunRisers Leeds 134-5 (100 balls; A J Sutherland 59no). **Trent Rockets win by 5 runs.**

MI London v Manchester Super Giants

The Kia Oval: MI London 92 (99 balls; R L MacDonald-Gay 3-19); Manchester Super Giants 95-4 (72 balls). **Manchester Super Giants win by 6 wickets.**

	P	W	T	L	NR	RR	Pts
Brave	5	5	0	0	0	0.490	20
Rockets	5	4	0	1	0	1.671	16
Super Giants	5	3	0	1	1	1.043	14
Spirit	4	1	1	2	0	-0.833	6
Phoenix	4	1	0	2	1	-2.184	6
Fire	4	1	0	3	0	0.294	4
SunRisers	4	1	0	3	0	0.284	4
MI London	5	0	1	4	0	-1.540	2

METRO BANK ONE-DAY CUP
GROUP A

Kent v Nottinghamshire

Beckenham: Nottinghamshire 293-9 (50.0 overs; B J R Martindale 101; K Verreynne 71; E Singh 4-40); Kent 294-5 (49.2 overs; H Z Finch 88; S A Northeast 78; C G Benjamin 55no; J P H Hayes 3-45). **Kent win by 5 wickets.**

Leicestershire v Somerset

Grace Road: Leicestershire 289-8 (50.0 overs; O B Cox 89; I G Holland 77; N F Kelly 60; M Pretorius 3-57; J T Ball 3-40); Somerset 125 (30.0 overs; B G F Green 3-36; A M Green 3-28). **Leics win by 164 runs.**

Northamptonshire v Lancashire

Northampton: Northamptonshire 347-6 (50 overs; A H Miller 115; N A McSweeney 78; A Sharma 61); Lancashire 280 (45.2 overs; J H A Moores 85; M S Harris 57; Y S Chahal 4-60). **Northants win by 67 runs.**

Warwickshire v Gloucestershire

Rugby: Gloucestershire 271-9 (50.0 overs; O J Price 122; J A Thompson 3-47; J B Lintott 3-79); Warwickshire 277-4 (42.0 overs; R M Yates 132; V L Jani 66no). **Warwickshire win by 6 wickets.**

	P	W	T	L	NR	RR	Pts
Leics	6	4	0	2	0	0.684	16
Notts	5	3	0	2	0	0.168	12
Surrey	5	3	0	2	0	0.058	12
Lancashire	5	3	0	2	0	-0.068	12
Kent	5	3	0	2	0	-0.291	12
Somerset	5	2	0	3	0	-0.176	8
Warwicks	5	2	0	3	0	-0.189	8
Northants	5	2	0	3	0	-0.192	8
Glouc s	5	1	0	4	0	-0.152	4

GROUP B

Derbyshire v Sussex

Derby: Derbyshire 325-7 (50.0 overs; W L Madsen 104no; H T Crocombe 3-44); Sussex 137 (31.4 overs; J P Morley 5-28). **Derbyshire win by 188 runs.**

Essex v Worcestershire

Chelmsford: Essex 376-5 (50.0 overs; T Westley 129; M J J Critchley 102no; N R M Thain 75); Worcestershire 269 (41.3 overs; J D Libby 109; K Ali 51; M W Jones 3-47; S R Harmer 3-60). **Essex win by 107 runs.**

Hampshire v Durham

The Rose Bowl: Hampshire 246 (50.0 overs; T E Albert 89; J S Lehmann 60; S Ghafari 3-41; W M H Rhodes 3-29); Durham 249-1 (38.3 overs; E N Gay 104no; G Clark 68; O G Robinson 64no). **Durham win by 9 wickets.**

Middlesex v Yorkshire

Lord's: Middlesex 246 (48.0 overs; J Nelson 76; B M Cliff 4-39). Yorkshire 211 (47.3 overs; W J Bennison 63, D M Bess 59; Zafar Gohar 4-24). **Middlesex win by 35 runs.**

	P	W	T	L	NR	RR	Pts
Middlesex	5	4	0	1	0	1.848	16
Yorkshire	6	4	0	2	0	0.686	16
Durham	5	4	0	1	0	0.406	16
Worcs	5	3	0	2	0	-0.305	12
Derbyshire	5	2	0	3	0	0.625	8
Essex	5	2	0	3	0	0.197	8
Hampshire	5	2	0	3	0	-0.678	8
Glamorgan	5	1	0	4	0	-1.130	4
Sussex	5	1	0	4	0	-1.810	2

CYCLING

TOUR OF DENMARK: Stage 5 (Koge to Rodovre, 126.0km) **-** 1 R Sojberg Pedersen (Den) Denmark 2h 30m 1s. **Final overall -** 1 W van Aert (Bel) Visma-Lease a Bike 19h 22m 23s, 2 L Kubis (Slo) Unibet Rose Rockets +21s, 3 H Pedersen (Den) Uno-X Mobility +28s.

TOUR DE FRANCE FEMMES.-Stage 2 (Aigle to Ganeva, 149.0km) **-** 1 L Wiebes (Ned) Team SD Worx-Protime 3h 42m 8s, 2 E Balsamo (Italy) Lidl-Trek, 3 M Vos (Ned) Visma-Lease a Bike both at same time. **Overall -** 1 Wiebes 7h 10m 59s, 2 K Le Court (Mri) AG Insurance-Soudal Team +14s, 3 D Vollering (Ned) FDJ United-SUEZ +16, 26 P Georgi (GB) Team Picnic PostNL +42.

GOLF

AIG WOMEN'S OPEN(Lytham St Annes): **Final Rnd** (Gbr & Irl unless stated) **- 279** S Kuwaki (Jpn) 66 70 73 70 (Won at second play off hole), E Henseleit (Ger) 73 69 67 70, **280** Y Noh 67 70 69 74, **282** A Thitikul (Tha) 64 73 72 73, N Korda 73 68 73 68, **283** C Hull (Eng) 69 71 71 72, R Takeda (Jpn) 69 73 72 69, W Ling Hsu (Tai) 71 74 69 69, L Woad (Eng) 69 71 70 73, S Tan (Sgp) 69 74 71 69, Hae-Ran Ryu (Kor) 66 69 74 74, **284** M Katsu (Jpn) 72 68 71 73, S Kouskova (Cze) 77 69 71 67, C Boutier (Fra) 67 74 74 69, Y Saso (Jpn) 72 72 71 68, **285** Hyo-Joo Kim (Kor) 75 71 72 67, Jin-Hee Im (Kor) 70 71 72 72, L Coughlin 69 71 74 71, L Li 72 68 69 76, **286** Soo-Bin Joo (Kor) 70 69 73 74, L Ko (Nzl) 71 70 71 74, C Wannasaen (Tha) 68 72 71 75, **287** A Garvey (Nzl) 76 70 73 68, P Babnik (Slo) 72 74 71 70, M Saigo (Jpn) 69 74 73 71, P Tavatanakit (Tha) 73 73 73 68, A Buhai (Rsa) 69 76 68 74, C Tejedo (Spa) 76 70 68 73.

USPGA TOUR CHAMPIONS PORTUGAL INVITATIONAL (Vilamoura, Algarve): **Final Rnd** (USA unless stated) **- 197** Z Johnson 64 68 65, **199** S Cink 67 64 68, **201** P Harrington (Irl) 66 65 70, **203** T O'Neal 68 66 69, **204** M Angel Jimenez (Spa) 71 66 67, M Lundberg (Swe) 66 68 70, **205** J Caron 68 68 69, V Taylor 68 70 67, **206** F Jacobson (Swe) 69 68 69, J Leonard 69 72 65, C Percy (Aus) 68 67 71, D Pride 67 71 68, **207** D Clarke (Nlrl) 71 68 68, R Goosen (Rsa) 68 69 70, T Ridings 68 72 67, R Sabbatini (Svk) 65 66 76.

MOTORCYCLING

BRITISH SUPERBIKE (Oulton Park, Little Budworth): **Race 2 -** 1 K Ryde (GB) Ducati 19m 32.526s, 2 B Ray (GB) Yamaha +0.436, 3 S Redding (GB) Ducati +1.132. **Race 3 -** 1 Ryde 28:08.829, 2 Redding +1.274, 3 Ray +5.789. **Standings -** 1 Ryde 304pts, 2 Redding 274, 3 Ray 215.

SNOOKER

SHANGHAI MASTERS (China): **Final -** J Trump (Eng) bt K Wilson (Eng) 11-6.

RALLYING

RALLY FINLAND (Jyvaskyla) - 1 S Pajari (Fin) Toyota 2h 27m 58.0s, 2 O Solberg (Swe) Toyota +26.7, 3 E Evans (GB) Toyota +1:19.5. **Standings** - 1 Evans 201pts, 2 Pajari 171, 3 T Katsuta (Jpn) 160, 4 Solberg 56, 5 S Ogier (Fra) 139.

RUGBY LEAGUE

BETFRED SUPER LEAGUE

	P	W	D	L	F	A	Pts
Leeds	21	17	0	4	744	304	34
Wakefield	21	16	0	5	587	352	32
Wigan	21	16	0	5	607	383	32
Warrington	20	14	0	6	526	346	28
Hull K R	20	13	0	7	588	339	26
Leigh	21	13	0	8	466	398	26
St Helens	21	12	0	9	484	460	24
Catalans	21	9	0	12	419	621	18
Toulouse	21	7	0	14	432	544	14
York	21	7	0	14	430	613	14
Castleford	21	7	0	14	390	658	14
Bradford	21	6	0	15	382	629	12
Hull	21	5	0	16	353	463	10
Huddsfield	21	4	0	17	333	631	8

BETFRED CHAMPIONSHIP - Dewsbury 20 Hunslet 30, Doncaster 46 Oldham 18, Midlands Hurricanes 46 Keighley 6, North Wales 6 Goole Vikings 68, Sheffield 48 Halifax 16, Swinton 12 Batley 30, Widnes 36 London Br 42, Workington 16 Newcastle 40.

Top	P	W	D	L	F	A	Pts
London Br	20	20	0	0	1271	226	40
Newcastle	21	18	0	3	953	252	36
Oldham	20	17	0	3	654	307	34
Widnes	21	15	0	6	698	322	30
Barrow	21	15	0	6	554	381	30
Doncaster	19	14	0	5	665	306	28
Sheffield	20	14	0	6	549	456	28
Midlands	20	11	1	8	488	526	23

TENNIS

ATP MIFEL TENNIS OPEN BY TELCEL OPPO (Los Cabos Mexico): **Final -** A Gea (Fra) bt D Shapovalov (Can) 6-3 6-4.

WTA THE MEMPHIS CLASSIC (Memphis Tennessee): **Final -** K Liutova (Rus) bt D Vidmanova (Cze) 1-6 6-1 6-3.

TODAY'S SPORT

CARABAO CUP PRELIMINARY RND
York v Crawley Tn.....7.30

WILLIAM HILL PREMIERSHIP
Celtic v Dundee.....7.30
(Live on Sky Sports Main Event)

CRICKET

Second Test Match—day 2 of 5: West Indies v Pakistan (Port of Spain, 3pm).

The Hundred: Welsh Fire v Southern Brave (Sophia Gardens Cardiff, Men 6:30pm, Women, 3pm).

SPEEWAY

ROWE Motor Oil Premiership (7.30): King's Lynn Stars v Sheffield Tigers, Belle Vue Aces v Leicester Lions.

TENNIS

WTA National Bank Open presented by Rogers (Toronto, Ontario, Canada).

ATP National Bank Open presented by Rogers (Montreal, Quebec).

COMMONWEALTH GAMES

It'd be a Peaty to lose Games

LET'S NURTURE EVENT SAYS OLYMPIC HERO

ADAM RAMSAY-PEATY wants the Commonwealth Games to be preserved for future generations.

By ROB MAUL

Every four years the tournament faces an existential crisis about its place on the global sporting calendar.

Durban pulled out of the running to host the 2022 Games so Birmingham stepped in as an alternative destination.

The Australian state of Victoria was supposed to host this year but withdrew and Glasgow came to the rescue.

Ramsay-Peaty, 31, bows out of Commonwealth competition with ten medals – four golds, four silvers and two bronzes – from four Games, a 12-year journey that started and ended in the Tollcross International pool.

Yet without those experiences he may never have become a three-time Olympic swimming champion. The breaststroke star said: "It's an incredible opportunity for a lot of athletes. The way I see it is that it's an incredible stepping stone.

"It gives a platform where they wouldn't normally have a championship two years out from an Olympics.

"Individual countries within Team GB, you can get more talent on the field. That's why we have got to nurture it.

"I think it's great – I know my time is done with the Commonwealths and I'm at peace with it.

"It has taught me a lot of lessons. It gave me my first victory and enabled me to go for the world record two weeks later in 2014.

"It's given me the hardest lessons in 2018, in 2022 – and now again."

Two-time Olympic medallist Emily Campbell agreed with Ramsay-Peaty's sentiments after she lifted gold in the +86kg weightlifting category.

Ahead of her appearance on BBC MasterChef, the Nottingham strongwoman, 32, said: "It's been massively important. The Games propel people's careers.

"For me, 2018 was the first time that I really believed in myself and I said, 'You know what, I think I can do this'. If I hadn't gone to 2018, I don't think I'd have achieved what I have now.

"When you represent your flag, you represent it with pride. That's what I try to do all the time. It's been amazing.

"Glasgow's been phenomenal. They have looked after us, they've been so friendly and the atmosphere's been great.

"The stadiums have been packed and that's all we can ask for."

KEEP COMM 'N CARRY ON . . . Ramsay-Peaty won two bronze medals (above) and a silver (right) this year

India will spice things up big style

FROM the smallest Commonwealth Games to the biggest — India has huge plans in place for 2030.

By ROB MAUL

Glasgow did a decent job staging these Games with two years' notice.

They were helped by the £160million compensation paid by Australia's Victoria State after they pulled out suddenly.

In 2030, the event marks its centenary and Ahmedabad is going **BIG** by spending up to £390million.

The Narendra Modi Stadium – a cricket arena – is the world's largest, with a capacity of 132,000, and will host the athletics. India won the men's T20 World Cup there in March *(left)*.

The Indians want the Summer Olympics – which have never been held in that part of Asia – and see the Commies as a stepping stone.

For October 2030, there will be 15-17 sports – an increase from the ten on the trimmed-back Glasgow itinerary – and cricket is likely to be included.

Delhi's 2010 hosting of the Games was a disaster with many infrastructure problems and bad headlines.

But Raghuram Iyer, Team India CEO, says the country "has completely moved ahead from where it was" and 2030 will be the "benchmark".

He added: "We want to ensure that the Games are ready for the next hundred years."

Commonwealth Sport president Dr Donald Rukare said: "We look forward to athletes experiencing great competition.

"As well as enjoying, not only the great facilities, but the warmth and culture that India will bring to the Games."

2026 DRAWS TO A CLOSE

MEDAL TABLE

AUSTRALIA may have pulled out of hosting these games — but filled their boots on the podium, topping the medal table.

They ended with 171 gongs — 70 of them gold — 61 ahead of second-placed England.

		G	S	B	Total
1	Australia	70	45	56	171
2	England	29	45	36	110
3	Canada	19	20	23	62
4	India	13	17	9	39
5	Scotland	13	9	17	39
9	Wales	9	10	12	31
12	N Ireland	3	4	9	16
17	Jersey	1	1	0	2
20	Isle of Man	1	0	1	2
31	Guernsey	0	1	0	1

The Fintastic four

EMMA FINUCANE battled the hype to complete a sprint cycling clean sweep on the last day of Glasgow 2026.

By MARK WOODS

The Welsh wonder, 23, became the first rider to land **FOUR** track golds in the velodrome at a single Games with yesterday's victory in the keirin.

It added to her triumphs in the individual and team sprints, and 1,000 metre time trial.

And Finucane, who saw off Kiwi Olympic champ Ellesse Andrews in the keirin, felt the expectations of a nation roaring her on.

The Carmarthen flier, who shed a tear on the podium *(above)*, said: "Every time I won this week, everyone's like, 'Oh, you're going to get the four'. I found it just so hard to block it out. And I really, really wanted it.

"I just had to race through the races. I could have easily gone out in the semi there.

"So to make it to the final was insane, and then to win it . . . I raced with confidence. I took it on from the front. It's something I'm really proud of.

"When I'm at my best is when I go, 'It's just a bike race'. There is expectation but I enjoy every moment."

MATTHEW BOSTOCK, 29, won the 40km points race to secure the Isle of Man's first Commonwealth gold since Mark Cavendish 20 years ago in the last title up for grabs in Glasgow.

CROSSING FIN-ISH LINE . . . Wales ace Finucane in keirin final

STEMBRIDGE . . . fourth

Anna's net loss

By ROB MAUL

INTERIM netball boss Anna Stembridge will "reassess" her role after England flopped at the Commonwealth Games.

The Roses were crushed 68-50 by world No1 Australia yesterday — failing to secure a bronze medal for the second Games running.

Sophie Garbin, 29, of the Melbourne Vixens did the damage with 46 goals scored from 50 shots.

Stembridge — who also led England to fourth spot in 2014 — was appointed in March after Jess Thirlby stepped down due to family reasons.

The 45-year-old, who represented Wales as a player, said: "It's a real tough one to swallow in terms of not coming away with a medal.

"I'll take some time to reassess and decide what's right for me and my family, but then also what's right for England Netball.

"But I just need to sit in this hurt for a minute and get over this loss."

Top Scot potty for SPOTY

By ROB MAUL

JOSH KERR reckons he has done enough NOT to be snubbed at the BBC Sports Personality of the Year awards.

The Fast King of Scotland recently broke the 1999 world record for the men's mile in 3min 42.66sec.

And on Saturday he claimed gold at the Commonwealths.

Runner Kerr, 28, is the 15-8 favourite with bookies to win the end-of-year SPOTY award.

England's World Cup superstar Jude Bellingham is 4-1, two-time Olympic skeleton champion Matt Weston is 5-1, with Masters champion golfer Rory McIlroy 6-1.

Three Lions skipper Harry Kane (7-1) and darts phenom Luke Littler (8-1) are also in contention.

Yet three years ago, when Kerr became the 1500 metres world champ, he was not part of the six-person shortlist compiled by BBC bigwigs.

The Edinburgh athlete said: "I don't want to get my hopes up too early for this one. But it would be an honour.

"Obviously there have been some fantastic sporting heroes for this year, with the Winter Olympics, with the World Cup, and all the rugby.

"It's difficult to keep up with all these guys. Hopefully they respect what I've done so far."

It will not help Kerr's cause that the action was shown on TNT Sports.

The BBC had shown every Games since 1954.

Meanwhile, Kerr will sit out the European Championships, which start on Monday in Birmingham.

GOLDEN CHILD

Kerr: Easier than kids' final

FAST KING OF SCOTLAND . . . Kerr celebrates adding the Commonwealth mile title to his world record

THE pressure felt by Josh Kerr to deliver gold was nowhere near as great as for his 12-year-old self on the same track.

By ROB MAUL

The men's mile lived up to its heavyweight billing at these low-key Commonwealth Games.

And Kerr, 28, showed why he is the best ever at this special distance, accelerating away with 200 metres left.

There was a lovely symmetry that his gold for Scotland came at the Scotstoun Stadium, as he often went there while growing up.

Kerr — who spent more than half an hour signing autographs and posing for selfies after his win — said: "I warmed up along the path I'd warmed up on as a kid.

"I was warming up with my coach, Julian (Florez). He's like, 'How are you feeling?'.

"I was like, 'To be honest, the pressure of this feels genuinely nothing against the 12-year-old Josh who spent eight hours here in the heats and final'.

"My parents spent their whole day here and I'm like, 'I have to go out there and perform as much as I can'.

"That felt like pure pressure. For this, I was well prepared.

"I love this kind of championship stuff. And I owe a lot to Scottish Athletics.

"There were times in my career where I was really down in the dumps, not being able to make London Mini-Marathon teams.

"They pulled me out of that hole and sent me in the right direction. Everything I can do when I wear that Scotland vest is really special.

"To be able to do it in front of a home crowd, you just can't get better than that.

"I appreciate all the work they've done for me. I'm glad I'm able to pay that back a little bit now."

Everybody wondered how much Kerr had left in the tank after setting a world mile record of 3min 42.66sec only two weeks earlier at the London Stadium, smashing Hicham El Guerrouj's 1999 mark of 3:43.13.

Kerr, who won in Glasgow in 3:54.12, said: "I'm f***ing exhausted. It was hard.

"My body felt great — so that wasn't a problem. But the mental exhaustion was.

"You can't hold that peak for that long. I need to go back to the drawing board a bit and give myself a bit of a rest. Or else I'm going to be flying close to the sun here."

It is all about projects for Kerr, setting his sights on the next milestone, the next agenda-setting target.

One option is to try to lower the men's 1500m world record — 3:26.00 set by El Guerrouj in Rome in 1998.

Kerr said: "That's the one we're obviously going to go for. But I need to respect what the body's capable of — this has taken a big toll, for sure.

"So I'm going to sit down and have a meeting with my coaching staff and see what's possible for the rest of the season."

Emma at double

EMMA REID bagged judo gold and then turned her sights on the Olympics in Los Angeles.

The English star *(below)* beat Australian Maria Swan thanks to an Ippon to defend her 2022 women's -78kg title.

Reid, 31, said: "I'm going to focus on LA 2028 now. It hasn't been confirmed yet whether judo will be in the Commonwealths in India."

Plymouth's Max Gregory, 25, was beaten by Canadian Kyle Reyes in the men's -100kg final.

Winner take Nall

KATHERINE REDNALL was all smiles as she reached the "pinnacle" of bowls.

Rednall *(below)* beat Guernsey's Alison Merrien 2-0 to take the women's singles gold medal.

The 30-year-old said: "I don't think I've smiled so much as I did on the podium.

"This is the pinnacle for us in bowls."

Nick Brett and Jamie Walker took silver in the men's pairs and fellow Englishmen Joe Peplow and Kieran Rollings won bronze in the B6-B8 para event.

WAKI WAY TO WIN IT

By JACOB MIGNANO

SHIHO KUWAKI picked her jaw back off the floor to win the Women's Open in a dramatic play-off — after her rival's huge slice of bad luck.

The Japanese, 23, was clubhouse leader on five-under but looked gobsmacked *(left)* when Esther Henseleit drained a 45ft putt on the 18th to tie.

Kuwaki *(right)* shook off the rust after sitting around for 20 minutes to win her first Major title on the second play-off hole. But only after Henseleit's drive hit a volunteer and bounced into the gorse — costing her a bogey — while Kuwaki tapped in from two feet to seal it at Royal Lytham and St Annes.

She said: "I just can't believe it. To be on a stage like this is an honour."

Tai: Don't let me on a bike

By PHIL LANNING

TAI WOFFINDEN has vowed he will NEVER get back on a speedway bike.

The three-time world champion was close to tears when he announced his retirement three weeks ago.

Woffinden, 35, admitted the serious injuries over the past year had caught up with him.

And now the British superstar insists he will not ride again.

Woffinden *(above)* revealed: "For now, I've not even thought about what's next. Honestly, I'm going to sell everything.

"I'll never race on a speedway bike again. I'll probably never even ride on one for fun.

"Because I know if I go make some laps in the off-season, I'll sign a contract and come back to race.

"That's not f***ing happening. I'm finished with speedway."

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SHANG-HIGH

TRUMP'S IN CHARGE . . . Judd shows off Shanghai Masters trophy yesterday

He's one 'n done!

TRUMP CAN'T STAY ON TOP

By ROB MAUL

JUDD TRUMP was determined to show the rest of the world he is the No1 potter — before he officially loses the status.

The Juddernaut is expected to drop down the WST snooker rankings this month because he cannot defend the £500,000 against his name following the axing of a mega-money Saudi event.

It may happen once the Wuhan Open is concluded this month.

Regaining the Shanghai Masters — he thumped Kyren Wilson *(below)* 11-6 in Sunday's final — earned him a decent £210,000 and was a first trophy since February's German Masters.

But this is an invitational tournament, with no rankings points available, and his demotion after two years at the summit is likely.

Zhao Xintong and Neil Robertson are ready to pounce, especially if they perform well at the China Open in Taiyuan and then in Wuhan while Trump flops.

Trump, 36, said: "It was a good win. A tough game compared to the other ones — the table played a bit more difficult in the final.

"Kyren has beaten me in the last few finals. So it was nice to start the season in that kind of manner and get one over him.

"You want to show that you're still the best in the world and it's important to be winning big events like this. It will be tricky with Saudi no longer being on the calendar, which I won two years ago. The points are coming off.

"It'll be an uphill struggle to keep the No1 spot but hopefully come the end of the year, in the mid-season, I'll make sure I am back there.

"I love being No1. But if you are going to drop down the rankings a bit, it's always nice to win the Shanghai Masters.

"The last time I won in Shanghai I had a great season after that. And it was important I got off to a great start here."

The China Open — which returns to the calendar — has a main prize of £250,000 and the Wuhan Open's top cheque is £175,000, so if Trump lands either of those titles he may not move down.

Wilson, who scored two century breaks, was dethroned as champion but still enjoyed the time in China with his family.

The Warrior said: "A very disappointing result. Crazy to be in my room at the interval and 7-3 behind — it could have been easily 5-5.

"You cannot give somebody like Judd Trump so many easy chances to come back and take the lead. He deserved his win.

"A fantastic champion and he smelt blood when I was struggling.

"For my children, they don't want to go home. It has always been a very special event."

PREM

A TICKING . . .

TYNE BOMB

Bruno set for Spanish inquisition from Jaissle

By GARY STONEHOUSE

BRUNO GUIMARAES was set to land at Toon's Spanish training camp as talks rumble on over a move to Arsenal.

Newcastle's Brazilian skipper, 28, was due to meet new boss Matthias Jaissle and outline his desire to quit the club.

He has his heart set on joining the Gunners – who are readying a bid of around £80million for the all-action midfielder as the two parties haggle over a fee.

Guimaraes is under contract on Tyneside until 2029 but wants out following the departures of boss Eddie Howe and stars such as Anthony Gordon and Sandro Tonali.

The Samba ace is due for a meeting with Jaissle – set to be confirmed as Howe's replacement today – and sporting director Ross Wilson in La Manga.

He is returning from an extended break following his World Cup exploits in America.

Guimaraes will inform them of his wish to leave the club after four years at St James' Park and sign for Mikel Arteta's Premier League champions.

Toon chiefs still insist they are yet to receive any formal approach from Arsenal for Guimaraes and are naturally reluctant to lose their talisman.

But confidence is mounting within the Gunners' hierarchy that an offer near to the £80m mark will get things progressing amid claims from the star's homeland he has agreed personal terms.

German Jaissle *(below)*, 38, only arrived in La Manga himself on Saturday to meet his new squad after penning a four-year deal.

Toon chiefs forked out £9.5m to Saudi outfit Al-Ahli – also owned by the same PIF fund – in compensation for the highly-rated young coach.

After sitting down with fan favourite Guimaraes to discuss his future, Jaissle then planned to outline his ambitions and vision for the club to the rest of the Toon squad.

Jaissle has a week with his new players before facing Valencia at the Mestalla on Saturday before returning to the UK to face Everton at Murrayfield four days' later.

But playmaker Guimaraes is not the only player he faces potential showdown talks with.

Fellow midfielder Joelinton, 29, is also believed to have interest from the Middle East as he weighs up his own future alongside his close pal and compatriot.

And England international keeper Nick Pope, 34, also faces an awkward chat as Jaissle prepares to announce Czech goalie Lukas Hornicek as his first signing.

Newcastle activated Hornicek's £25.7m release clause at Portuguese club Braga and the 24-year-old has now successfully passed a Mags medical in Spain.

Hornicek – the fifth arrival at Toon this summer – is expected to take over Pope's role as No1 on Tyneside.

And he will have 20-year-old Ewen Jaouen, an £18.5m summer acquisition from Reims, as back-up.

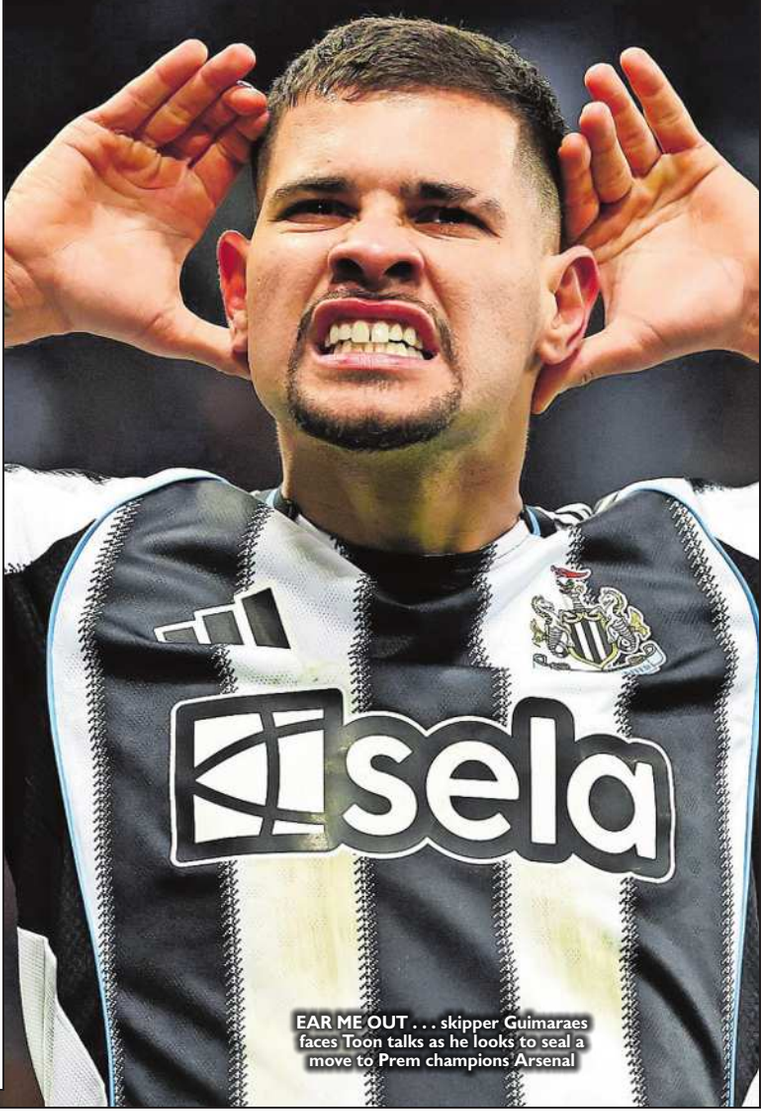
The Toon's new-look squad have also been bolstered with exciting young guns such as midfielders Aladji Bamba, 20, and 18-year-old Sean Steur.

Explosive winger Bazoumana Toure, 20, has also joined as part of a £140m summer splurge.

Jaissle at least arrives with a pedigree for silverware.

He won the double in his first season in charge at RB Salzburg and retained the Austrian league in his second, as well as competing in the Champions League.

He headed to Al-Ahli in the Saudi Pro League in 2023 and twice led them to AFC Champions League Elite glory, in addition to Saudi Super Cup success last year.



EAR ME OUT . . . skipper Guimaraes faces Toon talks as he looks to seal a move to Prem champions Arsenal

It's 3-Juan

BOURNEMOUTH look set to make Sevilla right-back Juanlu their third summer signing.

Juanlu is poised to pen a long-term deal for £11million after Alex Jimenez went to Fiorentina on loan.

The 22-year-old *(right)* would join Antonio Silva and Alvaro Rodriguez in moving to the Vitality.

Hull take good Luc

By GARY STONEHOUSE

HULL are closing on a £17million swoop for World Cup whizkid Lucas Herrington.

SunSport understands the newly-promoted Tigers have agreed to pay MLS side Colorado Rapids £12.6m up front for the Australia centre-back.

The 18-year-old could cost them an additional £4.4m in add-ons, while the Rapids will receive 15 per cent of any profit from future sales.

Herrington *(left)* is now due to thrash out personal terms before completing his move to the Premier League.

The defender, previously linked with Liverpool and Barcelona, made his international debut in March. He shone on his two starts for the Socceroos at the World Cup but missed a decisive penalty in the shootout loss to Egypt in the last 32.

Herrington could be joined by Norwegian Jens Hjerto-Dahl, 20, with Hull ramping up interest in the Tromso midfielder.

NEWS TICKER

IPSWICH could snap up Burnley's Portuguese star Florentino Luis in a permanent deal.

Hull had wanted the midfielder, 26, on loan. The Clarets had to pay Benfica £20.6million for him last month after his season loan ended.

WREXHAM have offered around £2.5million for Preston captain Ben Whiteman, who skipped the 1-0 friendly loss at Stockport to push for a move.

Lilywhites boss Paul Heckingbottom raged: "Ben knew there was a line I didn't want him to cross. Unfortunately he has — and you can't have that."

JUVENTUS have beaten Chelsea to the £30million capture of Bosnian ace Kerim Alajbegovic.

The Blues had been tipped to sign the Bayer Leverkusen winger, 18 — but the Italian giants confirmed they have agreed a five-year deal.

Melia on move

TOTTENHAM will let in-demand Mason Melia go out on loan.

More than 30 clubs globally have shown interest in borrowing the 18-year-old Republic of Ireland forward, currently Down Under on the first-team tour.

But a temporary switch to another club in England is most likely, with Championship sides keen, including newly-promoted Lincoln.

Spurs edged out Celtic to sign Melia in January from St Patrick's Athletic for £1.6million. His first Ireland cap was in May.

PREMIER LEAGUE

SWEDE SPOT . . . Mount arrives in Stockholm for tour

Mason looks to Mount a comeback

MANCHESTER UNITED have turned down transfer enquiries for Mason Mount, with boss Michael Carrick determined to keep him.

And his pre-season performances could present a conundrum for club co-owners Ineos in the final month of the transfer window.

Mount's United career has been wrecked by injuries since he joined in a £60million deal in 2023.

He is now entering his fourth season at Old Trafford and arguably his most pivotal as he tries to stake a claim in Carrick's new-look midfield. United have spent £83m on Andrey Santos and Youri Tielemans following Casemiro's exit and Manuel Ugarte's knee ligament surgery.

By KATHERINE WALSH

But Ineos may not sign a third midfielder.

United sources feel Mount, 27, is showing glimpses of the player who was instrumental in Chelsea's 2021 Champions League triumph.

Mount impressed last summer in pre-season under Ruben Amorim, who held him in high regard – only to limp off injured against Burnley in just the fourth match of the campaign.

He went on to play 90 minutes on three occasions last season, failing to start under Carrick *(right)* until the last fortnight of the season at Sunderland.

But Mount has excelled this summer and was again the best player on the pitch in United's 2-1 friendly win over Atletico Madrid in Sweden on Saturday.

He was deployed in a deeper midfield role alongside £48m signing Santos for the third time this pre-season.

While Mount has spent the majority of his career playing further forward, Carrick could use him as a No8. That means directly competing with Kobbie Mainoo and new signing Tielemans.

Mount developed as a box-to-box midfielder during his youth career at Chelsea.

Blues chief Thomas Tuchel turned him into a No10 and he started the Euros final for England in 2021. But one United insider believes Mount's versatility will boost his prospects this season.

He combines work rate and composure with line-breaking passes, strong tackling and a natural eye for goal.

United also appear to be making an effort to promote Mount, captain in the second half against Rosenborg and again when Harry Maguire came off on Saturday. He also spoke to the media afterwards.

The real test is whether he can stay fit. Carrick will then face a welcome selection headache.

Tielemans, 29, is set to be involved in United's friendly with Paris Saint-Germain in Gothenburg on Saturday – and where he plays could be key to Mount's prospects.

United's Champions League return brings a heavier fixture list. That will also see Mount restored to his full £250,000-a-week salary, perhaps too much for a squad player.

Given his injury record it would be a huge risk not to recruit another midfielder this summer.

Real Madrid's Aurelien Tchouameni and Manu Kone of Roma have been linked with a move.

Mount is out of contract in 2028, so next summer marks United's last chance to recoup a significant fee.

Meanwhile, Ineos are weighing up a move for Newcastle left-back Lewis Hall and could also bring in another striker.

UNITED KID'S GAB THE BULL BY THE HORNS

Hype builds around JJ, 15

THE LOUDEST cheer during Manchester United's pre-season friendly in Stockholm was reserved for a 15-year-old.

From SAMUEL LUCKHURST

MANCHESTER UNITED CORRESPONDENT in STOCKHOLM

It was typical of Michael Carrick that he ensured JJ Gabriel's entrance was as low-key as possible, treating him no differently from fellow new arrival Jim Thwaites.

Stockholm's Strawberry Arena holds 50,000 and it was only roughly half-full.

The atmosphere was not far removed from the soulless matches during the Covid-19 pandemic but everyone inside was clearly aware who Gabriel was when he crossed the white line against Atletico Madrid in the 82nd minute.

The Enfield-born forward replaced Bryan Mbeumo, 26, and appeared to slot in on the right, although he can play anywhere across the front line or as a No10. The game did not pass Gabriel by, either. He drew a foul and had a shot blocked from inside the area.

When he walked through the mixed zone afterwards, the kid was flanked by Luke Shaw, doubling almost as a minder.

French defender Leny Yoro, 20, said: "He's a really good player. Still really young, still a lot to learn, a lot to improve.

"But yeah, he's really humble, so I'm happy for him to get his first minutes, I hope for him it's going to continue like that."

Yoro was a teen prodigy at Lille, debuting at the age of 16 and he added: "I can see myself because I stay humble and just want to work.

"And this is what we need in the team, even for the young guys. They're all doing really well, and JJ is one of them. So I hope he's going to learn a lot, continue like that, improve. But he's really good, a good player."

The Red Devils squad against Atletico was more streamlined.

Plenty of youngsters who had travelled to Helsinki and Trondheim in the previous weeks spent their Friday night playing with the Under-21s in Altrincham.

Chido Obi, once the flavour of the month, was one of them.

Toby Collyer, a 22-year-old, is literally too old for the U21s.

The writing is on the wall for those academy products.

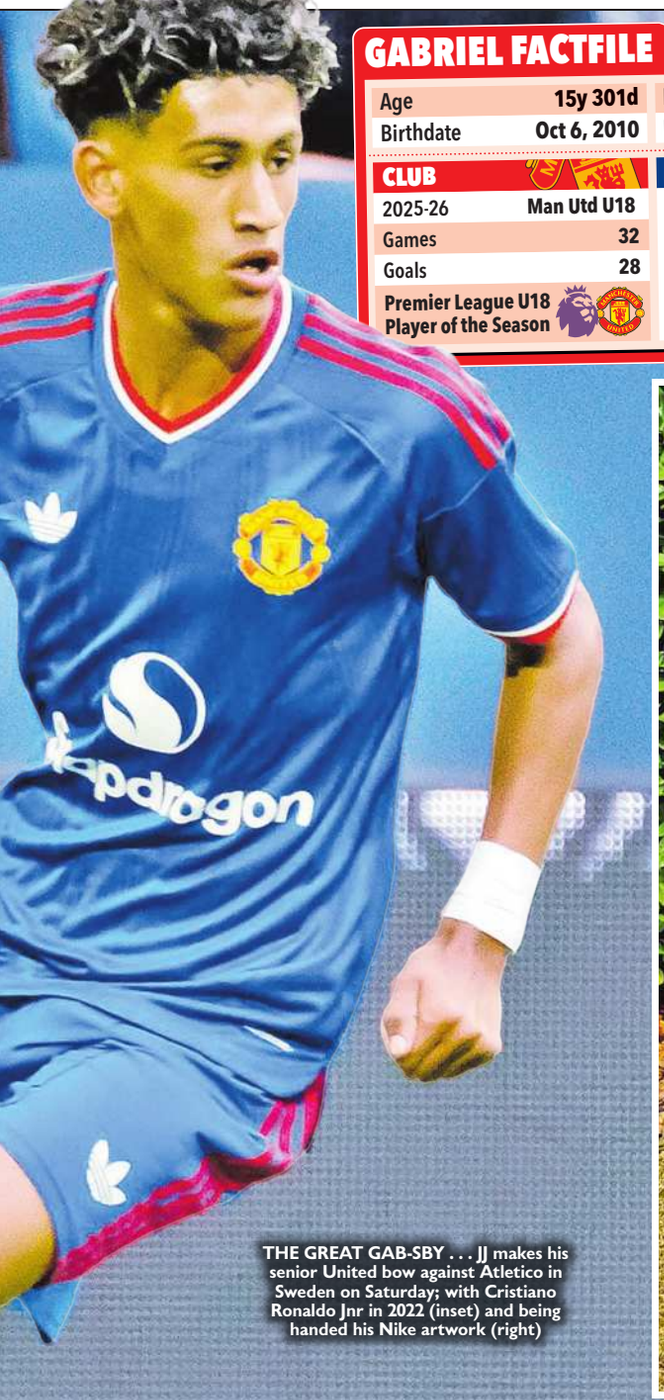
They will be sold or loaned this summer.

For the Old Trafford outfit, they have to continue their sales pitch to Gabriel, his family and his advisers.

He cannot sign a professional contract until he turns 17 in October 2027.

There is bound to

FIRST-TEAM SHOT



GABRIEL FACTFILE

Age	15y 301d	Place of birth	Enfield
Birthdate	Oct 6, 2010	Position	Forward

CLUB	
2025-26	Man Utd U18
Games	32
Goals	28
Premier League U18 Player of the Season	

INTERNATIONAL

England U15 (2025)	England U16 (2025)	England U17 (2026-)
Games 2	Games 2	Games 2

UNITED'S YOUNGEST PREM PLAYERS

2017	Angel Gomes	16y 263d
2021	Shola Shoretire	17y 19d
2025	Chido Obi	17y 79d
2019	Mason Greenwood	17y 160d
2009	Federico Macheda	17y 226d
2022	Alejandro Garnacho	17y 301d

THE GREAT GAB-SBY . . . JJ makes his senior United bow against Atletico in Sweden on Saturday; with Cristiano Ronaldo Jnr in 2022 (inset) and being handed his Nike artwork (right)

be some resentment at academy level over all the privileges Gabriel is enjoying.

Those who have watched him regularly on the Carrington training pitches will argue he is worth the investment.

United are bending over backwards to ensure he commits his long-term future to them, particularly given the intense interest from Barcelona.

Coincidentally, Gabriel spent a chunk of his summer in Catalonia. He is a Nike client and they dubbed him a "future Nike icon" at the age of 14.

The sportswear giants recently commissioned a huge painting of Gabriel – by artist JMR – replete with their swoosh. Barcelona, of course, are sponsored by Nike, while United wear rivals Adidas.

Former boss Ruben Amorim invited Gabriel to train with the first team.

Carrick did likewise before adding him to the squad against Rosenborg in last month's second pre-season friendly.

As a 15-year-old, he has to have his own changing room when with the senior team for child protection purposes.

Gabriel's cheerleaders have already hailed him as the youngest ever United debutant, ignoring the fact the Atletico friendly does not count.

David Gaskell still holds that record at 16 years and 19 days old from when he came on in the 1956 Charity Shield. Gabriel turns 16 on October 6 and the League Cup fourth round is the week commencing October 26.

The third round starts the week of September 7.

His development is truly phenomenal and comparable with Max Dowman at Arsenal.

England manager Thomas Tuchel refused to rule out the possibility of including Dowman in his World Cup squad and it is a matter of time until Gabriel's name is on his lips.

There was a danger United's latest star boy could be remembered as the kid who posed for an 'unveiling' photo with Cristiano Ronaldo's son.

Gabriel is 11 days older than Cristiano Junior.

The calm Carrick is the ideal mentor to manage the hype and it was telling that MUTV did not ask him about Gabriel's cameo in their post-match chat. Thwaites, 18, a team-mate of Gabriel's in last season's run to the FA Youth Cup final, was making his maiden senior appearance at the same time in Sweden.

So the club's social media accounts celebrated the pair simultaneously. Low key.

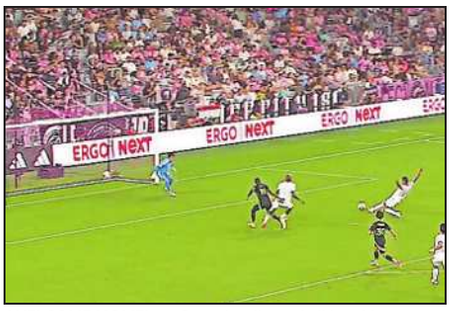
United showed admirable restraint on their website.

There is no separate story on Gabriel's appearance and no mention of him in their match report.

The teenager's father Joe O'Cearuill has not celebrated his appearance on his Twitter account and deleted recent posts trumpeting his son.

United have a duty of care. Their academy head, Stephen Torpey, has posed for signing pictures with scholars as young as eight.

"He's got good abilities and we try to help him to get good," Mbeumo succinctly said. Less is more.



WELCOME HOME! . . . Casemiro diverts ball into his own net

New-boy gets Case of jitters

CASEMIRO suffered a nightmare home debut for Inter Miami as he gifted possession then scored an own goal.

By OLI GAMP

The Brazil star, 34, only linked up with Lionel Messi's side last week after leaving Manchester United as a free agent.

Casemiro's first appearance for the MLS side came in a 1-0 victory over Montreal last Sunday, when he played 90 minutes.

But his home debut against Columbus Crew got off to a disastrous start on 33 minutes.

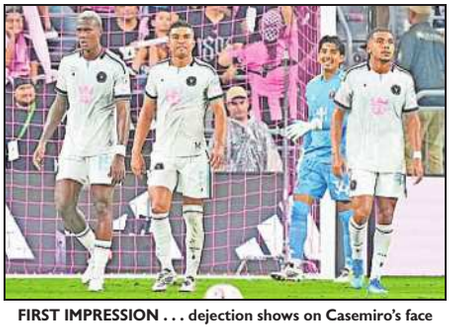
Miami were 1-0 up thanks to Luis Suarez's strike when Casemiro inexplicably gave away the ball under no pressure. A cross was then fizzed into the box, which the Brazilian diverted into his own net.

Casemiro looked dejected after his moment to forget – and new team-mate Messi *(below)* did not seem too happy either.

Cameras cut to the Argentinian scowling on the bench after Casemiro's embarrassing gaffe.

Messi, 39, eventually made it on to the pitch for his first appearance since his World Cup heartache with Miami 2-1 up thanks to Noah Allen's strike.

But they could not hold on and Brais Mendez struck in the 84th minute to earn Columbus a share of the spoils.



FIRST IMPRESSION . . . dejection shows on Casemiro's face

YORO VOW

From Back Page

really good. We work really hard.

"So the target this season is to win every game.

"For the team to be the best, for myself to do good games every time, to win trophies, and to be at the top."

United came from behind to beat Atletico Madrid 2-1 in their third pre-season friendly in Stockholm on Saturday.

Central defender Yoro started at right-back for the third game running in the absence of full-backs Diogo Dalot and Noussair Mazraoui.

They will report for pre-season today after their post-World Cup breaks from Portugal and Morocco respectively.

United signed Yoro from Lille in a £52million deal in July 2024.

He is expected to feature in his favoured position when the campaign begins as Matthijs de Ligt is certain to miss the start of the season after back surgery. Argentina's Lisandro Martinez sustained a thigh injury in the World Cup final, but is set to be ready for the opening trip to Hull on August 22.

Boss Carrick has played Harry Maguire and Ayden Heaven in a right-footed/left-footed combination at the heart of the back four in pre-season.

But Yoro anticipates playing a major role — a year on from sustaining a bad injury just before the start of last season which ruled him out until December.

He said: "I hope I'm not going to be injured this pre-season. That will help me to improve as well, and to be ready for the start of the season.

"I know I did a great season but I know I can do much, much better. I know my potential.

"Obviously, I have no excuses. I can learn a lot. I can improve a lot.

"So I hope this season's a big step for me."

FLASHPOINT . . . Barco clashes with Bellingham

Villain Val is a Blue

By JACOB MIGNANO

CHELSEA have confirmed the signing of World Cup villain Valentin Barco.

The versatile midfielder, 22, joins the Blues on a seven-year deal from sister club Strasbourg for a reported £34million fee.

He shot to notoriety during England's semi-final defeat to Argentina when Jude Bellingham slapped him on the head after full-time, sparking a melee on the pitch.

Barco, who was an unused sub, had riled up the Three Lions stars by wildly celebrating Enzo Fernandez's equaliser in front of them.

The former Brighton man will join up with Xabi Alonso's squad later in pre-season and can expect a hostile reception from fans around the country.

Infantino legal hit

By DANNY RUST

UEFA have threatened Gianni Infantino with legal action relating to his failed plot to flog the World Cup.

The Fifa supremo's plan was dead in the water on Friday after the European nations' threat of a boycott.

It would have seen a £3.1billion stake in the tournament sold to private investors including Joshua Kushner, the brother of Donald Trump's son-in-law.

In a letter to Fifa, seen by Telegraph Sport, Uefa wrote: "Uefa is considering legal action, arbitration and/or regulatory complaints in connection with the plan.

"Any destruction, deletion, alteration, concealment or loss of relevant materials may constitute spoliation of evidence."

Infantino was given five business days to respond.

PREM COUNTDOWN

18 DAYS TO GO

BOURNEMOUTH ended last season unbeaten in 18 league matches. They last lost a Prem game on January 3, a 3-2 defeat to champions Arsenal.

January signing Rayan *(left)* has not lost in his 15 league outings with the Cherries.

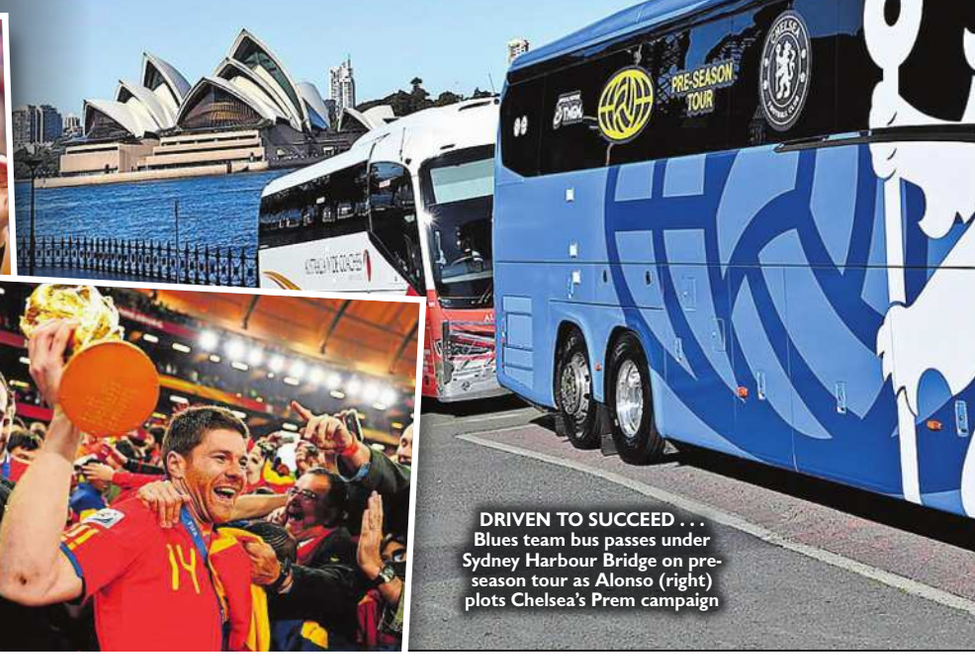
PREMIER LEAGUE

ALONSO

I was scarred at Madrid but I have healed at the Bridge

XABI LEARNS FROM REAL FAIL

XAB FAB . . . Alonso's 2024 Bundesliga title joy at Bayer Leverkusen and (right) World Cup glory as a player in 2010



DRIVEN TO SUCCEED . . . Blues team bus passes under Sydney Harbour Bridge on pre-season tour as Alonso (right) plots Chelsea's Prem campaign

ON HIS CHELSEA CHALLENGE

XABI ALONSO is not a man used to failure.

The new Chelsea chief has won 15 major titles as a player – including a World Cup and Euros with Spain – plus a Bundesliga and German cup double in management.

No wonder Alonso looks at home here in the swanky presidential suite of the W Hotel, overlooking Darling Harbour in Sydney, Chelsea's eye-catching home for the Australian leg of their pre-season tour.

And yet, really, he should not be here at all. But it is to the Blues' immense benefit that he is sat at the marble breakfast bar now.

It was natural that Alonso's meteoric rise as a coach took him back to Real Madrid this time last summer.

What followed – departing in January after less than eight months in the eye of a Real storm – hurt the 44-year-old Spaniard.

But Alonso arrives at Stamford Bridge empowered, the first to be given the title of manager under this ownership.

And, he claims, "healed" after his bruising experience in the Spanish capital.

Alonso said: "Luckily, there are not too many scars in my career. So, OK, I got a scar.

"Now it is healed and now I am very motivated and determined to enjoy this next step – as I did when I started in Madrid. But you move on.

"Looking back, I take the positives and the things that didn't work.

"I have been very critical about myself, thinking about what I could have done

From JACK ROSSER
IN SYDNEY

better because, for sure, it did not go as expected. But you move on to other things.

"There are many experiences, the adaptation I had to do, some things that worked and some things that didn't in terms of the game, in terms of man-management. It is a mixture of everything."

That brief Madrid tenure has not dulled Alonso's conviction, or ambitions, as a manager.

It is a career he was destined for, ever since helping dad Periko plan his training sessions in the family kitchen in San Sebastian.

Periko managed local club Real Sociedad – where Alonso and his brother, Mikel, came through the academy – for a brief spell, though his son was on loan at Eibar at the time.

Alonso said: "He was just all work. Preparing the training for the next day, preparing the team selection. That was in the kitchen and I was next to him. Did I help? I had an opinion . . .

"The road was not unknown for me. I had seen that at home.

"I started playing football, you become a professional, things go well and you like it.

"Being a midfielder, I was always curious about not just playing, but why things are happening.

"I'm not saying it was meant to be – but I had to try it."

The traditions of Real Sociedad, San Sebastian and the Basque country are crucial in Alonso's outlook and grounding as a coach.

But in the city on Spain's north coast, while hard work and togetherness are crucial, nothing comes close to the importance of food. So while Alonso has not found a house in London yet, it is a relief for the Blues that he has discovered somewhere to eat.

He said: "I was in a brasserie in Chelsea that is really close to the stadium. My wife liked it. We will have enough time to find others.

"The Basque people, we are not obsessed, but we do give a lot of importance to food and good restaurants."

Alonso does not claim to be a stellar cook but his speciality is a Basque dish of hake served in salsa verde.

He may not earn a Michelin star – like many from his hometown – but he was a master as a player and is working his way towards replicating that as a manager.

A visionary midfielder, Alonso played under some modern management greats and picked the brains of them all, from Carlo Ancelotti and Jose Mourinho, to Pep Guardiola and Rafa Benitez.

It was under Guardiola at Bayern Munich – in the twilight of his playing days – that Alonso started to really become invested and pester the legendary boss.

He added: "We were very close. I was very curious.

"I was in that moment of my football career where I could go to his office and ask, 'Pep, why is this happening? What's going to be the game plan?'.

"Maybe back when I was 20, I just didn't have that confidence to go to the manager's office to ask about those things.

"But at that moment – because of the trust – I needed to do that, I wanted to do that."

And this impressive coaching education, as well as his early successes as a manager, convinced Stamford Bridge chiefs he was the man to revive them following a chaotic season which saw them fail to even qualify for Europe.

But why, given his status, was Chelsea the right choice for him? Alonso points to his head and his gut to explain.

He said: "It had to be a lot from here and also from here. It has to be from the guts.

"I saw it was good timing from the club, good timing for myself – a good opportunity.

"It is a team that played really well recently and the situation was not as bad as it looked last season. There is big potential to improve, let's see how long it takes.

"I felt that I had the chance to enjoy being a manager."

The real guarantee of enjoyment is success – and the Spaniard and those above him have decided they need to change to get there.

Deals for Danny Welbeck, 35, and 36-year-old Jordan Henderson – himself a Prem and Champions League winner – have followed Alonso's appointment.

A blend of youth and experience was the underpinning of his invincible Bayer Leverkusen side.

He added: "You need the right balance of personalities, of maturity, early twenties with early thirties and in between. Players in different stages of their careers.

"There's not a formula for that – but there is a feeling for that.

"For me, this is as important as tactics. First, it is the team spirit.

"After, it is playing good football. After, it is winning games. I felt more responsible for the team than in my earlier years as a player.

"I wanted to not just think about myself – but think about my team-mates and about how we would play and support the young players."

ALONSO BOSS RECORD

		GAMES	WIN RATE
2022-25	BAYER LEVERKUSEN	140	62.9%
2025-26	REAL MADRID	34	70.6%

PREMIER LEAGUE

ARSENAL

IN QUAD

Havertz backs Prem title glory to push hungry Gunners to 'another level'

STAR POWER . . . Havertz was man of the match in Spain

From **JOSHUA HALL**
IN GIRONA

FOR much of last season, there was a buzz around Arsenal winning the Quadruple.

This year, Kai Havertz has already boasted that is exactly what they are aiming to achieve.

Not many truly thought that Mikel Arteta's side would be able to scoop all four major honours last term.

It would have been the greatest season in English football history – but it unravelled as the Gunners were beaten in the Carabao Cup final by Manchester City before a shock FA Cup last-eight exit to Southampton.

Now, though, Arsenal have a Prem title under their belts, as well as their brilliant run to the Champions League final.

Their experience has grown, and their squad is only getting better, so perhaps Havertz is not mad for suggesting Arsenal can target the Quad.

After scoring in Arsenal's 4-1 thrashing of Girona in Saturday's pre-season opener, the German attacker, 27, said: "We want all the trophies. That's what we're here for.

"We missed out on a lot the last couple of seasons. Obviously, we've won the title now – but there's a lot more we can do.

"We have to reach another level to make that happen. We know how long the season is and know how hard it is to go through all the competitions.

"We want to do it better this year and make things happen again."

Arsenal had been working towards a Premier League title since the moment boss Arteta walked through the door in 2019.

All their time and energy had been put towards achieving that goal, with a blacked-out silhouette of the trophy put on the walls of the training ground to remind the players what was at stake.

There was no Champions League trophy on the walls, nor was there an FA Cup or League Cup.

With the title ticked off, there is a sense Arteta's players can play with a freedom that will allow them to attack every competition – given their largely defensive approach to the previous campaign.

Havertz is convinced the Gunners have another level they can reach now that they are English champions.

He added: "We have to go further. You see other teams getting better, so we have to step up another level again.

"That's what we're all here for – that's what we're trained for."

Arteta echoed that sentiment in recent weeks, calling for the club to reach a "different dimension".

It appears that part of that plan is to bring in superstar additions.

Arsenal are on the brink of a deal worth close to £80million for Newcastle captain Bruno Guimaraes, while they also continue to explore a move to sign Vinicius Jr from Real Madrid.

There is no lack of ambition in the current squad either and nobody is resting on their laurels after tasting success last term.

Declan Rice has been on the phone to Arteta, calling the boss to ask if he can come back early from his post-World Cup holidays in order to play a part in the campaign from the off.

And Havertz himself could not wait to get back to work, despite his World Cup last-32 exit with Germany.

The attacker explained: "I feel like after two weeks' holiday, I was just buzzing to come back. I feel now we're all fitting very well together.

"You see the chemistry in the team. Not only on the pitch, also off the pitch. The way we spend the time in the hotel and away from the pitch is amazing.

"We have a good connection together and want to start the season very strong again."

When Havertz lined up against Girona on Saturday night, he looked a cut above most of the other players on the pitch.

That will partly be down to the fact he is still in a competitive rhythm from the World Cup in America, but he is also enjoying fantastic form. His goal against the Spanish second-tier side means he has now scored eight times in his last 12 appearances for club and country.

But Havertz has no problem sharing that limelight, and centre-forward spot, with last season's Gunners top scorer Viktor Gyokeres.

The German added: "He is easy to play with, because I know which runs he wants and where he wants the pass.

"I've been on that striker position as well a lot of times, so I understand him.

"We have a top connection, on and off the pitch, so that helps as well. He's one of the best strikers in the world and to play with him is very easy."

If Arsenal are genuinely serious about winning the Quadruple, they will need every player at their best this campaign.

They are already expected to be without centre-back William Saliba at the start of the season after the Frenchman's niggling back injury was exacerbated at the World Cup, although he will avoid surgery.

But Arteta is now searching for a replacement to ensure the level does not drop in his absence, with Aston Villa's Ezri Konsa discussed.

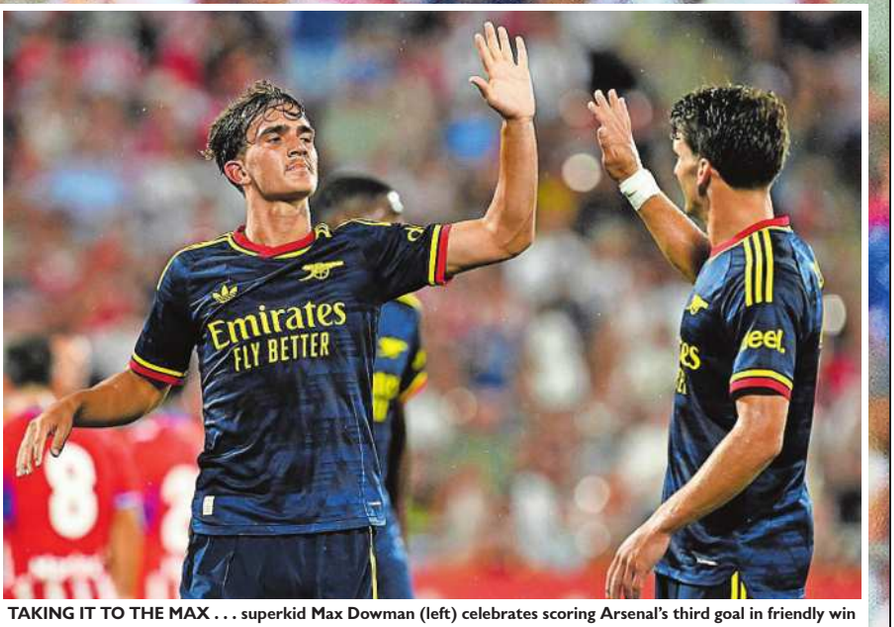
If the Gunners can strengthen with a new centre-back – as well as adding Bruno and possibly Vinicius Jr – they would look like a force to be reckoned with.

Couple that with suggestions they could lean into a more attacking style now their Premier League drought is over – and Havertz might be right to back them for a clean sweep.

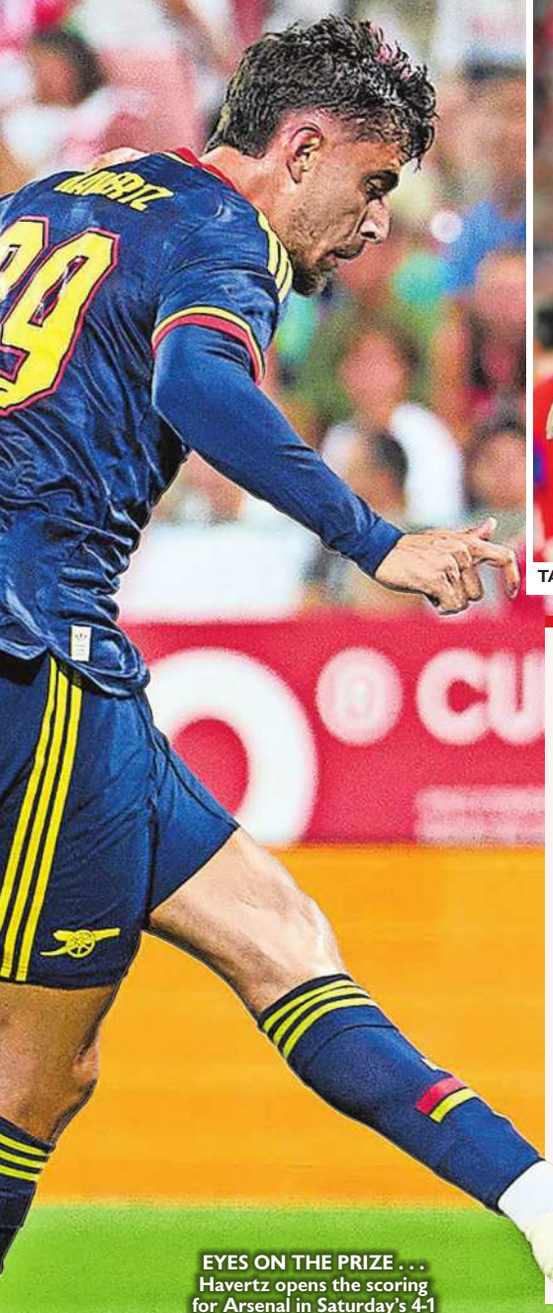
SPECIAL WON . . . German ace Havertz lifts Prem title as Gunners finally end 22 years of hurt

AND KAI ARE AIMING HIGH

WE TRUST



TAKING IT TO THE MAX . . . superkid Max Dowman (left) celebrates scoring Arsenal's third goal in friendly win



EYES ON THE PRIZE . . . Havertz opens the scoring for Arsenal in Saturday's 4-1 pre-season win over Girona

COMMUNITY SHIELD
AUG 16
v Man City
CARDIFF
GAMES 1

DREAM A LITTLE DREAM
ARSENAL'S POTENTIAL 2026-27 SEASON

PREMIER LEAGUE
STARTS AUG 21
v Coventry (h)
ENDS MAY 30
v Brighton (h)
GAMES 38

CHAMPIONS LEAGUE
STARTS SEP 8/9/10
ENDS JUN 5
POSSIBLE GAMES 17*

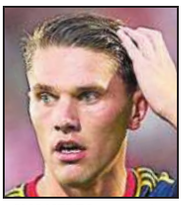
LEAGUE CUP
STARTS SEP 14/15
FINAL MAR 21
POSSIBLE GAMES 6

FA CUP
STARTS JAN 8/9/10/11
ENDS MAY 22
POSSIBLE GAMES 6

TOTAL DAYS 294

POSSIBLE GAMES 68

* - includes knockout play-off



GYOKERES . . . staying

Mik not plotting a Gyok shocker

From JOSHUA HALL

MIKEL ARTETA has ruled out a summer exit for Viktor Gyokeres amid transfer links to Spain.

The Swedish striker had been touted as a potential makeweight in any deal to sign Argentine star Julian Alvarez from LaLiga giants Atletico Madrid.

But 28-year-old Gyokeres finished last season as Arsenal's 14-goal Premier League top scorer following a £54.8million move from Sporting Lisbon.

And Gunners manager Arteta claims he will remain in North London.

Asked about Gyokeres' Emirates future, the Spaniard simply replied: "He's going to stay."

But Arteta refused to get drawn into any gossip about signing former Manchester City attacker Alvarez, adding: "I'm not going to talk about a footballer who isn't ours."

Arsenal chiefs are still exploring a blockbuster deal for Real Madrid superstar Vinicius Jr — should the Brazilian, 26, decide not to extend his current contract which is due to end in 12 months.

> We know what Max is capable of doing
> — MIKEL ARTETA

But another attacker is reminding Arteta that he already has a potential superstar in his ranks.

Teenage sensation Max Dowman scored one and set up another during the Gunners' 4-1 pre-season victory over Girona here in Spain on Saturday.

And Arteta challenged the England superkid to continue his development ahead of what is likely to be a huge season for the 16-year-old.

The Gunners gaffer added: "When you play for Arsenal, the expectations should be high and you should be expecting really good things.

"We know what he's capable of doing.

"We want to be more consistent in terms of the performances and actions that he can deliver.

"But he had a really good game for us."

thesun.co.uk/sport
Sun Sport

Chelsea's Alonso on Real 'scarring'

INTERVIEW – P48 & 49

Racing's No1 pullout FREE inside

United kid Gabriel, aged 15, in focus

SEE PAGES 46 & 47

GUNNING FOR MORE GLORY

LET'S HAV IT!

HAUL OF FAME . . . Havertz says champions are chasing a Quad

KAI HAVERTZ declared Arsenal want to 'win it all' — and warned their rivals they will only get better.

The ambitious Gunners ended a 22-year wait for Premier League title glory last May but lost the Champions League final.

Now, as Mikel Arteta's champs gear up for the new season, Havertz claimed he and his team-mates are eyeing a clean sweep.

On chasing that historic Quadruple, the German forward, 27, said: "We want all the trophies, that is what we're here for.

"Because we missed out on a lot of trophies in the last couple of seasons.

"Now we have won the Premier League. But of course there's still a lot more that we can do.

"And we just have to reach another level to make it happen."

From JOSHUA HALL

In Quad we trust — P50, 51

Kai: We want all the trophies*

YORO . . . title ambition

But Yoro expects a Devils title tilt!*

From SAMUEL LUCKHURST in Stockholm

LENY YORO says a Prem title triumph is possible for Manchester United this season.

United finished third last term, having ended up in an embarrassing 15th the previous campaign — their worst in 51 years.

But the appointment of Michael Carrick in January led to 12 wins from 17 games and two defeats, fuelling hope among fans of an end to their 13-year title drought.

With champions Arsenal the team to beat, the Red Devils have emerged as potential challengers.

On winning the crown, French defender Yoro, 20, said: "Yeah, of course. We're Manchester United — so we have to think like that.

"I know we have the potential to do it, so we have to do it. The mood is

Turn to Page 47

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Blue Deau-ble top

BLUE BOLT doubled her Group 1 tally by denying old adversary Precise in the Prix Rothschild at Deauville.

Colin Keane's mount (*right*), sent off at odds of 1-2, had two lengths to spare over Irish 1,000 Guineas and Coronation Stakes winner Precise in the Falmouth Stakes at Newmarket, but in France the margin was half a length. Sir Mark Prescott's Moon Target was third.

Her trainer, Andrew Balding, said: "She's some filly, and Colin gave her a wonderful ride, he judged it to perfection.

"She likes to get on with it, she's a powerful traveller and knows her strength, so it's about harnessing that in the right direction."

The Matron Stakes at Leopardstown next month is the plan now.

By PETER GOMM

FOUR MORE FOR OISIN

OISIN MURPHY was the man to follow at Chester, booting home a fantastic 52-1 four-timer. The first three were for in-form trainer Andrew Balding, including 6-1 Simplify in the Listed Queensferry Stakes, while the David Evans-trained Blue Prince completed the set. Murphy's other two mounts finished as runners-up.

'Whisperer' death

MONTY ROBERTS, the legendary 'horse whisperer' who became a friend of the late Queen, has died at his home in California. He was 91.

His autobiography, The Man Who Listens To Horses: The Story of a Real-Life Horse Whisperer, was published in 1996 and quickly became a best seller.

Roberts (*right*) worked with horses all his life and was invited by Queen Elizabeth II to demonstrate his techniques, including the use of calming rugs that took his name and that are a frequent sight on racecourses to keep nervous horses calm in the stalls.

Ilka Gansea-Leveque, now a trainer in Newmarket, spent a year working with Roberts and said: "He was a regular, down-to-earth kind of guy. It was all about the horse for him."

By PETER GOMM

THE HOME OF RACING Favourite

Monday, August 3, 2026

in association with William HILL

TIGHT TUSSLE . . . Gstaad had to give best to Bow Echo again at Goodwood but Aidan O'Brien (*below*) is eyeing a rematch in France

BOW VOW

Aid believes Gstaad can topple Echo

By JACK KEENE

AIDAN O'BRIEN hasn't given up hope of beating Bow Echo this summer.

The champion trainer's Gstaad has taken on George Boughey's star at Newmarket, Ascot and Goodwood but finished second each time.

There hasn't been much between the two top-class colts the last twice, and Bow Echo led only in the final strides in last week's Sussex Stakes.

Gstaad will likely be aimed towards the Group 1 Prix du Moulin in France early next month, setting up another potential clash with his old rival.

O'Brien said: "We hope they meet again. We think our horse is progressing, and

Turn to Page 2

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Favourite THE BIGGEST AND THE BEST COLOURS

NAAS

GOING: GOOD TO FIRM

EAMONN HAMES	TOM PEPPER
2.17.....Bear On The Run	2.17.....Port Arthur
2.47.....Amiata	2.47...Gotta Catch'em All
3.17.....Dandy Land	3.17.....Platino Bianco
3.47.....Profit Surge	3.47.....Sherekiya
4.17.....My Girl Grace	4.17...Diamond Exchange
4.47.....Livenka	4.47.....Weekend Roar
5.20.....Never The Same	5.20.....Emiza

■TIC-TAC: Left-handed galloping track of 1m4f with a run-in of 4f and a steep uphill finish. ■DRAW: Low best in sprints. ■LEADING TRAINERS WITH RUNNERS (2021-2026): A P O'Brien 67-233, G M Lyons 36-230, J P O'Brien 30-263, J Harrington 25-277. THIS SEASON: A P O'Brien 11, J P O'Brien 8, N Meade 3. ■TOP JOCKEYS WITH RIDES (2021-2026): C T Keane 54-316, C D Hayes 28-257, S Foley 26-244, D Browne McMonagle 26-190. THIS SEASON: D Browne McMonagle 5, W J Lee 4, C T Keane 4. ■LONGEST TRAVELLER: Lough Leane (3.47) & Covert Legend (4.17). Round trip of 278 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■TRAINERFAX: A P O'Brien won the 4.47 in 2020 and 2024. G M Lyons won the 4.47 in 2021 and 2025. ■LIVE ON RACING TV

2.17 TRM IRONXCELL FOR ENERGY RACE; value to the winner €10,800; 6f. (6 runners)

1 (5)0-04940 **TOLEBI 4** G O'Leary 4-9-13 ..... **Danny O'Leary (10) 94**
2 (4) 21-68 **MICHAEL'S WELL 86 (D)** E & P Harty 3-9-9.. **Jamie Powell 95**
3 (2)2242930 **LIKEDBYMIKE 12** M Byrne 4-9-8 ..... **Joseph Sheridan ●99**
4 (1) 34- **PORT ARTHUR 291** M Grassick 3-9-5 ..... **Billy Lee 91**
5 (3) 51- **BEAR ON THE RUN 353 (D)** D Murphy 3-9-4 . **Shane Foley 93**
6 (6) 72O7178 **FOCACCIA 12** J Stack 3-9-4 ..... **Gavin Ryan 96**

BETTING: 7-4 Likedbymike, 4 Tolebi, 5 Focaccia, Michael's Well
WHERE FAVOURITES FINISHED: 1 1
2025: Bonus Time 3-9-4 Colin Keane 2-5 Fav (P Twomey) drawn 4, 5 ran.

2.47 MATCHBOOK BETTING EXCHANGE HANDICAP winner €12,000; 6f (11 run)

1 -55141 **AMIATA 61 (CD)**
(9) G Lyons 3-10-0 ..... **Colin Keane 97**
Runs: 13 Wins: 3 (G) Places: 1 €48,339
Progressing nicely, two wins this season, up 4lb for latest, respected

2 21-407 **RED EVOLUTION 16 (T★)**
(2) M O'Callaghan 4-10-0 **Dylan McMonagle 93**
Runs: 14 Wins: 3 (F,A,G) Places: 3 €60,467
Both turf wins at Cork, 5lb lower than for the last of them, in the hunt

3 1-4925 **GAVOO 16 (V;D)**
(4) D Marnane 3-9-11..... **Luke McAteer 95**
Runs: 10 Wins: 2 (A) Places: 2 €40,777
Fine effort in deep race at Curragh latest, more of same and go well

4 50-979 **MOLTOPHINO 16 (D)**
(11) J Kinsella 5-9-11 ..... **Chris Hayes 90**
Runs: 24 Wins: 1 (G) Places: 7 €53,750
Less than 1l behind Gavoo last time, capable but is hard to win with

5 431-02 **SPODO KOMODO 12 (D)**
(5) J Feane 4-9-9 ..... **Ronan Whelan ●99**
Runs: 6 Wins: 1 Places: 2 €15,950
Improved from return here latest, repeat of that and he's in the mix

6 160203 **SMOKE THEM OUT 32 (D)**
(10) T McCourt 4-9-7 .. **Sadhbh Tormey (7) 92**
Runs: 24 Wins: 3 (S) Places: 4 €65,755
Doing best work at finish (5f too sharp) latest, mark fair, dangerous

7 0961-0 **LEVERAGING 16 (D)**
(3) S Lavery 3-9-6 ..... **Robbie Colgan 85**
Runs: 5 Wins: 1 (A) €7,686
Won AW maiden at two, long last Curragh return (hcap bow), left

8 535437 **CLONMACASH 14 (V;D)**
(8) A McGuinness 5-9-4 **Declan McDonogh 88**
Runs: 57 Wins: 6 (5A,G) Places: 14 €70,961
Not a great strike-rate (1-27) on turf but edging down weights, sniff

9 769611 **GOTTA CATCH'EM ALL 12 (B;CD)**
(1) H Rogers 6-9-4..... **Siobhan Rutledge 97**
Runs: 27 Wins: 2 (2G) Places: 8 €32,142
This trip & blinkers the making of him, up 5lb for latest win, chance

10 40-548 **FLAMING RIB 12 (V★;D)**
(7) A McGuinness 7-9-2 ..... **Shane Foley 87**
Runs: 36 Wins: 7 (S,F,GS,4G) Places: 4 €460,593
Commonwealth Cup 2nd in '22, not force of old but is down weights

11 4-5252 **LOHOOBB 41 (BF)**
(6) M Grassick 3-9-2 ..... **Billy Lee 96**
Runs: 7 Places: 3 €7,152
35,000gns buy last month, Ffos Las 2nd last time best yet, claims

BETTING: 7-2 Amiata, 4 Spodo Komodo, 5 Gotta Catch'em All, 6 Lohoobb, 13-2 Gavoo, 8 Red Evolution, 10 Smoke Them Out
WHERE FAVOURITES FINISHED: 1 0
2025: Mint Man 4-8-9, L Roche 8-1 (P J F Murphy), drw 5, 14 ran.

3.17 MATCHBOOK LOCAL RACING APPRENTICE HANDICAP (0-60); value to the winner €6,000; 5f. (15 runners)

1 (14)6668-00 **CAFFU ZAFEEN 46** P Flynn 5-10-2 ..... **Reese Holohan (4) 80**
2 (8)-402959 **TAWAAZON 16 (B;C,D)** J Kinsella 8-10-0.... **Terry Casey (7) 91**
3 (7)6908-00 **REINFORCE 23 (D)** K Brown 6-9-10 **Robyn Donaghue-Leahy (4) 78**
4 (3)**49**-6832 **DANDY LAND 17 (V;BF)** W McCreery 4-9-9 **Paddy Harnett ●99**
5 (12)0-54363 **HOT TO FOXTROT 17** J Feane 6-9-9..... **Jack Cleary 97**
6 (13)9650-94 **PRACTICAL MOVE 17** J Dowling 3-9-9 **Julian Pietropaolo (4) 97**
7 (15)01037-0 **UNDEFEATABLE 23 (B)** K Smith 4-9-7..... **Sam Coen (2) 85**
8 (11)**50**-0061 **ANOTHER NICE'DAY 23 (D)** M Lynch 3-9-5 **Orla Tynan (7) 98**
9 (10)8060155 **PLATINO BIANCO 10 (V;CD)** C Maxwell 5-9-5 **Jack Kearney 94**
10 (4)**773**-080 **STAR ALLURE 92** C O'Connell 4-9-1 **Adam Browne-Souza (7) 84**
11 (6) 17-0090 **STEP BACK IN TIME 33 (D)** C Timmons 8-9-0 **Nicola Burns (2) 90**
12 (2)**64**-4347 **STEEL MAGNOLIA 31 (V;BF)** W McCreery 4-8-13 **Keithen Kennedy 92**
13 (5)**5**-74570 **LUMINESSA 52 (B★)** J Davison 3-8-11.... **Conor Cusack (7) 85**
14 (1) 37-0545 **JACKSMITHEFOX 9** M Lynch 7-8-10..... **Rosney Whelan 95**
15 (9)00-4405 **LIVINGSTON RANGE 33 (C,D)** R Donohoe 8-8-10 **Shay Wallace (7) 96**

BETTING: 4 Dandy Land, Hot To Foxtrot, 5 Another Nice'day, 6 Practical Move
WHERE FAVOURITES FINISHED: 3 5 5
2025: Annie Lavinia 3-9-0 Sorcha Woods 5-1 (E Lynam) drawn 10, 18 ran.

3.47 BET 20 GET 40 WITH MATCHBOOK HANDICAP; value to the winner €7,200; 7f. (16 runners)

1 (10)337-096 **ALTIMARA 33 (H;D)** R O'Sullivan 5-10-0 **Donagh O'Connor 91**
2 (18)-274106 **LOUGH LEANE 42** M Ahern 6-9-12...**Jessica O'Gorman (7) 92**
3 (16)01-5990 **CHESTER NIMITZ 26** G O'Leary 4-9-11 ..... **Gary Carroll 86**
4 (13)0090621 **RAPPELL 23 (B;D)** P Flynn 5-9-10 ..... **Dylan McMonagle ●99**
5 (12)**3**190-07 **PHOENIX PAIRC 23 (D)** W McCreery 4-9-9..... **Billy Lee 90**
6 (3) 0474521 **DYNAMIC FORCE 9 (D)** T McCourt 7-9-8 **Sadhbh Tormey (7) 98**
7 (14)9642-01 **MO ANAM CHEFOX 9 (D)** M Fahey 3-9-7 ..... **Ronan Whelan 95**
8 (7)**75**-3308 **DARKDESERTHIGHWAY 19 (B;C,D)** M O'Callaghan 8-9-6 **Jamie Powell 88**
9 (6)**3663**223 **PROFIT SURGE 31 (B)** G Keane 5-9-6..... **Colin Keane 93**
10 (2) 754- **SHEREKIYA 301** D Weld 3-9-6 ..... **Chris Hayes 89**
11 (15)**25**-0205 **IRISH RUMOUR 23** M Lynch 6-9-5..... **James Ryan 91**
12 (4)210**73**6 **LAND OF THE GIANTS 19 (H)** A McGuinness 4-9-5 **Cillian Rowan (10) 88**
13 (8)**2310**252 **VOLENDAM 39 (BF)** E Delany 4-9-5 ..... **Joseph Sheridan 96**
14 (11)-U73433 **BEAR RIGHT 18 (BF)** J Harrington 3-9-2..... **Shane Foley 97**
15 (9)083-P52 **ZHELEZNAYA DAMA 20 (BF)** B Duke 3-9-0.... **Rory Cleary 95**
16 (17) 886 **FROSTED SKY 50** D McLoughlin 3-8-13 ..... **Nathan Crosse 75**
17 (1)**80**-9050 **SUMMER SNOW 38 (D)** P Lawlor 6-10-2 ..... **RESERVE 84**
18 (5) 0769-70 **SUERTE 77 (H)** S Lavery 4-9-0 ..... **RESERVE 82**
19 (15)**080**-09 **MISS IVOR 61** P O'Rourke 3-8-7 ..... **RESERVE 73**

BETTING: 7-2 Rappell, 6 Dynamic Force, Bear Right, 13-2 Zheleznaya Dama
WHERE FAVOURITES FINISHED: 0 3-8
2025: Spent All Me Money 3-9-10 S Foley 25-1 (A Sexton) drawn 7, 16 ran.

4.17 WATCH ALL RACING LIVE AT MATCHBOOK HANDICAP; value to the winner €9,000; 1m 3f. (11 runners)

1 (3) **4**-87123 **DALER 18 (BF)** G Lyons 4-10-3 ..... **Gary Carroll 97**
2 (8) -131675 **DIAMOND EXCHANGE 20 (D)** J Harrington 4-9-13 **Shane Foley 96**
3 (9)**1**-19025 **GENOAH 23 (BF,D)** M O'Callaghan 5-9-11 **Dylan McMonagle 94**
4 (4)**27**-2889 **NAKASERO 25** H Bromhead 5-9-11 ..... **Adam Grant (7) 90**
5 (1)**3**-**69**002 **PAVILION END 26** C O'Brien 6-9-9..... **Declan McDonogh 98**
6 (5) 81**8**60-2 **LETIZA 23** A Slattery 6-9-7 ..... **Andy Slattery ●99**
7 (6) 0457 **ENCHANTED LADY 44** A Oliver 4-9-6..... **Billy Lee 85**
8 (7) 17 **MY GIRL GRACE 20 (BF)** G Lyons 3-9-6..... **Colin Keane 93**
9 (11)9234-04 **HAMIYAN 25** D Weld 3-9-3 ..... **Chris Hayes 91**
10 (10) 690 **BIG DISPUTE 27** K Coleman 7-9-0 ..... **Robbie Colgan 83**
11 (2)**6442**-44 **COVERT LEGEND 30 (V★;BF)** M Ahern 6-8-11 **Leigh Roche 94**

BETTING: 3 Daler, 7-2 Letiza, 6 Hamiyan, 7 Genoah, Diamond Exchange, 8 My Girl Grace, Pavilion End, 10 Covert Legend
WHERE FAVOURITES FINISHED: 2 1 5
2025: Ob La Di 4-9-13 Ben Coen 10-1 (J P Murtagh) drawn 13, 16 ran.

Sunracing FORM

DALER (10-3) 5-2 fav tracked leaders, 3rd halfway, headway early straight, disputed lead briefly over 1f out, no impression final 100 yards, kept on one pace, 3rd of 9 (btn 1¼l) to Marmeladova (9-9) (Leopardstown 1¼m hcap €12,000 good).
DIAMOND EXCHANGE (9-1) 11-2 prominent, tracked leaders after 1 1/2f, ridden 2f out, 4th and no impression over 1f out, kept on one pace, 5th of 9 (btn 3¾l) to Saga Gaga (9-5)
MY GIRL GRACE (8-12) 2-1 fav dwelt and carried right from stalls, pushed along on outer 3f out, ridden 2f out, no impression when edged left 1f out, no extra, 7th (btn 5½l) (Killarney 1m 3f hcap €14,400 good).
LETIZA (9-3) 7-1 towards rear, 3rd 1f out, kept on closing stages without reaching winner, btn ¾l by Admiral Will Brown (8-4) **GENOAH** (9-11) 9-4 fav tracked leaders, ridden and no impression 3f out, kept on one pace final furlong, 5th (btn 4¾l) (11 ran) (Navan 1¼m hcap €9,000 good).
NAKASERO (8-4) 40-1 disputed lead, led halfway, joined 1 1/2f out, headed 1f out, weakened, 9th of 11 (btn 7½l) to Thread Of Gold (8-9) (Leopardstown 1m 1f hcap €60,000 good).
PAVILION END (9-1) 28-1 led, joined over 2f out, kept on from over 1f out, headed close home, btn sh hd by Tounsivator (9-8) (8 ran) (Fairyhouse 1¼m rtd rce 0-90 €12,000 good).
ENCHANTED LADY (8-9) 33-1 dwelt, in rear, ridden in moderate 7th 2f out, no impression, 7th of 9 (btn 19l) to Chica Guerrera (9-1) (Down Royal 1¼m hcap €19,500 soft).
HAMIYAN (9-2) 17-2 towards rear, pushed along 2f out, soon ridden, kept on steadily final furlong, 4th close home, 4th of 13 (btn 2¾l) to Frank Pickle (9-6) (Leopardstown 1m hcap €12,000 good).
BIG DISPUTE (9-9) 3-1 mid-division, raced wide and freely, pushed along 2f out, soon no extra and weakened quickly over 1f out, tailed off, last of 10 (btn 18l) to El Galvino (9-9) (Tramore 1¼m mdn €6,601 good).
COVERT LEGEND (10-4) 11-10 fav tracked leaders on outer, pushed along over 3f out, no response, 4th of 5 (btn 9½l) to Valley Of Flowers (10-8) (Carlisle 1m 3f hcap (5) £5,234 good).

4.47 IRISH EBF BALLYHANE STAKES 2-Y-O; winner €110,000; 6f (12 runners)

1 443 **SOUTH DAKOTA 19 (BF)**
(9) A P O'Brien 9-8 ..... **Wayne Lordan 97**
Runs: 3 €9,882
Turned over at odds-on Killarney latest, but Chesham fourth sets standard

2 1303 **STAR PROSPECT 10**
(11) J O'Brien 9-8..... **Dylan McMonagle 95**
Runs: 4 Wins: 1 (S) Places: 1 €17,322
Midfield in Norfolk at Royal Ascot, back on track at Cork latest, place

3 55503 **EIGHTEENTH SMILES 4**
(3) J O'Brien 9-4..... **Declan McDonogh 89**
Runs: 5 €2,727
Third in Galway nursery (7f) last week, drop back to 6f a worry, squeak

4 5D7 **RANTING DUKE 30 (V★)**
(10) D Dias 9-4 ..... **Ronan Whelan 85**
Runs: 3 €545
Finished last in Naas Lstd race (1m) latest, visor/6f to help but still bit to do

5 **STARLIT**
(5) J Harrington 9-3..... **Shane Foley —**
Starman filly out of unplaced sprinter, this looks a tough introduction

6 120 **ALPE D'HUEZ 47 (P★;D)**
(4) A Watson (UK) 9-2..... **Gary Carroll 93**
Runs: 3 Wins: 1 (A) Places: 1 €22,448
Promising at Epsom but long last in Windsor Castle latest, don't write off

7 6 **EL DOMINO 18**
(7) A Slattery 9-2 ..... **Andy Slattery 70**
Runs: 1 €413
Unsighted in Leopardstown maiden last month, this surely step too far

8 50 **ANGLESEA BRIDGE 12**
(12) G Lyons 9-0. ..... **Robert Whearty 76**
Runs: 2 €620
Excused latest effort (hampered leaving stalls), but still needs big step up

9 31 **WEEKEND ROAR 39 (D)**
(6) H Palmer (UK) 9-0..... **Billy Lee 96**
Runs: 2 Wins: 1 (F) Places: 1 €7,318
Built on debut promise with gutsy Newm novice win, taken seriously

10 70 **LILY BEAR 11**
(8) M Grassick 8-11 ..... **Niall McCullagh 70**
Runs: 2 €0
Towards rear in two Leopardstown maidens, unlikely to get involved here

11 331 **LIVENKA 26 (D)**
(2) G Lyons 8-11 ..... **Colin Keane ●99**
Runs: 3 Wins: 1 (G) Places: 1 €16,033
Landed the odds in Fairyhouse maiden last month, progressive, in mix

12 **MAEDA MATSU**
(1) S Lavery 8-9 ..... **Rory Cleary —**
Dubawi Legend half-sister to 7f Lstd winner, looks one for another day

BETTING: 9-4 South Dakota, 3 Livenka, 5 Star Prospect, Alpe d'Huez, 13-2 Weekend Roar, 14 Starlit, Ranting Duke, 20 Maeda Matsu, Anglesea Bridge, 25 Eighteenth Smiles, 33 El Domino
WHERE FAVOURITES FINISHED: 1 9 0 1 4
2025: Howd'yadoit 9-0, C Keane 13-2 (G M Lyons), drw 23, 21 ran.

5.20 HURLING FOR CANCER ON AUGUST 24TH FILLIES MAIDEN; winner €7,200; 1m. (18 runners)

1 (6)980408-**DARK WILLOW 257** M Whelehan 6-9-10..... **Gary Carroll 83**
2 (2) **ZARENAKARENA** E & P Harty 4-9-10 ..... **Jamie Powell —**
3 (7) **48-ZESTY BELLE 248** M Quigley 5-9-10 ..... **Sam Coen (5) 80**
4 (11) **ACULA** J O'Brien 3-9-3 ..... **Joseph Sheridan —**
5 (14) **EMIZA** D Weld 3-9-3..... **Chris Hayes —**
6 (18) **ESTRALLITA** J Davison 3-9-3..... **James Ryan —**
7 (1) 6 **MARDI GRAS QUEEN 121** J Stack 3-9-3 ..... **Andy Slattery 88**
8 (15) 999- **MY GIRL JERSIE 280** P Flynn 3-9-3 ..... **Robert Whearty 70**
9 (16) 54-233 **NAUTIC STAR 16 (BF)** J Harrington 3-9-3 ....**Shane Foley ●99**
10 (9) 8-4 **NEVER THE SAME 16** J O'Brien 3-9-3....**Dylan McMonagle 94**
11 (10) **ORELLANA** H Rogers 3-9-3..... **Siobhan Rutledge —**
12 (8) 0 **SHELTON SPRING 6** E Mitchell 3-9-3 ..... **Wesley Joyce (3) 70**
13 (13) 0 **SIOUX THE BOSS 86 (P★)** J Harrington 3-9-3 **Nathan Crosse 75**
14 (3) 0 **SWEETIE TOO 63** B Duke 3-9-3..... **Rory Cleary 70**
15 (5) 0 **TERRA DI SIENA 52** H Bromhead 3-9-3..... **Ronan Whelan 73**
16 (17)6583-06 **VENOSA 24** A P O'Brien 3-9-3..... **Wayne Lordan 95**
17 (12) 0 **WHATSIN THE STARS 9** P Flynn 3-9-3..... **Leigh Roche 74**
18 (4) 6 **XIRIVELLA 30 (T★)** N Meade 3-9-3 ..... **Colin Keane 81**

BETTING: 7-4 Venosa, 3 Nautic Star, 5 Never The Same, 6 Acula, 8 Emiza, 14 Estrallita, Mardi Gras Queen, 20 Xirivella
WHERE FAVOURITES FINISHED: 8 2 1
2025: Noli Timere 3-9-3 C Keane 11-4 Fav (M O'Callaghan) drawn 17, 19 ran.

NOTTINGHAM

TEMPLEGATE	TOM PEPPER
2.40MOONLIT SURF (nap)	2.40.....Aura Champagne
3.10.....Piper Cee	3.10.....Piper Cee
3.40.....Mobadir	3.40.....Star People
4.10.....Sergeant Mayer	4.10Invincible Crown (nb)
4.40.....Sedeirah	4.40..Dawn Of Liberation
5.10.....Straight A	5.10.....Theme Park

■TIC-TAC: Left-handed oval track of 1m 4f, straight 6f course, flat with easy turns. ■DRAW: High best in 5f & 6f races. ■LEADING TRAINERS WITH RUNNERS (2021-2026): M Appleby 28-196, W Haggas 21-108, T Easterby 18-172, K R Burke 16-87. THIS SEASON: T Easterby 5, E Walker 5, E J-Houghton 4. ■TOP JOCKEYS WITH RIDES (2021-2026): Rossa Ryan 19-117, T Marquand 13-87, C Rodriguez 11-61, K Stott 10-62. THIS SEASON: M Ghani 4, Ashley Lewis 4, L Edmunds 3. ■LONGEST TRAVELLER: Lola De Valence (3.10) trained at Cullompton. Round trip of 408 miles. ■JACKPOT: Races 1-6. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

GOING: GOOD TO FIRM (GOOD)

2.40 WEATHERBYS DIGITAL SOLUTIONS MAIDEN FILLIES' STAKES (Class 4); winner £5,400; 1m. (6 runners)

1 (6) 3-3 **AURA CHAMPAGNE 16** R Hannon 3-9-2 ..... **Sean Levey 98**
2 (2) 6-6542 **MOONLIT SURF 16 (H★)** O Burrows 3-9-2..... **Callum Rodriguez 92**
3 (5) **MOONTUNE** S Williams 3-9-2..... **Marco Ghiani —**
4 (4) 8- **MY PREROGATIVE 313** D Killahena & G McPherson 3-9-2 **Oliver Stammers 70**
5 (3) 4252 **QUISANA 18 (H)** E J-Houghton 3-9-2..... **Charles Bishop ●99**
6 (1) 72 **YIMMNA 38** W Haggas 3-9-2..... **Tom Marquand 97**

BETTING: 9-4 Yimmna, 11-4 Aura Champagne, 3 Quisana, 10-3 Moonlit Surf
WHERE FAVOURITES FINISHED: 2-5 4
2025: Bette Davis Eyes 3-9-2 K Shoemark 13-2 (E Walker) drawn 10, 9 ran.

3.10 WEATHERBYS GLOBAL STALLIONS APP EBF FILLIES' NOVICE STAKES (4); 2-y-o; winner £5,400; 6f. (7 run)

1 (3) 408 **BLUE SIGN 25 (T★)** I Mohammed & J Santos 9-2...**Silvestre De Sousa 94**
2 (5) **CASABLANCA DREAM** M Botti 9-2..... **Suraj Narredu —**
3 (2) 75 **HARLEQUIN GIFT 25** K Ryan 9-2..... **Tom Eaves ●99**
4 (7) **LADY LEORA** K Ryan 9-2..... **Kevin Stott —**
5 (6) 3 **LOLA DE VALENCE 13** B Millman 9-2..... **Lewis Edmunds 97**
6 (1) **MANDOLIN RAIN** D Cunha 9-2..... **Stevie Donohoe —**
7 (4) **PIPER CEE** K R Burke 9-2..... **Sam James —**

BETTING: 2 Lady Leora, 11-4 Piper Cee, 5 Lola De Valence, 8 Harlequin Gift, Blue Sign, 12 Mandolin Rain, Casablanca Dream
WHERE FAVOURITES FINISHED: 2 1 4 2 1
2025: The Prettiest Star 9-2 K Shoemark 15-8 Fav (E Walker) drawn 3, 9 ran.

3.40 WEATHERBYS VAT SERVICES NURSERY HANDICAP (5); 2-y-o; winner £4,187; 6f. (7 runners)

1 (4) 106 **BOLETO 23 (D)** C Cox 9-9..... **Rossa Ryan 92**
2 (5) 643134 **FERN CLYDE 17 (H;D)** T Easterby 9-7 ..... **Jake Dickson (5) 93**
3 (3) 2320 **LEUCOTHEA 16** R Hannon 9-6..... **Sean Levey 97**
4 (6) 052 **STAR PEOPLE 14** J & S Quinn 9-6..... **Marco Ghiani 98**
5 (7) 667 **MOBADIR 31** E Walker 9-3..... **Kieran Shoemark 89**
6 (2) 51 **DISSENTER 10 (D)** M Tregoning 9-3..... **Ashley Lewis (5) ●99**
7 (1) 7404 **HARRY'S POP 11** D Cunha 9-2..... **Stevie Donohoe 85**

BETTING: 3 Dissenter, 7-2 Star People, 4 Leucothea, Boleto, 7 Mobadir, 10 Fern Clyde, 14 Harry's Pop
WHERE FAVOURITES FINISHED: 6-7
2025: Black Endeavour 9-6 Jack Mitchell 14-1 (M Rimell) drawn 7, 9 ran.

4.10 WEATHERBYSSHOP.CO.UK HANDICAP (6); value to the winner £3,402; 5f. (6 runners)

1 (3) 0398559 **HURT YOU NEVER 14 (B★;CD)** A Nicholls 7-9-9...**Jack Nicholls (3) ●99**
2 (2) 6474214 **INVINCIBLE CROWN 19 (D)** R Carr 4-9-9..... **Tom Eaves 98**
3 (4) 99-8969 **LITTLE JAYBEE 49 (V★;D)** P Evans 3-9-6..... **Kieran Shoemark 91**
4 (1) 48-0696 **SERGEANT MAYER 16 (C,D)** N Tinkler 5-9-5..... **Faye McManoman 94**
5 (5) 55-1580 **STAR MARIAN 59 (B★;D)** D Loughnane 3-9-3 ..... **Rossa Ryan 93**
6 (6) 9164870 **UP THE MONK 33 (B★)** M Appleby 4-8-10..... **Mason Paetel (5) 85**

BETTING: 11-8 Invincible Crown, 4 Hurt You Never, 11-2 Sergeant Mayer, 6 Little Jaybee, 8 Star Marian, 12 Up The Monk
WHERE FAVOURITES FINISHED: 1 5 2 1 1
2025: Toptime 7-9-8 Darragh Keenan 3-1 Fav (S Bowring) drawn 4, 8 ran.

4.40 WEATHERBYS BETTRENDS HANDICAP (5) winner £4,187; 1m 2f (4 runners)

1 7-0653 **DAWN OF LIBERATION 68 (CD)**
(3) R Carr 7-10-3..... **Warren Fentiman (3) 98**
Runs: 48 Wins: 5 (F,4G) Places: 7 £85,748
Yet to hit top gear this season but better latest, on fair mark, player

2 623 **SEDEIRAH 16**
(4) E Bethell 3-9-7 ..... **Callum Rodriguez 97**
Runs: 3 Places: 1 £11,057
Fair efforts in novice company, opening mark looks fair, in the hunt

3 -33421 **DEL CORSO 16 (CD)**
(2) E Walker 3-9-6 ..... **Kieran Shoemark ●99**
Runs: 8 Wins: 1 (F) Places: 1 £11,014
Landed odds over C&D last month, only slight nudge in weights, fancied

4 33-44 **AUSSIE PEARL 39 (P★)**
(1) C Johnston 3-9-1..... **Sean D Bowen 85**
Runs: 4 Places: 1 £4,329
Last of four on hcap bow at Hamilton, eased 3lb and c'pieces on, sniff

BETTING: Evens Del Corso, 5-2 Dawn Of Liberation, 9-2 Sedeirah, 7 Aussie Pearl
WHERE FAVOURITES FINISHED: 3 4-5 2
2025: Nightsinwhitesatin 3-9-9, C Rodriguez 3-1 (E Bethell), drw 1, 8 ran.

Sunracing FORM

DAWN OF LIBERATION (9-5) 5-1 raced in last, made steady headway over 1f out, kept on inside final furlong, not pace to challenge, 3rd of 7 (btn 2½l) to Mao Shang Wong (9-7) (Beverley 1¼m hcap (5) £5,274 good to firm).
SEDEIRAH (8-11) 18-1 chased leaders, tracked leader, lost position 2f out, ran on one pace, 3rd of 5 (btn 4½l) to Thursday Girl (8-11) (Nottingham 1m nov (4) £5,400 good to firm).
DEL CORSO (9-0) 2-5 fav made all, ridden 1f out, kept on well, unchallenged, bt Crimson Rambler (9-1) 2l (3 ran) (Nottingham 1¼m hcap (5) £5,234 good to firm).
AUSSIE PEARL (8-13) 14-1 mostly close third but pressed for second at times, hung right and weakened over 1f out, last of 4 (btn 9½l) to Ruby Wedding (9-9) (Hamilton 1m 3f hcap (5) £4,187 good to firm).

5.10 WEATHERBYS RACING BANK HANDICAP (5); value to the winner £4,123; 1m. (6 runners)

1 (4) 69-0512 **THEME PARK 4 (D)** N Tinkler 6-10-2..... **Faye McManoman 97**
2 (3) 442254 **STRAIGHT A 11** M Appleby 5-10-1..... **Mason Paetel (5) 98**
3 (5) 34-7063 **SYMPHONY OF JOY 13** K Frost 4-9-13..... **Oliver Stammers 97**
4 (2) 447-0 **G'EMMETHEGREENLITE 100** S Spencer 3-9-7..... **Dale Swift 85**
5 (1) 7962 **VENETIAN LION 7** W Haggas 3-9-5 ..... **Tom Marquand ●99**
6 (6) 4113-30 **PRETTY SPIRITED 76 (D)** L Mullaney 4-9-0..... **Tom Eaves 91**

BETTING: 7-4 Venetian Lion, 11-4 Theme Park, 7-2 Straight A, 9-2 Symphony Of Joy, 14 Pretty Spirited, 25 G'Emmethegreenlite
WHERE FAVOURITES FINISHED: 1 1 3 1 6
2025: Ravishing Beauty 4-9-9 Jack Garritty 11-1 (J O'Keeffe) drawn 5, 9 ran.

JOCKEYFORM

		WINS TO RIDES	RIDES	£1 LEVEL
TOTAL WINS		LAST WEEK	SINCE WIN	STAKE
149	B Loughnane	10-49	7	-167
115	O Murphy	7-51	1	-135
104	R Ryan	3-9	3	-54
79	J Hart	4-27	8	-112
78	L Morris	4-28	7	-232

TRAINERFORM

		WINS TO RUNNERS	STRIKE	£1 LEVEL
TOTAL WINS		LAST WEEK	RATE %	STAKE
125	A Balding	8-42	21	-3
101	A Carroll	2-15	14	-193
100	J Owen	6-37	17	-70
84	R Hannon	8-40	15	-25
83	K Burke	6-36	18	-44

RIPON

2.24 IRISH STALLION FARMS EBF M... 2-y-o; value to the winner £5...

1 (3) 3 **REFLECT ON GLORY 7** K R Burke 9-7 .....
2 (1) 74 **SOLE RULER 43** P Midgley 9-7 .....
3 (2) 2 **THE MEAN FIDDLER 8** J & S Quinn 9-...
4 (4) 23 **WAR GAMING 19 (B★;BF)** G Scott 9-7 ...

BETTING: Evens The Mean Fiddler, 2 War Gaming, ...
WHERE FAVOURITES FINISHED and 2025: No c...

2.54 NAPOLEONS CASINO & RESTA... NOVICE STAKES (4); winner £...

1 (2) 7400699 **AURORA'S DOUBLESIX 49 (H)** B Rot...
2 (3) **87- ALL GOOD 293** J Camacho 3-9-2 .....
3 (1) 3022262 **QUEEN SANA 20** O Sangster 3-9-2 .....
4 (6) **787-87 ROHINI 27 (P★)** J Ramsden 3-9-2 .....
5 (5) 73 **ROYALE UNION 5** K R Burke 3-9-2 .....
6 (4) 26 **SECRET HARVEST 51** C Allen 3-9-2...

BETTING: Evens Queen Sana, 7-2 Secret Harvest, ...
WHERE FAVOURITES FINISHED and 2025: No c...

1 2 3 4

3.24 WEATHERBYS BLOODST... HANDICAP (5) winner £...

1 527741 **ANGEL NUME...**
(4) R Carr 3-9-9 .....
Runs: 14 Wins: 2 (F,G)
Thirsk win on stable bow last month, u...

2 -62177 **CREATIVE QU...**
(5) W Haggas 3-9-7...
Runs: 6 Wins: 1 (S)
Won Yarm nov in May but well beaten h...

3 -51654 **MARAJITO 16**
(1) T Easterby 4-9-6...
Runs: 17 Wins: 2 (F,G)
C&D win in May but hasn't kicked on, ...

4 471141 **ZOUSTAR DR...**
(2) E Dunlop 3-9-6...
Runs: 11 Wins: 3 (S,2F)
Running well, 5lb rise for Notts win late...

5 231-59 **NORTH WEST...**
(3) J & S Quinn 3-9-4 ...
Runs: 6 Wins: 1 (A)
AW maiden win at two, yet to pull up a...

BETTING: 15-8 Zoustar Dreams, 5-2 Ang...
WHERE FAVOURITES FINISHED: 1 7
2025: Tiva 3-9-7, D Tudhope 13-8 Fav (D...

3.54 WILMOT-SMITH MEMOR... winner £9,277; 6f

1 090U13 **DARK CLOUD...**
(6) D O'Meara 4-10-0...
Runs: 22 Wins: 5 (F,A,3G)
No disgrace at Ponte last time, C&D win ...

2 -22070 **COMMANCHE...**
(1) M Dods 9-9-11. ....
Runs: 60 Wins: 12 (2S,3F,3GS,4G...
Couple of good efforts in Bahrain start...

3 901452 **LORD ROXBY...**
(2) N Tinkler 4-9-5 ....
Runs: 22 Wins: 3 (F,2G)
Good at Ayr latest, holding form well, n...

4 09-205 **SAINT LAWRE...**
(4) K Ryan 8-9-3.....
Runs: 42 Wins: 3 (F,GS,G)
No win since '23 Wokingham but slipping ...

5 504030 **ROUSING ENC...**
(3) R Carr 6-9-3 .....
Runs: 50 Wins: 6 (S,2F,A,2G)
In-and-out performer, more out than ir...

6 -90004 **BOSTON DAN...**
(7) T Easterby 3-9-0 ...
Runs: 14 Wins: 1 (GS)
Liable to pop up at some stage and easir...

7 483000 **GRANT WOOD...**
(5) P Midgley 7-8-11...
Runs: 38 Wins: 6 (F,4A,G)
Started year well and best effort since wa...

BETTING: 11-10 Dark Cloud Rising, ...
Lawrence, 14 Boston Dan, Rousing Encore
WHERE FAVOURITES FINISHED: 2 4
2025: Mister Sox 5-8-12, S Kirrane 6-1 (T...

AID'S BOW...

From Page One

as the weeks go by he'll get stronger. As a physical specimen, he's much bigger than Bow Echo. Maybe it'll work to our advantage, and we can make the improvement we need.

"W... such ... and ... "I ... he'll ... bit o... then... to re...

EACH-WAY T...

FAST STEPS (6.00 Windsor) coul... step up in distance. Have an each-w... BEETLE (8.00 Windsor) who ran his... when third at Chepstow latest.

PROBETS

CHEEKY BET: ZOUSTAR DREAMS (3.24 Ripon) has won three of his four starts in cheekpieces.
SUPER SPEED: DEL CORSO (4.40 Nottingham) clocked a good time when winning

at thi... SU... SHIN... looke... at Ke... and t... he'll ... PRINC... backe... out

S, FORM AND TIPS SEVEN DAYS A WEEK!

GOING: GOOD (GOOD TO FIRM)

NOVICE STAKES (CI 4); 5,757; 6f. (4 runners)

.....Clifford Lee 95
..... Paul Mulrennan 87
.....Jason Hart ●99
.....Cieren Fallon 96
4 Reflect On Glory, 16 Sole Ruler
corresponding race.

AURANT LEEDS FILLIES' £5,234; 6f. (6 runners)

hwell 4-9-6.....Shay Farmer (5) 74
..... Tom Kiely-Marshall (5) 85
.....Daniel Tudhope ●99
.....Taryn Langley (5) 70
.....Clifford Lee 93
.....Cieren Fallon 98
4 Royale Union, 10 All Good
corresponding race.

5 6

TOCK PRO FILLIES' £4,711; 5f (5 run)

BERS 18 (D)
. . . .James Sullivan 95
Places: 3 £23,598
p 6lb but should go well again

UEEN 25 (P★)
. . . . . Cieren Fallon 93
Places: 1 £9,803
caps latest, best on easy ground

S (CD)
. .Oisin McSweeney 97
Places: 2 £16,216
needs return here to relight fire

EAMS 16 (D)
. . . . . .Jack Callan ●99
Places: 1 £17,267
st demands another career-best

T GAL 67 (D)
. . . . . .Jason Hart 89
Places: 3 £9,645
ny trees this year, watching brief
el Numbers, 9-2 Marajito
1
D O'Meara), drw 2, 8 ran.

RIAL HANDICAP (3) (7 runners)

RISING 27 (V;BF,CD)
. . . .Daniel Tudhope ●99
Places: 2 £63,337
before that, 6lb higher now, in mix

E FALLS 9 (CD)
. . . .Connor Beasley 87
) Places: 12 £700,954
of year, yet to fire since, danger

T 14 (D)
. . . . . .Alex Jary (3) 97
Places: 9 £47,882
ever won beyond Class 4, claims

ENCE 17 (B;D)
. . . . . .Shane Gray 94
Places: 6 £204,923
down weights, give good account

CORE 9 (D)
. . . .James Sullivan 93
Places: 9 £155,317
n at Ayr latest, capable but risky
9
. . . . . .Sean Kirrane 85
Places: 5 £164,497
g mark gives hope, place squeak

D 10 (CD)
. . . . . .Jason Hart 84
Places: 7 £56,659
as over C&D four starts back, sniff
2 Lord Roxby, 6 Saint
, 20 Commanche Falls
3
T Easterby), drw 3, 11 ran.

V VOW

e've met these types, as Sea The Stars, before, ve love that challenge. think the Moulin is where end up because there's a f time between now and . We'll give him a chance cover and go again."

THIEF

d show more for this way double with TIGER s best race for a while

s track last time out. PER SPEED: NIGHT NING (7.00 Windsor) d a winner in waiting empton last time out his is a good chance. MBLED ON: ELORA CE (8.00 Windsor) was d before just missing t at Ffos Las latest.

TEMPLEGATE

2.24..... The Mean Fiddler
2.54..... Queen Sana
3.24..... Zoustar Dreams
3.54..... Lord Roxby
4.24..... Poet's Dawn
4.54..... Amber Hamur

TOM PEPPER

2.24..... The Mean Fiddler
2.54..... Secret Harvest
3.24 ANGEL NUMBERS (nap)
3.54.... Dark Cloud Rising
4.24 Everyoneknowsadave
4.54..... Vega's Virtue

TEMPLEGATE'S TRIO: Moonlit Surf (Nottingham) and Rocsane (double, Windsor) with Poet's Dawn (Ripon).
TOM PEPPER'S DOUBLE: Angel Numbers (Ripon) and Invincible Crown (Nottingham).
SUNRATINGS' NAP: POET'S DAWN (4.24 Ripon).
THE JUDGE: VENETIAN LION (5.10 Nottingham).

■TIC-TAC: Right-handed oval track, 1m 5f in extent, which joins the straight course more than 5f from the finish. ■DRAW: Low numbers favoured on the sprint course. ■LEADING TRAINERS WITH RUNNERS (2021-2026): T Easterby 72-636, D O'Meara 28-217, W Haggas 23-53, K R Burke 19-100. THIS SEASON: T Easterby 10, K R Burke 3, D O'Meara 3. ■TOP JOCKEYS WITH RIDES (2021-2026): D Tudhope 26-92, J Hart 24-165, P Mulrennan 14-88, C Lee 13-60. THIS SEASON: J Hart 6, C Lee 3, D Tudhope 2. ■LONGEST TRAVELLER: Queen Sana (2.54) trained at Marlborough. Round trip of 440 miles. ■TRAINERFAX: D O'Meara won the 4.24 in 2022 and 2023. T Easterby won the 3.54 in 2023 and 2025, and won the 4.24 in 2020 and 2021. ■FIRST RUN SINCE WIND OP: His Finest Hour (4.24). ■LIVE ON SKY SPORTS RACING

Sunracing FORM

DARK CLOUD RISING (9-6) 2-1 fav held up in touch, short of room 1f out, switched right and ridden final furlong, took third near finish, 3rd of 6 (btn 5¹/₂l) to Badri (9-4) (Pontefract 6f hcap (2) £13,400 good).
COMMANCHE FALLS (9-6) 33-1 towards rear, not clear run 1f out, kept on final 100 yards, no impression, 11th of 21 (btn 5l) to Stratusnine (9-7)
ROUSING ENCORE (8-10) 40-1 took keen hold, soon led, headed over 2f out, weakened over 1f out, 19th (btn 11l) (York 6f (2) £51,540 good to firm).
LORD ROXBY (9-5) 7-2 midfield, chased winner final furlong, kept on but always held towards finish, btn ³/₄l by Jordan Electrics (9-7) (9 ran) (Ayr 6f hcap (3) £15,462 good to firm).
SAINT LAWRENCE (9-2) 10-1 in touch, ridden over 1f out, late headway into fifth near finish, never going pace to threaten, 5th of 7 (btn 2¹/₂l) to Strike Red (9-5) **COMMANCHE FALLS** (10-0) 18-1 midfield, lost position over 3f out, asked for effort over 2f out, held from 1f out, last (btn 5³/₄l) (Hamilton 6f hcap (2) £19,328 good to firm).
BOSTON DAN (9-0) 16-1 towards rear, some headway from 1f out, took fourth inside final 110yds, kept on, 4th of 7 (btn 4¹/₂l) to Calico Blue (9-9) (Chester 6f hcap (3) £15,462 good).
GRANT WOOD (9-9) 33-1 raced stands side, pressed leaders, pushed along over 2f out, soon dropped away, 18th of 21 (btn 12l) to Rajaking (9-6) (York 6f hcap (4) £12,885 good to firm).

4.24 NORTH YORKSHIRE ICE CREAM HANDICAP (4) winner £6,281; 1m 2f (5 runners)

1 464321 EVERYONEKNOWSADAVE 16 (D)
(4) J Macey 4-9-8.....**Ryan Kavanagh (3) 98**
Runs: 23 Wins: 4 (F,3A) Places: 5 £30,464
Back to winning ways at Nottm last month, 6lb hike might not stop follow-up

2 481027 MAO SHANG WONG 29 (D)
(1) D O'Meara 4-9-8. . . .**Conor Whiteley (5) 93**
Runs: 16 Wins: 3 (F,A,GS) Places: 3 £24,635
Three wins this season but now looks in hcapper's grip, others preferred

3 42262- HIS FINEST HOUR 284 (D)
(2) T Jackson 5-9-5. . . . . .**Clifford Lee 88**
Runs: 11 Wins: 2 (F,A) Places: 3 £23,156
Chinned on AW last time, probably needs this returning for new yard

4 663421 POLYGRAM 8
(5) T Davidson 4-9-5(5lbex). . . . .**Jason Hart 97**
Runs: 16 Wins: 1 (F) Places: 4 £14,882
Off mark at Ponte (1m) last week, 10f fine but 5lb pen could be an issue

5 166311 POET'S DAWN 4 (CD)
(3) T Easterby 11-9-4(4lbex). . .**Sean Kirrane ●99**
Runs: 131 Wins: 16 (4S,4F,3GS,5G) Places: 29 £160,969
Loves it here, no pen for latest win at Notts, hat-trick definite possibility

BETTING: 6-4 Everyoneknowsadave, 11-4 Polygram, 7-2 Poet's Dawn, 13-2 Mao Shang Wong, His Finest Hour
WHERE FAVOURITES FINISHED: 1 5 1-2 2 1
2025: Spioradalta 5-9-7, J Hart 5-4 Fav (M Walford), drw 3, 6 ran.

4.54 QUEEN ETHELBURGA'S COLLEGIATE HANDICAP (6); 3-y-o; value to the winner £3,664; 1m. (8 runners)

1 (6) 076-045 **DACRES CROSS 26 (BF)** K Ryan 9-9.....**Shane Gray 97**
2 (2) -751381 **VEGA'S VIRTUE 16 (CD)** T Easterby 9-8.....**Duran Fentiman 96**
3 (3) -**944**660 **SAILOR'S RETURN 25** D O'Meara 9-7.....**Daniel Tudhope 87**
4 (5) **39**904 **SCHEFFLER 18** A Nicholls 9-6.....**Jack Garritty 90**
5 (7) **3-87 TAGO MAGO 27 (T★)** S England 9-5.....**Oisin Orr 85**
6 (8) **55-4621 AMBER HAMUR 23 (D)** E Bethell 9-4.....**Connor Beasley 98**
7 (1) **43**-2525 **HEY HAVANA 28** G Harker 9-2.....**Clifford Lee ●99**
8 (4) 577-066 **ITSZABOY 31** N Tinkler 8-10.....**Alex Jary (3) 91**

BETTING: 6-4 Amber Hamur, 11-4 Vega's Virtue, 4 Dacres Cross, 6 Hey Havana, 20 Scheffler, 25 Sailor's Return, Itszaboy, 33 Tago Mago
WHERE FAVOURITES FINISHED: 1 3 2
2025: Precious Spartan 9-9 Jason Hart 9-4 (P Neville) drawn 6, 7 ran.

Sunracing FORM

DACRES CROSS (9-5) 4-1 jt fav midfield, ridden over 1f out, kept on, 5th of 9 (btn 3³/₄l) to Beyond The Bar (9-9) (Catterick 7f hcap (5) £4,449 good to firm).
VEGA'S VIRTUE (9-5) 11-4 prominent, led final furlong, extended advantage towards finish, won going away, bt Mohmentous (9-5) 3l (7 ran) (Ripon 1m hcap (6) £5,234 good).
SAILOR'S RETURN (9-6) 12-1 towards rear, always behind, last of 10 (btn 9¹/₂l) to Homestrait (9-9) (Carlisle 7f hcap (5) £4,187 good to firm).
SCHEFFLER (9-2) 22-1 disputed second, dropped to last and outpaced from over 2f out, last of 4 (btn 12l) to Hatamoto (8-9) (Thirsk 1m app hcap (5) £4,711 good to firm).
TAGO MAGO (8-13) 150-1 held up in midfield, ridden over 3f out, no impression over 1f out, 7th of 9 (well btn) to Rogue Invincible (9-4) (Wharnpton 7f nov (4) £5,400 AW).
AMBER HAMUR (9-2) 6-4 fav made all, ridden over 1f out, pressed near finish but always doing enough, bt Second Fiddle (9-10) nk (6 ran) (Hamilton 1m hcap (6) £3,664 good).
HEY HAVANA (9-3) 4-1 midfield, ridden 2f out, plugged on, 5th of 10 (btn 2³/₄l) to Ey Up He's A Star (9-11) (Ayr 1m hcap (6) £3,664 good).
AMBER HAMUR (9-6) 3-1 midfield, went second near finish, not reach winner, btn nk by Hatamoto (9-6) **ITSZABOY** (9-0) 25-1 tracked leaders, pushed along 2f out, weakened final furlong, 6th (btn 3³/₄l) (7 ran) (Beverley 1m hcap (6) £4,004 good to firm).

TOP 5 BETS OF THE DAY 03 AUG 2026

TRAFFIC LIGHT RATINGS 5 = EXCELLENT 3 = AVERAGE 1 = POOR

	HORSE	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
1	DARK CLOUD RISING 3:54 RIPON	5	5	4	4	4	5	5	5	37/40
2	DEL CORSO 4:40 NOTTINGHAM	5	5	5	5	5	5	4	3	37/40
3	ZOUSTAR DREAMS 3:24 RIPON	3	5	5	5	5	5	4	4	36/40
4	MARKET HOUSE 6:00 WINDSOR	4	5	4	5	3	4	5	3	33/40
5	DISSENTER 3:40 NOTTINGHAM	3	5	5	5	5	5	1	3	32/40

RACING RESULTS

GALWAY

Going: Chase: good-good to yielding in places; Flat: yielding; Hurdle &NH Flat: good to yielding

1.50: 1 TIMURSHAH Conor Smithers (7-2); **2 Castleheath** (14-1); **3 Teed Up** (3-1 fav); **4 Mo Ghille Mar** (18-1). 17 ran. 5l; 4¹/₄l; 3¹/₂l. Aidan Melia. T: €4.70; €1.70, €3.90, €1.30, €4.60. Ex: €96.40. Tricast: €179.32. Trifecta: €416.40. CF: €57.72. NR: Tassarolo.
2.20: 1 CAHER ROES DEN D Mullins (9-2); **2 Mr Master Mac** (9-1); **3 Justatan** (5-1); **4 Adaliz** (22-1). 18 ran (High Court Cave 10-3 fav). 3²/₄l; 1¹/₂l; ¹/₂l. W P Mullins. T: €6; €1.50, €2.50, €2, €6.10. Ex: €55.60. Tricast: €228.87. Trifecta: €511.90. CF: €48.58. NR: Burning Ability, Fair Damsel, Moonovercloun, Sir Allen, Warriors Wood.
2.55: 1 JUKEBOX JOHNNY D J O'Keeffe (9-2); **2 Drop A Threat** (6-1); **3 Mistyburn** (33-1); **4 Ira Hayes** (11-2). 18 ran (Golden Temple 4-1 fav). 4l; 2²/₄l; 2¹/₂l. H De Bromhead. T: €5.50; €2.20, €1.30, €2, €5.40. Ex: €40.70. Tricast: €862.77. Trifecta: €964.10. CF: €34.92.
3.30: 1 BLOOD DESTINY P Townend (5-1); **2 Coming Up Easy** (4-1); **3 Watch The Weather** (11-1). 11 ran (Itsalladream 7-2 fav). 3²/₄l; 1³/₄l. W P Mullins. T: €6; €2, €1.80, €3.10. Ex: €27.60. Tricast: €220.02. Trifecta: €343.50. CF: €27.53. NR: Path D'oroux.
4.00: 1 DUNUM W J Lee (11-1); **2 Unique Journey** (28-1); **3 Vafortino** (15-2). 14 ran (Pierre Royal 7-4 fav). 1³/₄l; nk. N Lupini. T: €16.60; €3.90, €8, €2.80. Ex: €493.90. Tricast: €2491.83. Trifecta: €3759.60. CF: €310.57. NR: Bold Style, Far From Dandy, Glory To Be, Greydreambeliever.
4.30: 1 ORISTOWN BOY Rory Mulligan (15-2); **2 Whosinterviewinwho** (13-2); **3 Seaxburh** (9-4 fav). 10 ran. 3¹/₄l; ¹/₂l. Joseph Murray. T: €10.90; €2.50, €2.20, €1.10. Ex: €84.60. Trifecta: €273.60. CF: €56.86.
5.00: 1 BLUE BLUE MOON P McGettigan (14-1); **2 Iamimmaculate** (5-4 fav); **3 Felix Somary** (9-1). 11 ran. 1¹/₂l; hd. J P Murtagh. T: €15; €2.50, €1.20, €2.80. Ex: €37.60. Tricast: €193.67. Trifecta: €354.10. CF: €33.99. NR: Good Man Jack, Tharaka.
5.30: 1 CAISLEAN GEAR Mr Adam Ryan (13-2); **2 Linford** (2-11 fav); **3 The Two Mary's** (40-1). 6 ran. 6l; 7l. A Slattery. T: €7.50; €1.90, €1.10. Ex: €13.30. Trifecta: €49.80. CF: €8.76. NR: Farney Bridge.

PLACEPOT: €767.80

CHESTER

Going: Good

2.10: 1 CHARMAINE D Muscutt (7-2); **2 Level Look** (7-4 fav); **3 L'Eagle Aid** (11-1). 7 ran. 1¹/₄l; 1¹/₄l. J Fanshawe. T: £4.50; £1.90, £1.60. Ex: £11. Trifecta: £95.70. CF: £9.86.
2.45: 1 PURE GRIT O Murphy (4-9 fav); **2 Shakwaa** (11-8); **3 Sovereigns High** (28-1). 5 ran. 2¹/₄l; 2l. A Balding. T: £1.45; £1.10, £1.10. Ex: £1.40. Trifecta: £2.20. CF: £1.48.
3.20: 1 SIMPLIFY O Murphy (6-1); **2 Calico Blue** (6-5 fav); **3 Lifeplan** (9-1). 9 ran. hd; 1l. A Balding. T: £7.10; £1.80, £1.20, £2.40. Ex: £17.40. Trifecta: £84.10. CF: £14.16.
3.52: 1 DANCE IN THE STORM O Murphy (evens fav); **2 The Angel King** (22-1); **3 Palmar Bay** (28-1). 10 ran. 1l; 1¹/₄l. A Balding. T: £2; £1.20, £4.40, £5. Ex: £28.80. Tricast: £420.04. Trifecta: £525. CF: £33.65.
4.22: 1 BLUE PRINCE O Murphy (13-8 fav); **2 Alpha Capture** (9-4); **3 Midnight Strike** (13-2). 6 ran. nk; 2¹/₄l. P Evans. T: £2.63; £1.30, £1.60. Ex: £4.70. Trifecta: £18.70. CF: £5.64.
4.52: 1 TIGER E Greatrex (2-1 fav); **2 Cape Fear** (9-4); **3 Farasi Lane** (28-1). 9 ran. 5¹/₂l; nk. I Williams. T: £3; £1.20, £1.20, £5.50. Ex: £7.90. Tricast: £90.20. Trifecta: £116.60. CF: £6.47. NR: Naples.

JACKPOT: £2,206
PLACEPOT: £4.80
QUADPOT: £2.90

YARMOUTH

Going: Good to firm

2.35: 1 BRIGHTON VIEW M Ghiani (1-2 fav); **2 Mr Bollinger** (3-1); **3 Shadow Brigade** (11-2). 3 ran. 7l; 6¹/₂l. W Knight. T: £1.50; Ex: £3.80. Trifecta: £2.50. CF: £2.26.
3.08: 1 KEEP GRATING J Leavy (11-10 fav); **2 Telegraphic** (2-1); **3 Cracking Idea** (22-1). 9 ran. nk; 2¹/₄l. R Hannon. T: £2.10; £1.10, £1.10, £3.30. Ex: £4.10. Trifecta: £26.50. CF: £3.52.
3.38: 1 CAITLIN G Grace McEntee (22-1); **2 Girls Allowed** (4-1); **3 Nicely Curved** (11-4). 6 ran (Valsharah 15-8 fav). shd; ³/₄l. M Fenton (IRE) . T: £23; £6.40, £3.20. Ex: £114.30. Tricast: £568.90. CF: £101.44.
4.08: 1 GUEST HOUSE S De Sousa (evens fav); **2 Melting Snow** (11-4); **3 Bellini Spirit** (33-1). 6 ran. 3³/₄l; hd. G Margarson. T: £2; £1.10, £1.40. Ex: £4.70. Trifecta: £44.30. CF: £4.16.
4.38: 1 NUPTOWN GIRL R Kavanagh (13-8); **2 Risen Again** (12-1); **3 Big Alex Walmsley** (10-1). 5 ran (The Ubermensch 11-8 fav). 3¹/₂l; 1³/₄l. I Williams. T: £2.63; £2, £2.90. Ex: £19. Trifecta: £74.50. CF: £18.31.
5.08: 1 DRAGON GOD T Marquand (7-2); **2 Papa Don't Preach** (11-10 fav); **3 Mart** (6-1). 7 ran. hd; 1¹/₄l. A Carroll. T: £4.50; £1.90, £1.40. Ex: £8.40. Trifecta: £26.50. CF: £8.04.

PLACEPOT: £65.80
QUADPOT: £32.50

GREYHOUNDS TIPS AND RETURNS

SELECTIONS

■**DUNSTALL PARK: 11.01 Swift Emery (nap) (4-2-5) 11.18 Crokers Delight (1-6-3) 11.34 Knock Voodoo (6-1-3) 11.52 Kellsboro Cilla (6-5-2) 12.09 Mercia Uhtred (nb) (1-3-5) 12.26 Sister Lizzie (4-3-1) 12.42 Deecee Dusty (2-3-4) 12.59 Mohican Hallie (3-5-2) 1.17 Porthall Foyle (3-2-1) 1.33 Swift Vein (3-1-5) 1.51 Porthall Floss (2-3-4) 2.07 Canya Yesican (1-5-2)**
■**ROMFORD: 11.09 Bubbly Blackbird (4-5-6) 11.27 Newtown Champ (4-6-3) 11.43 Swift Peach (1-3-5) 12.01 Zenith Sunrise (3-2-1) 12.18 Micks Boy (5-3-1) 12.34 Public Reaction (nap) (2-5-1) 12.51 Clasheen Dior (6-2-3) 1.08 Links Viper (1-5-4) 1.26 Blackrose Gus (3-2-1) 1.42 Goulane Vegas (nb) (1-5-4) 1.59 Stormy Pat (5-3-1) 2.14 Back To Front (1-3-2)**
■**MONMORE: 2.23 Cloneari Swift (3-4-6) 2.41 Hawkfield Bionic (1-2-5) 3.01 Tiree (5-3-6) 3.19 My Premiercounty (6-5-4) 3.38 Winnie Marie (4-1-6) 3.57 Catchem Flawless (4-6-1) 4.16 Dashgrove Posh (2-1-3) 4.34 Drumdoit Murphy (nap) (6-4-5) 4.53 Noduff Tropicana (nb) (3-4-2) 5.12 Westway Kai (1-4-5) 5.31 Aero Imagine (1-6-4) 5.49 Final Jewel (2-3-4)**
■**SUNDERLAND: 2.29 Anglesey Exile (2-3-6) 2.48 As Mo Bhealach (3-1-5) 3.07 Untold Floki (1-4-2) 3.26 Monroe Milo (3-5-1) 3.44 Level Dubai (3-1-4) 4.03 Noirs Regina (nap) (3-2-1) 4.22 Dream And Do (5-6-3) 4.41 Baby Centurion (nb) (4-3-6) 4.59 Mikeyknowsbest (6-3-4) 5.18 Allowdale Yuno (4-1-3) 5.37 Black Rikke (1-2-3) 5.56 Kerryroad Millie (6-4-3)**

RETURNS

■**YARMOUTH: 11.01 Lemon Eunice 4-7f (2-5-6 BAGS F £2.62). 11.18 Great Pet 7-4f (5-1-4 £9.87 TC £20.69). 11.34 Cansherun 7-2 (3-5-2 £15.07 TC £47.24). 11.52 Own View 11-4 (5-2-1 £31.51). 12.09 Gundy 4-5f (2-5-1 £3.06). 12.26 Oldtrafford Girl 4-1 (3-4-1 £14.21 TC £50.30). 12.42 Charlies Girl 11-8f (5-3-6 £6.90 TC £51.48). 12.59 Murrow Toaster 6-4f (1-2-4 £4.78). 1.17 Fastnet Freeze 3-1 (5-2-4 £37.44). 1.33 Fastnet Ranger 5-4 (3-5-1 £2.55). 1.51 Check Out 7-4f (6-3-2 £7.90). 2.07 Jenesaisquoi 5-4f (5-1-2 £4.19).**
■**SUNDERLAND: 11.09 Bangersandsmash 5-1 (6-2-1 BAGS F £19.07). 11.27 Polerone Kop 8-1 (6-2-1 £28.69). 11.43 Fantastic Dear 6-1 (3-6-1 £52.51 TC £140.13). 12.01 Sunnyside Fergie 11-4f (6-4-5 £15.02 TC £47.21). 12.18 Helicopter Jack 9-2 (1-5-2 £15.47). 12.34 Romantic Jake 9-2 (3-4-1 £22.79 TC £57.71). 12.51 Roisins Angel 9-4f (6-1-2 £10.35 TC £32.45). 1.08 Currans Dodge 2-1 (5-1-3 £12.73). 1.26 Watermill Mya 7-2 (4-3-2 £15.18 TC £45.80). 1.42 Tip Top Flash 9-2 (2-6-4 £17.43). 1.59 Hadesthedancer 11-4f (3-4-1 £13.01 TC £42.35). 2.14 Cagey Nancy 15-8 (1-3-2 £6.07 TC £12.44).**

TEMPLEGATE

RACING'S NO1 TIPSTER STEVE MULLEN

MOONLIT SURF can sail right away from his rivals at Nottingham (2.40, nap).

She looks to have got the hang of things now for trainer Owen Burrows. After three modest runs, she took a step forward on her handicap debut at Sandown when finishing a solid fourth over this trip. Burrows then dropped her back to novice level here last time where she was just denied.

A hood goes on for the first time which could just sharpen her up a little and it won't take much more for her to get off the mark.

ROCSANE (6.30 Windsor, nb) has an experience edge over most of today's rivals and can make that count.

She clocked a big personal best when second at Yarmouth last time when beaten just a length over this trip. The winner of that contest was Zigazig Ah who went on to take the Super Sprint and ran well at Glorious Goodwood. She should get her favoured quick ground again.

Surf's up for a win

POET'S DAWN (4.24 Ripon, treble) is in the form of his life at the age of 11 and followed a win here with a smooth success at Nottingham last time.

A 4lb penalty still sees him well short of his highest winning mark and there's every chance he'll land the hat-trick in this mood. He should be able to dominate as he likes.

★ TEMPLEGATE NAP
MOONLIT SURF
2.40 Nottingham
Went close here last time and can go close again in similar company.

★ TEMPLEGATE NB
ROCSANE
6.30 Windsor
This looks a drop in class and she can make the most of her experience.

★ TEMPLEGATE TREBLE
POET'S DAWN
4.24 Ripon
Veteran running as well as ever and can land a winning hat-trick.

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WINDSOR

GOING: GOOD TO FIRM

TEMPLEGATE	TOM PEPPER
6.00..... Market House	6.00..... Market House
6.30..... Rocsane (nb)	6.30..... Proper Naughty
7.00..... Night Shining	7.00.. Pilgrim's Progress
7.30..... Havana Halo	7.30..... Q T Pie
8.00..... Tiger Beetle	8.00.....Letsbeatsepsis
8.30..... Chilly Breeze	8.30..... Chilly Breeze

■TIC-TAC: Figure-of-eight course of 1m 4f, straight final 5f, 6f races start on an extension to the straight. ■DRAW: High numbers hold a slight advantage in sprints. ■LEADING TRAINERS WITH RUNNERS (2021-2026): A Carroll 31-224, R Hannon 25-218, E J-Houghton 20-160, B Millman 17-176. THIS SEASON: A Carroll 10, G Boughey 4, R Spencer 3. ■TOP JOCKEYS WITH RIDES (2021-2026): O Murphy 60-245, R Hornby 23-249, J Mitchell 20-141, B Loughnane 16-102. THIS SEASON: O Murphy 11, J Mitchell 6, B Loughnane 5. ■LONGEST TRAVELLER: Madame Passant (8.00) trained at Stockbridge. Round trip of 342 miles. ■JOB JOCKEY: O Murphy rides Havana Halo (7.30) for D F Davis, 6 from 20, 30%. David Egan rides Moonlit Cloud (8.00) for D Ivory, 4 from 15, 27%. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

6.00 A1R SERVICES LTD AMATEUR JOCKEYS' HANDICAP (Class 5); winner £4,172; 1m 3f. (8 runners)

1 (7) **4-85243 I'D GO MANIAC 18** A King 7-11-2 ..... **Miss Georgia King (5) 96**
2 (2) **5323643 MARKET HOUSE 38 (V)** J Owen 6-10-13 ..... **Miss Ruby Criscuolo (5) 98**
3 (6) **0462441 GREEN TEAM 66 (V)** N Littmoden 7-10-13 **Miss Grace Littmoden (5) ●99**
4 (3) 47-3329 **FAST STEPS 14 (BF,C)** B Millman 8-10-11 ..... **Mr Patrick Millman 97**
5 (8) **2322625 JODHPUR BLUE 3** I Williams 5-10-10 ..... **Miss Amy Milburn (5) 91**
6 (5) **90-8246 SHAHBAZ 18** A Watson 6-10-10 ..... **Miss Brodie Hampson 92**
7 (1) 635U345 **WRIST ART 30** J Owen 9-9-11 ..... **Miss Evie Lee (7) 86**
8 (4) **-454454 BLOODHOUND 49 (B)** S Lycett 6-9-11 ..... **Miss Megan Jordan 88**

BETTING: 10-3 I'd Go Maniac, 7-2 Green Team, 9-2 Market House, 11-2 Fast Steps, 6 Shahbaz, 7 Jodhpur Blue, 16 Wrist Art, 20 Bloodhound
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

6.30 WASDELL GROUP FILLIES' NOVICE STAKES (GBB RACE) (5); 2-y-o; winner £4,320; 6f. (7 runners)

1 (1) **LOVELY DARK ANGEL** G Boughey 9-2 ..... **Billy Loughnane —**
2 (2) **PROPER NAUGHTY** R Hannon 9-2 ..... **Oisin Murphy —**
3 (5) 6 **DECEM CAROLINAE 38** J Jones 8-13 ..... **Joe Leavy 88**
4 (4) **0 PURPLE DREAM 11** T Ward 8-13 ..... **Finley Marsh 70**
5 (3) **POLLY THE SNIPER** T Dascombe 8-10 ..... **William Cox —**
6 (7) 532 **ROCSANE 38** G Margarson 8-10 ..... **David Egan ●99**
7 (6) 0 **STAR BAYSIDE BOY 49** M Tregoning 8-10 ..... **Rob Hornby 73**

BETTING: 6-5 Lovely Dark Angel, 5-2 Proper Naughty, 3 Rocsane, 11-2 Decem Carolinae, 16 Star Bayside Boy, 20 Polly The Sniper, 50 Purple Dream
WHERE FAVOURITES FINISHED: 1
2025: Gwen John 9-2 Tom Marquand 13-8 Fav (W Haggas) drawn 12, 12 ran.

1 2 3 4 5 6 7

7.00 WASDELL GROUP EBF MAIDEN STAKES (GBB RACE) (4); value to the winner £5,234; 5f. (8 runners)

1 (3) 79 **FLAGRAISER 14** D Hitchins 3-9-7 ..... **William Carson 70**
2 (2) 8U2 **YAZOO 12 (B)** R Spencer 3-9-7 ..... **George Wood 86**
3 (5) 4 **ARDNAMURCHAN 70** H Candy 3-9-2 ..... **Nicola Currie 93**
4 (7) 5374 **GRIS DE CHINE 20** Z Hawkins 3-9-2 ..... **Rob Hornby 89**
5 (4) **5-7 JUST DREAMING 20** E J-Houghton 3-9-2 ..... **Callum Hutchinson 82**
6 (8) 6 **LIVVYS EDGE 20** C Mason 3-9-2 ..... **Gina Mangan 83**
7 (1) 6-444 **NIGHT SHINING 32 (T★)** G Boughey 3-9-2 ..... **Billy Loughnane ●99**
8 (6) 042-27 **PILGRIM'S PROGRESS 9** R Hannon 3-9-2 ..... **Pat Dobbs 95**

BETTING: 2 Night Shining, 11-4 Pilgrim's Progress, 4 Ardnamurchan, 8 Gris De Chine, 10 Livvys Edge, Yazoo, 14 Just Dreaming, 66 Flagraiser
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

7.30 TYNE PATTERSON BIRTHDAY FILLIES' HANDICAP (5) winner £4,397; 6f (5 run)

1 855689 **INDEPENDENT EXPERT 10**
(4) J & S Best 7-10-0 ..... **Finley Marsh 83**
Runs: 56 Wins: 8 (2S,2A,2G) Places: 12 £109,624
Winner at Naas in March, done little for this yard, surprise if good enough

2 842616 **SAUCY JANE 19 (D)**
(2) J Morland 3-9-7 ..... **George Wood 97**
Runs: 16 Wins: 2 (2F) Places: 3 £26,886
Lost race at start Bath latest, Thirsk win beforehand on soft, not ruled out

3 149-29 **Q T PIE 30 (P★;CD)**
(5) T Dascombe 3-9-3 .... **William Carson 98**
Runs: 6 Wins: 1 (G) Places: 1 £7,210
Fine return at Goodwood (stable debut) but ran shocker latest, in hunt

4 647-06 **HAVANA HALO 21**
(3) D F Davis 4-9-1 ..... **Oisin Murphy 94**
Runs: 7 £491
Showed promise last year but nothing both starts this term, needs more

5 365327 **LAHINA BAY 9 (CD)**
(1) R Cook & J Bridger 6-8-10 **Alexandra Egan (7) ●99**
Runs: 54 Wins: 7 (4F,S,A,G) Places: 13 £53,153
C&D winner, has won off higher and will chime in one of these days

BETTING: Evens Saucy Jane, 5-2 Lahina Bay, 7-2 Havana Halo, 9-2 Q T Pie, 33 Independent Expert
WHERE FAVOURITES FINISHED: 2 1 2 1 1
2025: Jax Edge 5-9-13, G Mangan 3-1 Fav (C Mason), drw 9, 9 ran.

8.00 TALK SPORT CLASSIFIED STAKES (6); value to the winner £3,454; 1m 2f. (12 runners)

1 (10) **457-013 FREEDOM BAY 21** Z Hawkins 4-9-9 ..... **Callum Hutchinson 97**
2 (6) **7418654 KAARESS 116 (V;D)** M Attwater 5-9-9 ..... **William Carson 80**
3 (8) 26-3043 **LETSBEATSEPSIS 18** G & J Moore 4-9-9 ..... **Rhys Clutterbuck ●99**
4 (9) 87-4593 **MOONLIT CLOUD 28 (D)** D Ivory 8-9-9 ..... **David Egan 92**
5 (5) **0465305 MY O MY 14 (B)** S Lycett 4-9-9 ..... **Jack Mitchell 82**
6 (7) **8735783 TIGER BEETLE 10 (D)** T Faulkner 8-9-9 ..... **Zoe Lewis (7) 91**
7 (11) **4406053 DORA VITA 12** R Phillips 3-9-1 ..... **Jonny Peate 84**
8 (12) -**04974 ELORA PRINCE 41 (H★)** A Wintle 3-9-1 ..... **Finley Marsh 86**
9 (4) 70035 **MADAME PASSANT 20 (H,T★)** C Pike 3-9-1 ..... **Nicola Currie 94**
10 (1) **05-3805 MARYLAND STAR 28 (H)** D Ivory 3-9-1 ..... **John Egan 78**
11 (3) **4639321 PANTHERE NOIR 2** L Dace 3-9-7 ..... **Jude Fernandes (7) 98**
12 (2) **2157-08 TIME FOR ACTION 10** D Flood 3-9-1 ..... **Jack Doughty 89**

BETTING: 3 Freedom Bay, 9-2 Panthere Noir, 11-2 Letsbeatsepsis, 13-2 Madame Passant, 15-2 Elora Prince, 8 Tiger Beetle, Moonlit Cloud, 12 My O My
WHERE FAVOURITES FINISHED: 4
2025: Nasim 6-9-9 Kieran Shoemark 10-1 (M Pattinson) drawn 7, 6 ran.

1 2 3 4 5 6

7 8 9 10 11 12

8.30 TALK SPORT RADIO HANDICAP (6) value to the winner £3,768; 1m (9 runners)

1 764308 **ARARAT 11**
(8) R Cook & J Bridger 6-9-9 **Jack Mitchell 88**
Runs: 33 Wins: 5 (3A,2G) Places: 4 £63,620
On long losing run but this drop in class might help, can play up, claims

2 8-9762 **CHILLY BREEZE 11**
(6) I Williams 4-9-9 ..... **Billy Loughnane 97**
Runs: 9 Wins: 1 (S) Places: 1 £5,893
Good second at Donny latest, but no guarantee he'll back it up, player

3 579836 **DARK ROSA 13**
(2) G Nicholls 4-9-9 ..... **Rob Hornby 93**
Runs: 22 Wins: 2 (A,GS) Places: 4 £18,438
Creditable effort on AW latest, but overall strike-rate is poor, risky bet

4 8246-6 **FLAG CARRIER 14 (B)**
(4) B Toomey 5-9-6 ..... **Oisin Murphy 91**
Runs: 30 Wins: 2 (2A) Places: 9 £25,874
Better for C&D return last month, needs things to fall his way, respected

5 642381 **BENAVENTE 129 (D)**
(3) G Brown 8-9-3 ..... **Nicola Currie 95**
Runs: 57 Wins: 7 (7A) Places: 13 £92,765
Won Dundalk claimer (7f) in March, stays further, stable bow, e-w sniff

6 842641 **HAVANA CLUB 19 (D)**
(9) A Wintle 4-9-1 ..... **Finley Marsh ●99**
Runs: 28 Wins: 3 (A,2F) Places: 5 £19,747
Squeezed home at Bath last month, 5lb rise leaves little wriggle room

7 0-2394 **MY AMBITION 30 (D)**
(5) D Coakley 7-8-13 ..... **George Bass 94**
Runs: 38 Wins: 5 (A,2F,2G) Places: 5 £32,544
Bath is his venue of choice on turf, chance at weights but vulnerable

8 0-2554 **HAVANA TOBOUGGALOO 20 (P★)**
(1) Z Hawkins 4-8-12 ..... **David Egan 92**
Runs: 11 Places: 3 £7,349
Fair return at Bath, hasn't built on that but hcapper giving her chance

9 333355 **HOMME DE FER 20**
(7) A Carroll 5-8-11 ..... **William Carson 93**
Runs: 18 Wins: 2 (2A) Places: 6 £15,294
Dual AW winner, untried on turf since Oct '24, don't write him off

BETTING: 11-4 Havana Club, 9-2 Chilly Breeze, 6 Homme De Fer, Dark Rosa, 8 My Ambition, Havana Tobouggaloo, 10 Flag Carrier
WHERE FAVES FINISHED and 2025: No corresponding race

Sunracing FORM

ARARAT (10-0) 20-1 led early, ridden 2f out, weakened, 8th of 12 (btn 9¼l) to Marsh Benham (9-13) (Sandown 1m hcap (5) £4,449 good to firm).
CHILLY BREEZE (9-6) 7-1 prominent, led over 1f out, headed final 110yds, no extra towards finish, btn 1¼l by Theme Park (9-9) (8 ran) (Doncaster 1m hcap (6) £3,768 good to firm).
DARK ROSA (9-5) 11-2 in touch with leaders, briefly disputed lead 1f out, weakened final 110yds, 6th of 13 (btn 2¼l) to Kaaranah (9-6) (W'hampton 1m 1f hcap (5) £3,978 AW).
FLAG CARRIER (10-1) 5-1 midfield, ridden 1f out, every chance final furlong, no extra, 6th of 7 (btn 2½l) to Footstepinthewoods (9-5) (Windsor 1m hcap (6) £3,768 good to firm).
BENAVENTE (9-2) 10-1 held up, switched left 1 ½f out, challenged 1f out, soon led, kept on well closing stages, bt Thaloria (10-2) 3¼l (7 ran) (Dundalk 7f app claim €6,000 AW).
HAVANA CLUB (9-6) 9-4 jt fav rear of midfield, took second inside final furlong, chased leader, led final stride, bt Blue Hero (9-5) hd (7 ran) (Bath 1m hcap (6) £3,454 firm).
MY AMBITION (9-13) 5-1 rear mid-division, second 2f out, weakened final 110yds, 4th of 9 (btn 5¾l) to Palmarian (10-0) (Leicester 1m hcap (6) £3,140 good to firm).
HAVANA TOBOUGGALOO (9-5) 4-1 mid-division, pushed along over 2f out, ran on but held final furlong, 4th of 9 (btn 3¼l) to Homeland (9-11) (Ffos Las 1¼m hcap (6) £3,454 good).
HOMME DE FER (9-4) 10-3 midfield, ridden 3f out, kept on, lost fourth final strides, 5th of 9 (btn 5¼l) to Classy Clarets (9-8) (W'hampton 7f hcap (6) £4,711 AW).

CORK

GOING: GOOD

EAMONN HAMES

2.30..... Emerald Enigma
3.00..... Let's Go La Fichad
3.30..... Codger's Rock
4.00..... Let It Settle
4.30..... Johnny Rambo
5.00..... Miners Bridge
5.30..... Echoes Of Jane

TOM PEPPER

2.30..... Belladaball
3.00..... Eastmore
3.30..... Maxicourt
4.00..... El Regalo
4.30..... Livio
5.00..... O'grady Cracker
5.30..... Green Style

■TIC-TAC: Right-handed galloping track of 1m 4f, there are 6 hurdles and 8 fences per circuit. ■LEADING TRAINERS WITH RUNNERS (2021-2026): W P Mullins 49-161, G Elliott 31-226, G Cromwell 16-148, C Byrnes 8-99. THIS SEASON: G Elliott 3. ■TOP JOCKEYS WITH RIDES (2021-2026): P T Enright 22-180, P Townend 18-50, S W Flanagan 14-109, J W Kennedy 15-91. THIS SEASON: J W Kennedy 3. ■LONGEST TRAVELLER: Malbas (3.30) & Certamen (5.00) trained at Meath. Round trip of 370 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■TRAINERFAX: W P Mullins won the 2.30 in 2023 and 2024. ■LIVE ON RACING TV

2.30 MARES MAIDEN HURDLE; winner €7,200; 2m 1f. (18 runners)

1 P-P **BEECHINGSTOKE 65** A Slattery 5-11-7 ..... **J Younge (7)**
2 1-04 **BELLADABALL 24** G Cromwell 5-11-7 ..... **K Donoghue**
3 P-04 **EASTER BONNET 24 (BF)** W P Mullins 5-11-7 ..... **B Hayes**
4 1-1 **EMERALD ENIGMA 82** W P Mullins 6-11-7 ..... **P Townend**
5 -**FP8 FLOWING FAST 71** G O'Loughlin 5-11-7 ..... **Mr A Kennedy (7)**
6 -026 **FRAHER FIELD 17 (D)** J & T Kiely 6-11-7 **A O'Sullivan (5)**
7 3P-0 **GOLDEN WINGS 85 (H)** G Elliott 5-11-7 ..... **J Kennedy**
8 P-89 **JOLLY D'OLIVATE 11** P Rothwell 5-11-7 ..... **T Power Roche**
9 F9-5 **KALEO AMETSA F46** J Halley 6-11-7 ..... **P Enright**
10 0 **KAUTO EMPRESS 63** M Winters 5-11-7 **Ms A T O'Reilly (7)**
11 0- **QUEENOFQUEENSTREET 388** E Sheehy 5-11-7 **I Power**
12 **341-** **THE ORPHAN GIRL 149 (H★)** P Fahey 6-11-7 **E O'Sullivan (7)**
13 8P- **WINDY GREY 130 (T★)** P O'Flynn 5-11-7 **Mr A Burke-Ott (7)**
14 2-65 **WONDERFUL EVERYDAY 63 (D)** W P Mullins 5-11-7 **D Mullins**
15 0 **ABSOLUTLEY FAB 24** W Burke 4-11-4 ..... **J Shinnick**
16 P8-0 **KENNY'S JEWEL 10** Mags Mullins 4-11-4 ..... **J Slevin**
17 P **MISTY VALENTINE 63** M Winters 4-11-4 **L Burke-Ott (7)**
18 U0 **NEAT AS A PIN 13** E Bolger 4-11-4 ..... **R Lane (7)**
19 0 **THELITTLEREDFOX 17** D Ahern 5-11-7 ..... **RESERVE**
20 6- **SEA LIMIT 113** E O'Sullivan 6-11-7 ..... **RESERVE**
Emerald Enigma ●99, Fraher Field 95, Belladaball 94.

4-5 Emerald Enigma, 9-2 Belladaball, 6 Fraher Field, 8 Wonderful Everyday, 10 Easter Bonnet, 12 The Orphan Girl

3.00 HANDICAP HURDLE; winner €15,000; 2m 1f. (12 runners)

1 5-21 **ARCTIC FLAME 24 (P★;C,D)** P Foley 6-11-12 **S Torrens**
2 -321 **EASTMORE 32 (D)** C Byrnes 6-11-10 ..... **P Byrnes**
3 9-16 **LET'S GO LA FICHAD 7 (H)** R O'Sullivan 5-11-6 **R Doyle**
4 21P4 **IN THE TRENCHES 10** G Cromwell 6-11-4 **E Staples (5)**
5 P-31 **GINO BELLA 24 (H;CD)** P Foley 6-11-3.. **A O'Sullivan (5)**
6 0225 **DAIRY FORCE 7 (H)** G Elliott 7-11-1 ..... **J Kennedy**
7 40-7 **QUINT MAJOR 7 (D)** M Molloy 8-11-0 ..... **D Meyler**
8 -242 **METAMORPHEUS 2** A McNamara 7-10-13 ..... **C Stone-Walsh**
9 -145 **KILT 18 (D)** P Rothwell 5-10-8 ..... **S O'Callaghan (3)**
10 0523 **LE DIABLO 13 (D)** J Ryan 5-10-8 ..... **J Slevin**
11 -302 **MIDNIGHT EAGLE 18** A McNamara 6-10-6 ..... **P Enright**
12 -051 **MAX MERIDIUS 13 (D)** T Mullins 5-10-3 ..... **D Mullins**
Gino Bella ●99, Eastmore 98, Midnight Eagle 97.

9-4 Eastmore, 9-2 Gino Bella, 11-2 Metamorpheus, 6 Max Meridius, 7 Arctic Flame, 8 Midnight Eagle, 10 Dairy Force

3.30 HANDICAP HURDLE; winner €6,000; 2m 1f. (16 runners)

1 7-26 **CODGER'S ROCK 24** C Collins 5-12-0 ..... **B Harvey**
2 5/0- **IKALIMIX 313** E O'Sullivan 8-11-9 ..... **D Mullins**
3 5/0- **MEMORIES MAKER F17 (T★)** A McCann 5-11-7 ..... **J Smith (5)**
4 -9P3 **MAXICOURT 24** P Duffy 5-11-4 ..... **M Kenneally (5)**
5 0-32 **SYOSSET 11 (H)** J McConnell 5-11-2 ..... **A Harvey**
6 0-65 **REDCLIFF GLEN 68** C Byrnes 6-11-0 ..... **P Byrnes**
7 51-8 **HIGHLAND EARL 28 (D)** L Cusack 6-10-13 ..... **B Hayes**
8 000- **SCARLET PURSE 193** M Hassett 7-10-13 ..... **S Flanagan**
9 32-P **STILY 74** M McDonagh 6-10-12 ..... **A O'Sullivan (5)**
10 09/7 **VAIRUE 24** H Markham 10-10-11 ..... **S Ewing**
11 880- **INA MINA 162** T O'Brien 5-10-10 ..... **J Shinnick**
12 2649 **BENZINE 34** J Morrison 7-10-8 ..... **D Power (7)**
13 00P- **CLARIN BREEZE 158** M Winters 5-10-8 **L Burke-Ott (7)**
14 00-8 **LEO MESSY 22** T Gibney 6-10-8 ..... **H Sexton (7)**
15 008- **NOBODY 207 (H)** B Walsh 5-10-6 ..... **P Enright**
16 0068 **ANOTHER BLUNDER 17** M Barry 5-10-5 ..... **M O'Connor**
17 758 **WHO'S DA GOOSE 24** E McCarthy 4-10-13 .... **RESERVE**
18 -090 **MALBAS 10 (B★)** E Buckley 10-11-11 ..... **RESERVE**
19 3-99 **SPACE WARRIOR 1** T Mullins 5-11-7 ..... **RESERVE**
Maxicourt ●99, Syosset 98, Leo Messy 94.

11-4 Syosset, 7-2 Maxicourt, 7 Redcliff Glen, Benzine, 10 Codger's Rock, Leo Messy, 12 Stily, Ikalimix

4.00 HANDICAP HURDLE; winner €6,000; 2m 1f. (16 runners)

1 67P- **TWO CAN PLAN 101 (B★)** A Slattery 6-11-12 **C Cullinan (7)**
2 P5-8 **PIRATE ISLAND 91** J Hannon 8-11-8 ..... **S Flanagan**
3 -585 **MIDNIGHT MUSICAL 28** A McCann 5-11-7 ..... **J Smith (5)**
4 6-31 **TOON TOWN 74 (D)** D O'Sullivan 9-11-6 **S O'Callaghan (3)**
5 -026 **LET IT SETTLE 11** T Hughes 5-11-5 ..... **P Enright**
6 /25- **INCHIQUIN MAID F27 (BF)** T O'Brien 7-11-3 ..... **J Shinnick**
7 P706 **MAMBO DU LARGE 24** M Flannery 4-11-3 ..... **T Kelly (7)**
8 08-6 **TAKETWOTOONE 18** T O'Connor 7-11-3 **Mr T O'Connor (7)**
9 0-09 **SAINT PEREGRINE 22** J Ryan 7-10-13 ..... **J Alterne (7)**
10 P-84 **EL REGALO 24 (B)** C Murphy 5-10-10 ..... **S Torrens**
11 -053 **UPTAURINTOP 18** E O'Sullivan 6-10-10 **A O'Sullivan (5)**
12 0-P9 **TASMANIAN GIRL 11** D Queally 6-10-8 ..... **K Healy (7)**
13 P-69 **CRYPTO CRASH F19** D Budds 5-10-5 ..... **P O'Brien (5)**
14 00/0 **INCHES AWAY 64** P Cashman 7-10-5 ..... **M Kenneally (5)**
15 0274 **CHESTERBAYLAD 24** H Markham 5-10-3 **J Williamson (5)**
16 6-60 **SURVIVING MURMANSK 10 (D)** J Barcoe 8-10-2 **C Stone-Walsh**
17 03-0 **EAGLEWOOD 24** L Flynn 6-11-10 ..... **RESERVE**
18 09-0 **LADY VICTRIX 11** P Flynn 6-10-6 ..... **RESERVE**
Uptaurintop ●99, Chesterbaylad 98, El Regalo 97.

4 Toon Town, 5 Uptaurintop, 6 Chesterbaylad, El Regalo

4.30 CONDITIONAL MAIDEN HURDLE; winner €8,700; 2m 2f. (18 runners)

1 P- **BEYOND FORGIVENESS 456** D Kelly 5-11-12 **P Smithers (4)**
2 4- **BUACHAILL JAGOES 141** T O'Brien 6-11-12 **M Kenneally**
3 8P **CARAJILLO 65** M Winters 5-11-12 ..... **L Burke-Ott (4)**
4 -462 **EYE CONTACT 13 (B★)** D Commins 5-11-12 ... **P O'Brien**
5 P-P0 **LASTOFTHENATIVES 24** W Burke 5-11-12 **E Finegan (2)**
6 1/30 **LIVIO 58 (BF)** W P Mullins 5-11-12 ..... **S Cleary-Farrell (4)**
7 3- **SANKOFA 120** D Kelly 5-11-12 ..... **E Staples (2)**
8 4-4P **THE MONKEY POLE 59** N Dooly 6-11-12 .. **R Condon (2)**
9 PP- **VARGAS 239** G Elliott 5-11-12 ..... **P Cleary (4)**
10 /PS7 **WOODIE WILEY 30** C Houlihan 5-11-12 ..... **D Whelan (4)**
11 099 **ADIFFERENTBALLOWAX 18** G Elliott 4-11-9 **E O'Sullivan (4)**
12 **P-5** **BURY YOUR PAST 71** G O'Loughlin 4-11-9 **C Smithers (4)**
13 **DEVINE GENIUS F19** J Morrison 4-11-9 ..... **D Power (4)**
14 21 **JOHNNY RAMBO 49** D Duggan 4-11-9.. **A O'Sullivan (2)**
15 PP9 **PINKARIZON 11 (H)** P Butler 4-11-9 ..... **L McKenna**
16 5-33 **SAPORETTI 24** B McMahon 4-11-9 ..... **J Smith**
17 **VOICE OF NORTHEAST F19 (T★)** T O'Brien 4-11-9 **R Lane (4)**
18 321- **MASTER SYDNEY F27** P Flynn 5-11-5 ..... **J Williamson**
19 6/P- **LE VENT D'EX 382** M Winters 5-11-12 ..... **RESERVE**
20 **56O-** **CHAMPAGNE DIAMOND 364** T O'Mara 6-11-12 **RESERVE**
21 1-33 **MAJESTIC HORIZON 73** P Rothwell 5-11-12.. **RESERVE**
Livio ●99, Eye Contact 97, Saporetti 82.

6-4 Livio, 5-2 Eye Contact, 4 Saporetti, 5 Johnny Rambo

5.00 HANDICAP HURDLE; winner €7,200; 2m 2f. (18 runners)

1 0/0- **PALACE BOY 123 (B★)** J Gleeson 9-11-12. **K Donoghue**
2 /72- **MINERS BRIDGE 398** S Curling 9-11-9 ..... **P Enright**
3 6-P0 **EARL NEIGH 65 (P★,T★)** A Slattery 7-11-6 **J Younge (7)**
4 2P-0 **INTHENICKOFTIME 59** E Bolger 6-11-6 ..... **S Torrens**
5 56-0 **CERTAMEN F20 (T★)** E Buckley 5-11-5 ..... **K Buckley**
6 76-1 **CROWSATEDAPPLETART 88 (C)** M Winters 5-11-5 **L Burke-Ott (7)**
7 2-50 **L'AS DE WATT 64** P Fenton 5-11-5 ..... **B Hayes**
8 980 **CALZAGHI 32** E McNamara 6-11-4 ..... **C Hogan (5)**
9 P-8P **DIAMOND TIPP 24 (D)** M Hassett 6-11-4 ..... **J Kennedy**
10 370- **FOLLY BEACH F11** M Molloy 8-11-4 ..... **M Kenneally (5)**
11 00P- **CHAMPAGNE DAWN 280 (CD)** T O'Mara 9-11-3 **D Mullins**
12 00-1 **O'GRADY CRACKER 10 (V)** A Slattery 4-11-3 ..... **J Slevin**
13 7496 **KATHERINE 35 (B★)** A Sexton 9-10-13 ..... **H Sexton (7)**
14 890 **ALENTEJO 24** M McNiff 5-10-12 ..... **P Byrnes**
15 80-U **IMPERIAL MISS 1** T Gibney 5-10-12 ..... non-runner
16 7P-5 **BOOLA TIMES 11 (P★)** D Budds 5-10-9 ..... **C Millar (5)**
17 6/P0 **KING FERDINAND 18** E O'Sullivan 10-10-8 **A O'Sullivan (5)**
18 -66P **DICTIONARY CORNER 24** E McCarthy 5-10-6 **G Noonan**
19 -836 **SCATHACH 24** R O'Sullivan 6-10-5 ..... **RESERVE**
20 -008 **BALLYMINNION BOY 24** E McCarthy 6-10-4. **RESERVE**
21 46-2 **JUPITER DU GITE 18 (H)** T Hogan 7-12-1 ..... **RESERVE**
Boola Times ●99, O'grady Cracker 98, Crowsatedappletart 97.

7-4 O'grady Cracker, 5 Boola Times, 6 Miners Bridge

5.30 NAT HUNT FLAT; winner €6,601; 2m 2f. (17 runners)

1 **AWAYWEGO** A Kinirons 5-12-0 ..... **Mr J Gleeson**
2 **BLACKWOOD JOE** E Sheehy 5-12-0.. **Mr A Kennedy (7)**
3 **3P-6 CLONEEN TO THE MAX 84** D Browne 7-12-0.... **Mr A J Browne (7)**
4 **GAGAISTHEBOSS** C Byrnes 5-12-0 ..... **Mr A Bustin (7)**
5 1/6- **GREEN STYLE 461** W P Mullins 5-12-0 ..... **Mr P Mullins**
6 0-8 **HOOF AND HUSTLE 81** N Dooly 5-12-0 .... **Mr F Murphy (7)**
7 0 **IT'S BUSTER'S WAY 58** S Harty 5-12-0 ..... **Mr D O'Connor**
8 **UP-8 MERCI VIEIL AMI 13** D Ahern 5-12-0 ..... **Mr W Verling (7)**
9 **7- POET'S SONNET 267** P Cashman 5-12-0 ..... **Mr A Ryan (5)**
10 0-64 **S T HAMO 18 (H)** A McCann 5-12-0 ..... **Miss A O'Connor**
11 0034 **TALE OF INTRIGUE 3** D Buckley 5-12-0 .. **Mr T Halford (7)**
12 **RED SHEA** C Hughes 4-11-11 ..... **Mr H Swan**
13 **RINNASEER BEAUTY (B★)** T O'Connor 4-11-11 **M Chute (7)**
14 **BONNIE LOCH** E Power 6-11-7 ..... **Mr J Dunne (7)**
15 **332- CLOUDY ROSIE 148** R Morrissey 5-11-7 ..... **Mr D Queally**
16 **-332 ECHOES OF JANE 17 (H,T★)** E O'Sullivan 5-11-7 ..... **Mr F Maguire**
17 **PP40 FREE A MINUTE 57** C Keegan 7-11-7.. **Mr J P Sampson (7)**

15-8 Green Style, 5-2 Echoes Of Jane, 6 Tale Of Intrigue

LONG SHOT OF THE DAY

PROFIT SURGE (3.47 Naas), who has Colin Keane in the saddle, has been hitting the frame over this sort of distance.

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